

The Essence and Reform Suggestions of General Education Management in Colleges and Universities

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Abstract: This paper briefly introduces the essence of general education management in Colleges and universities, analyzes the problems existing in general education management in Colleges and universities at the present stage, and discusses the effective measures for the reform of general education management in Colleges and universities, so as to clarify the importance of general education management in Colleges and universities, change the management mode of general education in Colleges and universities, and give full play to modern science and technology, Promote the improvement of the management level of general education in Colleges and universities to meet the needs of modern education, so as to ensure the quality of general education management in Colleges and universities.

Keywords: Colleges and universities; General education; Administration; Essence; Reform; Effective measures

1. Introduction

In recent years, China has been committed to the process of modern education reform. General education in Colleges and universities is an important part of it, which must be attached great importance and can not be ignored. General education in Colleges and universities can break the barrier between knowledge points. It belongs to non professional education. It has a good impact on students' character shaping and quality cultivation, and meets the requirements of modern quality education reform. General education can enlighten students, exercise their mind, improve their comprehensive quality, guide students to constantly improve their personality and promote their physical and mental health. This is not a simple work, involving many aspects, and needs to implement effective management. However, at present, the management of general education in Colleges and universities needs to be further improved.

2. The essence of general education management in Colleges and Universities

In order to adapt to the rapidly developing information age and strengthen the cultivation of talents in Colleges and universities, we should pay attention to the management of general education, grasp its essence and constantly improve the curriculum system of general education. General education emphasizes the common attribute of knowledge points, and its essential requirements are reflected in the basic aspect. It does not belong to practical education, nor the so-called elite education, but a kind of basic education. Based on its essence, when implementing the management of general education, we should pay attention to the foundation, emphasize method teaching, impart students' general knowledge of basic knowledge, and exercise students' general skills ^[1].

3. Problems in the management of general education in Colleges and universities at the present stage

At this stage, there are still some problems in the management of general education in Colleges and universities, which need to be further solved. The main problems are: first, the curriculum is not scientific enough. General education courses in most colleges and universities are composed of two parts, one is a public compulsory course, the other is an elective course of cultural quality education. Elective courses are also divided into two kinds, one is a restrictive elective course, the other is a public elective course. Although the proportion of public compulsory courses exceeds 70% of the total courses of general education, the proportion of compulsory courses

aimed at improving students' Discipline Cultivation and innovation ability is too high, and the composition proportion distribution of public elective courses is not scientific enough; Second, in terms of curriculum content, it ignores the connection between disciplines and fails to combine theoretical knowledge with practical teaching, which is not conducive to promoting the all-round development of students and difficult to meet the social demand for applied talents; Third, the teaching methods used in general education in Colleges and universities are too backward, and the teaching assessment system needs to be improved ^[2].

4. Effective measures for the management reform of general education in Colleges and Universities

4.1 Combining knowledge and humanistic education

In the process of general education in Colleges and universities, teachers should change the traditional education mode, effectively combine knowledge and humanistic education, adhere to humanistic and social science education as the core, create a series of teaching curriculum system, highlight the highlights and characteristics of general education in Colleges and universities, and show the teaching value of general education. We can first set up a number of core courses according to the school running characteristics of colleges and universities and the actual situation of students. These courses include but are not limited to philosophy, history, art, literature and other contents, which should involve various fields of Humanities and Social Sciences at all times, at home and abroad. In the process of teaching, guiding students to read classics should be the most core teaching method. At the same time, famous teachers should be invited to teach students, supplemented by teaching assistants, so as to improve the management level of general education ^[3]. The construction of the core curriculum of general education needs to focus on its teaching purpose. We should pay attention to the cultivation of students' humanistic quality. We should not only expand students' knowledge, but also give students some guidance and play an exemplary role. Based on this, when setting up the core curriculum of general education, we should give full play to the leading role of backbone teachers, discuss with academic leaders in various disciplines, set up relevant courses and implement effective teaching. When choosing course content, we should pay attention to the foundation of knowledge points, improve students' cultural knowledge level, cultivate students' good cultural spirit and promote students' all-round development.

In the process of building simultaneous education courses, colleges and universities should have a holistic view, the overall quality of the education courses set up should meet the requirements and have certain effectiveness, and fully realize the important position of general education courses in Colleges and universities. It can not only improve students' knowledge system, reconstruct students' knowledge structure, but also cultivate students' good thinking habits, Solid students' humanistic knowledge can effectively combine the desire for knowledge and academic conscience, and cultivate more high-quality talents who meet the needs of the society.

4.2 Combine ideas and content

The teaching of general education in universities is not only a simple knowledge instruction or a method explanation. It needs to start from the mind and constantly excavate and deepen the knowledge points. It should absorb the essence of the advanced civilization thought of foreign countries, and integrate China's traditional culture, and explain the humanities and social sciences knowledge to students, and cultivate the students' innovative spirit. Carry out efficient ideological education. In order to promote the effective reform of general education management, we should pay attention to ideological construction. We need to constantly improve the general education system, establish a sound general education curriculum system, create a good campus cultural atmosphere, integrate the contemporary spirit into the general education curriculum system, adhere to the concept of learning as a person, and give students ideological guidance. When conducting general education management and setting up relevant courses, we should encourage students to think critically, encourage students to find and understand problems, and finally take effective measures to solve problems, help students establish their own world outlook, master corresponding methodologies, and grasp the connection between different knowledge, so as to expand students' knowledge vision, Cultivate more excellent innovative talents ^[4].

In the teaching process of general education courses in Colleges and universities, teachers should change the traditional teaching mode of discipline and professional knowledge, and re optimize the structure of general education courses. They should not only teach the reduced professional courses as elective courses, but also effectively combine ideas and contents, so as not to affect the cultivation of students' thinking ability. General education courses need to have a certain internal relationship, which should be basic and universal. In order to improve the management level of general education and give full play to the role of general education, we should focus on improving students' cognitive level and strengthening students' ideological ability. In order to change the traditional assessment methods of general education courses and enrich the types of examinations, we should not only pay attention to the final examination results, but also pay attention to the students' usual learning performance.

4.3 Combining theory and Practice

In the process of general education in Colleges and universities, we should pay attention to the combination of theory and practice. We should not only impart theoretical knowledge to students and consolidate their knowledge foundation, but also carry out practical teaching courses, so as to cultivate more excellent talents who are self-improvement and self encouragement. Colleges and universities can carry out appropriate general education management according to the actual situation of students, and continuously improve the level of general education based on the university system. For example, for students who want to become professionals, implement effective incentive measures to encourage them to deepen their professional learning after mastering the basic knowledge of general education; For students of basic learning, there is no need to go too deep into knowledge, and we should pay attention to the cultivation of students' learning interest. General courses in Colleges and universities should appropriately increase some practical teaching to meet the different learning needs of students and teach students according to their aptitude.

Conclusion

In a word, in the process of general education in Colleges and universities, we should clarify its teaching essence and effectively combine knowledge with humanistic education, thought and content, theory and practice, so as to ensure the management quality of general education in Colleges and universities.

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