

# Exploration on the Integration Strategy of Comprehensive English Teaching and Ideological and Political Education

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**Abstract:** English is a public compulsory course in colleges and universities, which plays a very important role in China's higher education. With the deepening of education reform, comprehensive English teaching is no longer limited to the cultivation of students' English language knowledge and English application skills, but also includes guiding students to correctly understand the cultural differences between China and the West, and helping students to establish cultural self-confidence, political self-confidence and theoretical self-confidence. In this case, the integration of comprehensive English teaching and ideological and political education has become an irreversible trend. This paper mainly analyzes the significance of the integration of comprehensive English teaching and ideological and political education, and explores the strategies of the integration of comprehensive English teaching and ideological and political education, so as to provide new ideas and methods for the efficient development of comprehensive English teaching and ideological and political education, and to provide a large number of excellent and high-quality talents for the society.

**Keywords:** Comprehensive English; Ideological and political; Integration

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English course is not only a language subject, but also contains a very rich ideological value system and cultural values. In the process of comprehensive English teaching, teachers should be aware of the limitations of the traditional teaching mode, and introduce the ideas and cultural background involved in the article to students while knowledge of vocabulary, grammar and pronunciation, so as to realize the effective integration of comprehensive English teaching and ideological and political education.

## 1. The Significance of the Integration of Comprehensive English Teaching and Ideological and Political Education

### 1.1 Optimizing Students' Intercultural Communication Competence

The cultural phenomenon in comprehensive English teaching is very common, but in the past for a long time, teachers have paid more attention to students' English listening, speaking, reading and writing skills, resulting in students' lack of in-depth understanding of the culture in comprehensive English. The effective integration of comprehensive English teaching and ideological and political education can strengthen students' cognition of Chinese culture and Western culture to a large extent, so that students can have friendly exchanges with foreign friends under the premise of understanding Chinese and Western culture. At the same time, it conveys Chinese culture to foreign friends, truly tells Chinese history and Chinese stories, and lays a solid foundation for the overall improvement of my country's cultural influence.

### 1.2 Help students to establish correct ideas and values

In the modern society with the rapid development of the Internet, students' ideas and values are facing a huge impact, which has

a very negative impact on the healthy growth of students. Ideological and political education contains a very profound socialist core value system, which can help students form correct ideas and values, and effectively improve their ability to distinguish right from wrong. For example, in the specific practice of comprehensive English, some students will have a strong worship of Western culture and despise Chinese culture. In this case, teachers should effectively deepen the integration of comprehensive English teaching and ideological and political education, guide students to look at Western culture objectively and dialectically, and effectively stimulate students' national feelings and patriotic enthusiasm, so that students can learn in the future. Always adhere to the socialist road, take the initiative to assume the major responsibility of social progress and national development.

### **3. Strategies for the Integration of Comprehensive English Teaching and Ideological and Political Education**

#### **3.1 Strengthen Teachers' Ideological and Political Education Consciousness**

The teacher is the guide and inspiration in the process of students' learning, and has a very far-reaching impact on students' daily learning and lifelong development. In view of this situation, colleges and universities must comply with the trend of educational development, constantly strengthen teachers' ideological and political education consciousness, guide teachers to clarify their own ideological and political education tasks, so that teachers can arm their minds with ideological and political theory, and constantly deepen the integration of comprehensive English teaching and ideological and political education, so as to help students form correct ideas and values. In addition, teachers should also take the initiative to improve their ideological level and moral quality, give full play to their leading and exemplary role, infect students' words and deeds with their own words and deeds, so that students can receive ideological and political education unconsciously.

#### **3.2 Integration of ideological and political education elements**

In the comprehensive English teaching, there are many ideological and political elements, but these ideological and political elements often have a strong dispersion, so the teacher should take the comprehensive English teaching materials as the basic starting point, the ideological and political education elements of the comprehensive integration, the teaching material content of the necessary extension processing, so as to further deepen the integration of comprehensive English teaching and ideological and political education. For example, in the process of guiding students to learn western traditional festivals, teachers can introduce them in English, so that students can have a deep understanding of Chinese traditional festivals, guide students to learn the differences in ideological connotation between Chinese and Western traditional festivals, and effectively improve students' sense of identity with Chinese traditional culture. In this process, due to the comprehensive English teaching materials related to the content of Chinese traditional festivals is less, so the teacher needs to carry out scientific and reasonable reform of the content of teaching materials, scientific and reasonable to increase the content of some Chinese traditional festivals. In addition, the teacher should also have a basic understanding of the current hot spots of current events, convey new things and new words in the development of the times to students in a timely manner, effectively improve students' ability to export Chinese culture, and comprehensively optimize students' cross-cultural communication ability, so that students can inherit and carry forward Chinese culture in communication and practice<sup>[1]</sup>.

#### **3.3 Appropriate supplementary teaching content**

With the deepening of curriculum reform, teachers' daily teaching is no longer "teaching materials", but "teaching materials". In the process of comprehensive English teaching, teachers should add some new teaching contents according to the current teaching situation and the overall situation of students, so as to improve the perfection of comprehensive English teaching. For example, in the modern society where cultural exchanges are becoming more and more frequent, some students are influenced by foreign culture, and gradually appear bad ideas such as "worshipping foreigners and fawning on foreigners" and "the moon in foreign countries is round. In this case, the teacher can appropriately supplement some knowledge related to traditional culture and long history, and guide students to compare Chinese and Western culture with Chinese and Western history, effectively stimulate students' sense of national pride and national self-confidence, and guide students to learn foreign culture objectively and dialectically. In the process of strengthening comprehensive English teaching and ideological and political education, teachers can use not only domestic media platforms, but also some foreign media platforms. For example, many documentaries in the BBC are related to traditional Chinese culture, so teachers can play documentaries related to them for students, effectively optimize students' cultural self-confidence, and effectively improve students' cross-cultural communication skills<sup>[2]</sup>.

#### **3.4 Follow the teaching law**

In order to fully implement the integration of comprehensive English teaching and ideological and political education, teachers

must follow the teaching rules of comprehensive English and ideological and political education, combine the physical and mental characteristics of students, actively introduce new teaching models and teaching concepts, effectively promote teaching reform, and continuously improve the contemporary, ideological and pertinent nature of comprehensive English teaching, enlighten students' thinking with the help of comprehensive English classrooms, and give them spiritual and ideological power, so that they can be more rational treatment of life and learning. In the concrete practice of comprehensive English teaching reform, teachers should scientifically design the teaching content, reconstruct the teaching mode at the present stage, further optimize the overall structure of the teaching materials, and lay a solid foundation for the efficient development of the integration of comprehensive English teaching and ideological and political education. For example, when teaching English reading, teachers should give students positive ideological guidance and value guidance, comprehensively strengthen students' national consciousness and national concept, give full play to the dual role of comprehensive English teaching in imparting English knowledge and ideological and political education, realize the same frequency resonance between comprehensive English teaching and ideological and political education, and form a large ideological and political education system based on comprehensive English classroom<sup>[3]</sup>.

### **3.5 Constantly improve teaching methods**

Whether the teaching method is perfect or not can directly determine the learning quality and learning efficiency of students. First of all, teachers should create an equal and harmonious classroom environment for students, fully respect students' right to speak, and guide students to actively express their views and ideas in English. For example, teachers can organize students to carry out group cooperative learning according to the current teaching content and teaching status, so that students can explore the ideological and political elements in comprehensive English teaching from all angles and levels, and realize the effective integration of comprehensive English teaching and ideological and political education<sup>[4]</sup>. Secondly, teachers should effectively strengthen the application of the Internet, so that students' daily learning can break through the limitations of time and space, effectively improve students' autonomous learning ability, and further promote the overall development of students. For example, teachers can use the Internet to carry out situational teaching, guide students to internalize knowledge and sublimate ideas in specific situations, and further promote the all-round development of students.

### **Conclusion:**

The integration of comprehensive English teaching and ideological and political education can optimize students' 'cross-cultural communication ability and help students establish correct ideas and values. Therefore, teachers must pay enough attention to the integration of comprehensive English teaching and ideological and political education, and actively explore effective means of the integration of comprehensive English teaching and ideological and political education, and further promote the efficient development of various teaching activities.

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