

# A Strategic Study on the Popularization of Traditional Chinese Opera in Primary and Secondary Schools from the Perspective of Cultural Confidence

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**Abstract:** Cultural confidence and self-improvement are inevitable requirements for achieving the great rejuvenation of the Chinese nation. Traditional Chinese opera, as a treasure of excellent traditional culture of the Chinese nation, holds an important position in the world's cultural and artistic treasure trove. This article starts from the perspective of cultural confidence, and based on a rational analysis of the significance and necessity of popularizing traditional Chinese opera in primary and secondary schools, elaborates on the strategies for promoting traditional Chinese opera in primary and secondary schools.

**Keywords:** Opera; Traditional culture; Cultural confidence; Primary and secondary schools

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In the report of the 20th National Congress of the Communist Party of China, General Secretary Xi Jinping pointed out that "promoting cultural confidence and self-improvement, and creating new brilliance in socialist culture". Opera is one of the traditional Chinese arts and a form of traditional Chinese drama. It is a comprehensive art that includes factors such as literature, music, dance, art, martial arts, and character portrayal.

There is a complementary relationship between opera and cultural confidence. The excellent traditional culture contained in opera can enrich the spiritual and civilized life of the masses, helping them gain and enhance cultural confidence by appreciating traditional Chinese opera. While enhancing cultural confidence, the public also enhance their sense of cultural identity of opera, thus promoting the better and faster development of opera. Popularizing opera in primary and secondary schools can help students establish correct values, and achieve the educational effect of "moistening things silently".

## 1. The Significance of the Popularization of Opera in Primary and Secondary Schools from the Perspective of Cultural Confidence

### 1.1 The Value of Opera Popularization in the Education of Primary and Secondary School Students

Traditional Chinese opera is the most comprehensive and diverse form of traditional art in China, which combines various artistic genres. Through the popularization and dissemination of traditional Chinese opera, students can efficiently be exposed to and understand various types of traditional culture. During the process of appreciating traditional Chinese opera, students experience the uniqueness of traditional Chinese culture from multiple senses and perspectives, and actively become inheritors and promoters of excellent traditional Chinese culture.

The comprehensive characteristics of opera can also achieve the educational goal of comprehensive development in the process of popularizing traditional Chinese opera. For example, when understanding and appreciating plays, students can understand historical stories through the content of the play, and understand the personality characteristics of historical characters through the intuitive and vivid performances of opera actors. By learning the singing style of opera, one can learn scientific vocal techniques and methods for using and protecting the voice. By learning theatrical figure of opera, one can achieve a beautiful figure, improve physical coordination, and enhance physical fitness.

### 1.2 The Role of Popularizing Traditional Chinese Opera in Improving Cultural Confidence in Primary and Secondary Schools

From the perspective of the comprehensiveness of traditional Chinese opera, it combines various arts into one, Integrates various

performance forms of singing, gesticulating, elocution and acrobatics, as well as spatial and temporal art. Therefore, the popularization of traditional Chinese opera is not only the inheritance of art, but also the inheritance of the spirit of traditional Chinese opera from generation to generation. And this kind of opera spirit is precisely the unique and inclusive development spirit, perseverance and perseverance of the Chinese people, and the national spirit of not forgetting their original intentions.

From the perspective of the virtuality of opera, the biggest difference between Chinese opera and Western opera lies in the fact that Chinese opera does not require too many props, but rather reflects the situation through the physical performance of opera actors. Chinese opera pursues the substitution of emptiness for reality, and the coexistence of emptiness and reality. For example, performers use a whip and a series of horse riding movements to demonstrate the galloping of a horse. With just one whip, they can vividly explain the performance purpose to the audience and achieve the performance effect. Chinese opera emphasizes the use of methods such as expressing emotions through objects, blending emotions and scenes, and integrating human and scenery depictions to provide the audience with ample imagination. The manifestation of virtual exaggeration enables students to appreciate traditional Chinese culture, inherit excellent cultural genes, further strengthen cultural confidence, and draw on the youthful strength of unremitting struggle to achieve the great rejuvenation of the Chinese nation while appreciating classic plays.

From the perspective of the formality of opera, the four skills of singing, gesticulating, elocution and acrobatics, as well as the five techniques of hand, eye, body, technique, and step, all have strict procedural norms. The programming standards vary depending on the genre, profession, genre, etc. China has a vast territory, with significant differences in local customs and traditions among different regions, while different local operas fully showcase the local cultural customs. Students can feel the different customs of different regions and local operas through the popularization of operas, gain a sense of local cultural identity, and cultivate students' patriotism of loving their hometown and motherland.

### **1.3 The Importance of Cultivating Cultural Confidence for the Development of Primary and Secondary School Students**

Cultural confidence is the full affirmation and active practice of one's own cultural values by a nation, a country, and a political party, as well as the firm confidence in the vitality of their culture. Cultivating students' cultural confidence is to cultivate their recognition of China's national system and traditional culture, cultivate their active understanding and inheritance of traditional culture, and contribute to building a modern socialist country with Chinese characteristics. Primary and secondary schools are an important period for forming a outlook on life and values. It is particularly important to guide students to form correct cognition and establish correct development goals. Cultural confidence belongs to a firm and clear psychological characteristic. Only by generating a sense of identity and positive cognition at the psychological level can actions be taken in practice<sup>[2]</sup>. So cultural confidence can be said to be a beacon for the development of primary and secondary school students, and an inexhaustible driving force for them to work hard to learn.

## **2. Methods for the Popularization of Traditional Chinese Opera in Primary and Secondary Schools from the Perspective of Cultural Confidence**

### **2.1 Integrating Multiple Disciplines and Splitting Individual Elements**

Utilizing the comprehensive characteristics of traditional Chinese opera, integrating traditional Chinese opera teaching into every subject. Fully utilize the importance that parents and teachers attach to cultural courses in primary and secondary schools, combine traditional Chinese opera with cultural courses, and appreciate and learn related traditional Chinese opera based on the teaching content of cultural courses. Helping students better understand and master cultural knowledge not only enriches the classroom, but also broadens their knowledge base. For example, when studying the second unit of the fifth grade Chinese textbook "Grass Boats Borrow Arrows", appreciating fragments of Beijing Opera can help students better understand character images and experience the different ways of expression in traditional Chinese opera and literary works. Enhance the relevance of disciplines and enable students to develop more comprehensively.

When teaching traditional Chinese opera in music classrooms, it is necessary to break down the various elements of opera for experience and explanation, guide students to appreciate it purposefully, and teach gradually according to their situation. For example, when studying the Beijing Opera "Bao Longtu Sitting in Kaifeng Prefecture" in the third lesson of the sixth grade music textbook, students will be guided to pay attention to one element during each appreciation. For the first time, students will be guided to pay attention to the actor's figure and judge their profession. For the second time, students will be asked to pay attention to listening and exploring the singing characteristics of Hualian. Finally, students will be asked to pay attention to the lyrics and grasp the overall image.

After students master the characteristics of individual elements proficiently, they can then appreciate the overall experience. Teach students the methods of appreciating traditional Chinese opera to cultivate their ability to independently appreciate it and actively explore its characteristics and charm.

## **2.2 Encourage Performance Practice to Enhance Learning Interest**

Opera is a performing art, and practice is the most intuitive and effective method of teaching traditional Chinese opera. Through practical experience, students can experience and experience the programming characteristics of traditional Chinese opera, and perceive the difficulty and hardship of traditional culture inheritance by opera actors. Teachers need to consider the actual situation of students when choosing to arrange performance plays. When arranging, attention should be paid to correcting students' body posture and singing style, emphasizing the standardized and programmatic characteristics of traditional Chinese opera, so that students can develop a sense of awe and cultural confidence towards traditional Chinese opera. During the performance, it is necessary to carefully prepare makeup and styling props, so that students can have a perfect experience of performing opera and experience the joy of performing opera. At the same time, pay attention to publicity, attract more people to pay attention to opera, and make parents pay attention to traditional cultural education for their children.

## **2.3 Developing School-based Curriculum to Explore Local Opera**

The teaching of traditional Chinese opera covers a wide and complex range, and it is difficult to achieve popularity solely through classroom teaching and expansion. It is necessary to develop a scientific teaching plan, write textbooks, and conduct systematic teaching. Students study, live, and even grow up here, and have a certain understanding and profound feeling of local customs and people's personality traits. Set up local opera school-based courses, systematically teach local opera genres, and guide students to understand the characteristics of opera styles through their understanding of local cultural customs. By studying traditional Chinese opera, students can gain a deeper understanding of the local culture, thereby strengthening their sense of belonging and identification with the local culture. Promote the inheritance and development of local opera genres.

## **3. Conclusion**

The integration of traditional Chinese opera in the exciting classroom, hands-on experience in practical performance, and rich school-based curriculum construction of traditional Chinese opera create a full atmosphere, opening up not only the physical posture of the students, but also the young hearts. The popularization of primary and secondary school culture will undoubtedly become an important means to extend the power of traditional Chinese opera and youth, allowing traditional Chinese opera culture to pry the hearts of the younger generation and make being close to traditional culture a new fashion pursued by young people.

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