

# A Case Study on the Infiltration of Red Aesthetic Education in English Reading Teaching of Senior High School-- Taking the Red Resources of Yan'an City as an example

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*Abstract:* English Curriculum Standard for General Senior High School (2017 Edition, revised in 2020) points out that the curriculum standard should help students develop healthy aesthetic taste and good appreciation ability, deepen their understanding of the culture of the motherland, enhance patriotism, strengthen cultural self-confidence, and establish a correct world outlook. This shows that aesthetic education is an indispensable part of English teaching. In addition, Yan'an red culture is rich and this red resource treasure should be learned and understood. Based on this, it is meaningful to explore the feasibility of implementing red aesthetic education in senior high school English reading teaching, and use specific lessons to implement it, which can make students realize the ubiquity of beauty, exercise their aesthetic ability, and provide reference for following researchers.

Keywords: High school English; Reading teaching; Infiltration of red aesthetic education

# 1. Research Background

# 1.1 Support for Aesthetic Education in National Principles and Policies

On March 22, 2021, the Ministry of Education issued the Circular on the Establishment of the first National Aesthetic Education Teaching guidance Committee in Primary and Middle Schools, which pointed out the main responsibilities of the committee: to carry out theoretical and practical research on aesthetic education in primary and secondary schools, summarize and explore the teaching experience and laws of aesthetic education in primary and secondary schools. The Ministry of Education has never stopped the reform and implementation of aesthetic education, which also reflects that our country attaches importance to and develops aesthetic education in the past, present and future.

In addition, Sukhomlinsky said: "Beauty is a kind of spiritual gymnastics, which makes us mentally upright, pure conscience, emotion and belief." And in Cai Yuanpei's view, world outlook education and aesthetic education are the most important because they transcend realistic politics, especially art, music, games and other forms of aesthetic education actually run through other educations, and play a role in promoting and promoting other education.

#### 1.2 The Imbalance of Aesthetic Education in English Teaching

Various teaching methods have always been the research focus of English teaching, but there are few people who study the infiltration of the five educations. And there is a phenomenon: schools understand the policy of the Ministry of Education on aesthetic education, but lack of concrete implementation; English teachers are aware of the importance of aesthetic education, but do not want to spend time and effort to design aesthetic infiltration. This is an imbalance between vision and reality. The key to solve the imbalance is to truly implement the policy of aesthetic education infiltration.

# 1.3 The Key of Students' Development of Aesthetic Education

According to the survey, in China, the first cause of death of people aged 15 and 34 is suicide (Murchael,2002), and there is an obvious trend of younger age (Chen Jianmei, 2005), and suicidal ideation is often the precursor of suicidal action (Kesselar,1999). There are many reasons for suicidal ideation, such as study pressure, family background, campus bullying, pressure to get along with friends and classmates, and so on. They are all factors that hinder the physical and mental development of students, and aesthetic education is a force that can imperceptibly baptize students and educate students to develop in the right direction. Yan'an has rich red resources worthy of our research on red aesthetic education, which can promote the physical and mental development of students.

### 2. The Infiltration of Red Aesthetic Education in English Reading

Red culture is a red revolutionary culture with unique significance, which is condensed by national spirit, willpower, patriotism that is not afraid of sacrifice and indomitable personality charm. It has profound aesthetic connotation and aesthetic characteristics (Zhang Jingjing, 2021). As a kind of red culture, Yan'an red culture is worth excavating by teachers. Through the careful study of the people's education edition of high school English textbooks, teachers can find that the red culture can be integrated into the English teaching. The excavation of aesthetic features in Yan'an red resources can include the heroic images of red characters, such as Zhang Side, Xie Zichang and Mao Peichun. Red sites, for example, the former site of the CPC Central Committee in Feng huangshan and the former site of the Secretariat of the CPC Central Committee in Zaoyuan. Yan'an red culture carries red aesthetic education and forms a unique Yan'an spirit. This spirit has nourished generation after generation of Yan'an people and can shape people's character. Therefore, the integration of red aesthetic education into English classroom can further improve students' moral awareness and sense of responsibility.

# **3. Examples of Red Aesthetic Education Infiltration in English Reading Teaching of Senior High School**

Taking the second compulsory unit Travelling Around in the first year of senior high school as an example to design a 45-minute reading class is meaningful, which can enable students to discover beauty, perceive beauty, experience beauty, and finally implement aesthetic education.

#### 3.1 Visual Static Beauty of Leading in

Aesthetic education should run through every link of reading teaching, and introduction is a very important part (Li Shumei, 2021). Students use 3-5 minutes to enjoy some pictures of foreign scenic spots and explore their favorite beauty. Using pictures to make students have an overall perception of the theme of this lesson can help them feel the richness of nature, the beauty of the world, and broaden their horizons. Coupled with the discussion of the beauty around them, it can deepen their impression and provide a preliminary language support for them to make Yan'an cards. (Hao Lei, 2017)

#### 3.2 Audio-Visual Dynamic Beauty in Pre-Reading

In the teaching design, the author does not present the original text directly to the students, but sets up the "scaffolding" of information matting. This kind of scaffolding is to provide students with the necessary factual knowledge. So, before reading, the students watch a short film about Peru and discuss and answer two questions within 10 minutes. What do you see in the short film? Do you know any other information about Peru? The short film can train students to listen and feel the dynamic beauty of Peru. At the same time, the background knowledge about Peru in the short film supports the students to complete the following activities.

#### 3.3 Cognitive Perception of Beauty in While-Reading

In reading, students use 15 minutes to learn about the language knowledge and skills of this class. And on this basis, through the hands-on production of Yan'an business cards to understand the beauty. Activity 1, Fast reading. The teacher asks students questions about the general idea of the article: Q1What's the main idea of the text? Use GIST reading skill to guide students. Q2What types of text are they: encyclopedia or brochure? Activity 2: Careful reading. Work together in groups to summarize key information about tourist attractions in Peru. For example, the place of departure, destination, frequent travel, the characteristics of tourist attractions, etc., to form their own frame map. At the same time, students learn new words in context. Activity 3: Make Yan'an card. Students draw Yan'an business cards under the guidance of teachers. Teachers should remind students to pay attention to the typesetting of pictures and words to ensure the beauty of business cards. Activity one and activity two help students obtain key information and some specific information about Peru and exercise their metacognitive and cognitive strategies. Moreover, group cooperation can improve students' cooperative ability and exercise their emotional strategies. Activity 3 can enhance students' awareness of red culture, promote its further spread and exercise the students' creative ability.

#### 3.4 The Beauty of the Scene in Post-Reading

The Curriculum Standard emphasizes the important role of situation in reading and in the cultivation of pragmatic competence. In this class, two students are designed to role-play for a group for 12 minutes after reading. They act as tour guides and tourists respectively, using their own Yan'an business cards to introduce Yan'an scenic spots. The purpose of this paper is to replace or create an image-specific teaching situation purposefully and systematically, so as to arouse students' emotional color and attitude experience, stimulate students' emotion, inspire students' image thinking, and guide students to carry out independent inquiry learning. develop students' brain and

psychological functions and master the knowledge and skills they have learned (Wang Kaiyu, 2022). Therefore, the design of role-playing can improve students' listening and speaking proficiency. at the same time, the communication between the two people can also cultivate students' communication strategies. In addition, students can also be provided with some optional activities, such as teachers randomly display information about domestic and foreign tourist attractions, and students communicate their travel plans in pairs.

# 3.5 Practical Beauty after Class

Homework is a good opportunity and platform for extending aesthetic education. Reasonable arrangement of relevant homework to guide students to practice beauty independently. After class, they can follow the Peruvian national overview, write an overview of Yan'an (geography, history and culture) and polish their own guide words and record them into video.

#### 4. Conclusion

From ancient to modern times, the exploration of aesthetic education has never stopped. Our forefathers' research on aesthetic education is also constantly pushing through the old and bringing forth the new. Red aesthetic education is also an important branch, and these research results should be put into practice continuously. There is a long way to go. Only through practice can we find mistakes, further implement aesthetic education better, and live up to the valuable experience of our ancestors.

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