

# Investigation and Study of Extracurricular Reading Management of Middle-aged Students in Primary School

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**Abstract:** Chinese new curriculum standard requires students: read more books, read good books, good reading. With the implementation of the double reduction policy, the extracurricular reading materials in schools are often synchronized with the teaching materials, which not only reflects the extension of the prescribed curriculum from the inside out in Chinese teaching, but also reflects the expansion of curriculum resources from the text of the teaching materials to the extracurricular resources. In the actual teaching, the use of extracurricular reading materials, not only did not receive full attention, but also did not meet the requirements of the use of reading materials effect. The stronger the students' extracurricular reading autonomy, the wider the extracurricular reading surface, the more knowledge scope, knowledge reserves, and the stronger the overall comprehensive ability of the language. Therefore, we play a crucial factor in the extracurricular reading of primary school students. This paper focuses on the actual reading ability of middle-aged primary school students, introduces the good atmosphere of extracurricular reading, independently determine the methods of extracurricular reading, independently choose the way to display the results and other strategies to lead students' extracurricular independent reading. The author adopts questionnaire survey method, observation method and literature research method to investigate from multiple dimensions, and puts forward some appropriate management methods based on the problems existing in the current management situation of extracurricular reading in primary school.

**Keywords:** Middle-aged primary school students extracurricular reading management

## Foreword

Primary school Chinese must attach great importance to guiding students to read outside class. For the first time, "the accumulation of rich language" was written into the teaching purpose, and the specific provisions required "pay attention to the accumulation of language materials", "clearly stipulated that no less than 150 excellent poems and articles, and the total amount of extracurricular reading should not be less than 1.5 million words. Therefore, in the increasingly apparent value of reading today, how to effectively carry out primary school Chinese extracurricular reading, comprehensively improve students' Chinese extracurricular reading, comprehensively improve students' Chinese literacy, is also a major topic to be studied <sup>[1]</sup>.

Rome is not built in a day. Sed thousands of miles, not a day. In order to want to achieve a career, if you want to write and create theories, it is necessary to study the ideas of the ancients, but also pay attention to the forefront of science and technology in today's society, both are indispensable. Since ancient times, there are "books read a hundred times, its righteousness from see"; Du Fu also advocated "reading more than ten thousand volumes, writing like a god", all emphasize the benefits of reading more. But for second grade students, said these seem somewhat too profound, this stage of children knowledge reserves is very limited, for extracurricular reading, most are also stay in comic books, so the author focuses on the middle-aged period of children, this stage of students have a certain amount of knowledge, for three or four grade children, plasticity is very strong, so the author put forward the middle-aged students extracurricular reading research, strive to let every student form the good habit of extracurricular reading, for students' future development to lay a good foundation.

## 1. Survey significance

The investigation of the influence of extracurricular reading on the learning habits of middle grade students is of great significance in both the theoretical and practical aspects. It also shows the purpose and intention of the author's research. I hope that this research

survey can have a positive impact on students' extracurricular reading learning habits and promote the development of middle grade students' extracurricular reading learning habits.

## **1.1 Theoretical significance**

Although extracurricular reading is a hot topic, theoretical research is relatively rich, but the extracurricular reading and students learning habits as a research direction is not much, so through the author's research, hope to bring some inspiration and advice to the research in the field, but also to some supplement and perfect, secondly, also hope that through research, teachers can learn some middle grade students extracurricular reading, from the existing research theory to quickly put forward the corresponding countermeasures. This study adopts the survey research method to collect data from middle grade students, parents, teachers and other aspects, in order to provide rich data for other researchers and lay a solid theoretical foundation for the research of extracurricular reading.

## **1.2 Practical significance**

Mr.Luo Bingli once wrote in the book "On the meaning of students' extracurricular reading again"<sup>[2]</sup>In once said, the ancients repeatedly stressed that "all kinds are inferior, only reading high". The different environment of each family causes different children's reading habits. With the help of the family to the school, they can better understand the children's reading habits, so as to effectively teach students in accordance with their aptitude and implement more targeted education. It is time to pay attention to reading, a spiritual issue not only related to the growth of minors, but also related to the future and hope of the whole country.

# **2. Methods and strategies to promote the extracurricular reading management of middle-aged students**

Reading is the most basic way to acquire knowledge, and it plays the most important role in children's learning. Reading is an important way to collect and process information, understand the world, develop thinking, and obtain aesthetic experience. So we must find ways to cultivate children's interest in reading, let reading become a part of their life.

## **2.1 Parent level**

"Family is the first school in life, parents are the child's first teacher, to give the child the first lesson of life, help button the first button of life"<sup>[3]</sup> Environment has a great impact on a person, different environment bring people different feelings. Primary school students are still in a period of right and wrong is not too clear, at this time, a good family environment will let the primary school students have a comfortable condition for learning and growth. As the main growing environment in early childhood, the family has the earliest, most lasting and most direct effect on its subsequent development.<sup>[4]</sup>

### **2.1.1 Take the initiative to lead by example**

Parents are the executors of family education, which plays a vital role in the promotion of students 'extracurricular reading. Parents' behavior determines the behavior of pupils, and pupils will always unconsciously imitate their parents. If parents have good reading habits, it will create pupils with good reading habits. Parent-child communication refers to the process in which parents and their children can enhance their emotional connection or solve problems through the communication of information, opinions, emotions or attitudes.<sup>[6]</sup>Good reading habits are conducive to the development of people, parents should first develop good reading habits, when parents have good habits, to make primary school students slowly develop these habits.

Professor Zhu Yongxin said: "Teaching parents is more important than teaching children. The power of parents and children to grow up together is far greater than the power of the school itself."<sup>[7]</sup>In order to improve the effectiveness of family education, schools and society can appropriately carry out some classroom knowledge to promote the development of parents themselves. Parents can also use the network platform to learn relevant knowledge in peacetime, so as to improve the scientific nature of family education and make it better form an educational force.

### **2.1.2 Parents should encourage their children's ideas**

Children have their own ideas, parents 'ideas can not be forced to the children, children are not the executor of parents' consciousness. Parents often hinder the implementation of their child's ideas. In the face of a lot of social activities, such as extracurricular reading, their children want to do it, but some parents will feel that this activity is not helpful to their children's learning, so they will not agree with their children to participate in these activities. In fact, activities on the surface is not much to help children, but these activities, since the children want to participate in, it shows that they have a certain interest in these activities, a lot of activities will develop students' thinking, conducive to the growth of children.

## **2.2 Teacher level**

### **2.2.1 Stimulate students' interest in reading**

First, teachers need to arouse students' interest in reading. "Interest is the best teacher, interest is the most direct learning motivation, interest is healthy good emotion", so in the usual classroom teaching, the teacher should be good at grasping the students' interest, to gradually guide students to extracurricular reading, thus like extracurricular reading, quietly introduce students into the independent reading. The classroom environment is decorated with a scholarly atmosphere, posted some famous quotes about the benefits of reading, such as Du Fu's "reading through thousands of volumes, writing like god" and so on.

### **2.2.2 Give full play to the power of home-school cooperation**

A lot of students 'extracurricular reading time is at home. It is difficult to persist for a long time with the temporary interest and the teacher's remote command. In order to make students' extracurricular reading from a single interest into a habit, we must also give play to the advantages of the combination of family education and school education, and reach a consensus between parents and teachers, home-school cooperation, two-pronged cooperation will be effective.

The cultivation of students 'extracurricular reading habits requires home-school cooperation and communication, so parents and teachers need to pay close attention to students' learning habits. It is urgent for teachers to take the initiative to take time to contact with parents. In the process of communication, teachers can master some interesting communication skills, so that parents can realize that everything the school does is for the children, which is consistent with the parents' goals. When forming a common goal with parents, we can have a continuous understanding of students in space and time, so as to conduct targeted guidance and training.

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