

# The Practice of Humanistic Theory in the Teaching of Great Ideological and Political Courses in Colleges and Universities

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**Abstract:** The core content of humanistic education thought is “people-oriented”, respecting people’s subject position, emphasizing people’s self-realization, and advocating people’s comprehensive, free and harmonious development. The humanism theory has a strong value role in guiding the construction of ideological and political courses in colleges and universities. Firstly, humanistic education theory has a value supporting role for the construction of ideological and political courses in colleges and universities. Secondly, since the essence of accurate ideological and political education has humanistic value attributes. Finally, the humanistic theory of educational purpose on the comprehensive and harmonious development of people is the value destination of the construction of ideological and political courses in colleges and universities.

**Keywords:** Humanistic Theory; Colleges and universities; The teaching of Great ideological and political course

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## 1. Introduction

The so-called “big ideological and political course” should be based on the formation and development law of people’s ideological and political literacy, take students’ learning, life and growth as the space-time dimension, and collect fresh ideological and political education materials in and out of class, inside and outside school, online and offline, to construct an ideological and political course that runs vertically through the whole school section of universities, primary and secondary schools, and horizontally through the whole space-time of school and society.<sup>[1]</sup>

The construction of big ideological and political courses in universities mainly includes the collaborative education of ideological and political course construction and course ideological and political construction. Specifically, the ideological and political courses at the undergraduate stage refer to various ideological and political education courses and related educational activities, including the introduction of the basic principles of Marxism, the introduction of Mao Zedong Thought and the theoretical system of socialism with Chinese characteristics, the outline of modern and contemporary history of China, the ideological and moral cultivation and legal basis, as well as the situation and policy. which are mainly at the undergraduate level. The construction of “curriculum Ideology and politics” is a curriculum reform mode explored on the basis of the “National Medium and Long-term Education Reform and Development Plan (2010-2020)” and the “guiding outline for ideological and Political Construction of Higher Education Curriculum” issued in 2010 and 2020 respectively, in accordance with the requirements of integrating moral education into the whole education and teaching process. The main points of the work of the Department of Higher Education of the Ministry of Education in 2020 are: “Comprehensively promote the ideological and political construction of college curriculum. Give full play to the educational function of various courses, deeply explore the ideological and political education content contained in each course, promote the professional