

# Research on the Optimal Path of Practical Teaching of Ideological and Political Theory Course in the New Era

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**Abstract:** To promote the reform and innovation of ideological and political theory course in the new era, we must adhere to the unification of theory and practice. In this way, education forms can be enriched and tradition of education can be practiced continuously. Make up for the deficiency of theory teaching, enhance the effectiveness of ideological and political education; cultivate new people of The Times and achieve the fundamental goal of Lide and people. Therefore, this paper explores the optimization path of the practical teaching of ideological and political courses in colleges and universities from three aspects: optimizing the concept of education, perfecting the rules and regulations, and enriching the teaching resources.

**Keywords:** Colleges and universities; Ideological and political theory course; Practice teaching

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Since the 18th CPC National Congress, General Secretary Xi Jinping has attached great importance to the construction of ideological and political theory courses. Therefore, how to enhance the effectiveness and pertinence of the practical teaching of ideological and political courses in colleges and universities, play better the role of practical teaching in educating people, and promote the complementary effect of practical teaching and theoretical teaching, has become one of the most important topics of ideological and political education in colleges and universities.

## 1. The Value of Application of the Practical Teaching of Ideological and Political Course in Colleges and Universities in the New Era

### 1.1 Enriching the Form of Education, Ceaselessly Practice the Tradition of Education

Chinese Communists have always attached great importance to the role of practice in educating people. Mao Zedong believes that "There is no way for anyone to know anything but to come into contact with it, to live (practice) in its environment."<sup>[2]</sup> Deng Xiaoping pointed out, "In order to train qualified talents needed for socialist construction, we must seriously study how to better implement the policy of combining education with productive labor under the new conditions."<sup>[3]</sup> In 1998, Jiang Zemin pointed out, "We should not only learn from books, but also learn from social practice, and consciously devote ourselves to the hot practice of reform, opening up and modernization."<sup>[4]</sup> In 2009, Hu Jintao told that young students should "take deep practice as the only way to grow and become talented".<sup>[5]</sup> Since the 18th CPC National Congress, General Secretary Xi Jinping has repeatedly stressed the importance of practice. For example, "whether studying or working, we should face reality and go deep into practice, because real knowledge comes from practice."<sup>[6]</sup> "All knowledge is to be transformed into ability by practice."<sup>[7]</sup> Young people should "do every little thing well, complete every task and fulfill every responsibility."<sup>[8]</sup> Therefore, ideological and political courses in colleges and universities should ceaselessly follow our party's practice and tradition of educating people, and constantly enrich the educational forms of ideological and political courses.

### 1.2 Making up for the Deficiency of Theoretical Teaching, Enhancing the Effectiveness of Ideological and Political Education

Although colleges and universities have been exploring new methods, and new models of ideological and political education in recent years, the classroom teaching effect of ideological and political courses in colleges and universities is still not ideal. In this regard, the Ministry of Education in 2017 issued the Implementation Outline of the Project to improve the quality of ideological and political work in Colleges and Universities pointed out that to "adhering to the combination of theoretical education and practice, integrate all kinds of practical resources, strengthen project management, enrich the content of practice, innovate the form of practice, expand the

practice platform, improve the support teachers and students to enhance practical ability and establish feelings of home and country through personal participation."<sup>[9]</sup> Therefore, in addition to theoretical teaching, ideological and political courses in colleges and universities also need to choose and rely on the form of practical teaching to enhance the pertinence and effectiveness of ideological and political courses teaching, so that students can really participate in practical activities, deepen their cognition and understanding of theories in practice, and improve their ability to combine theories with practice in practice.

### **1.3 Cultivating New People of the Times and Achieve the Fundamental Goal of Lide and People**

The theoretical teaching of ideological and political courses only helps students acquire knowledge and theoretical indirect experience, while students can gain direct experience through practical teaching. The Practical teaching, as an extension and beneficial supplement of theoretical teaching of ideological and political courses, is conducive to helping college students to have a deep understanding of the world, national conditions, and people conditions, to guide college students to become a grand and become strivers, and to fulfill the fundamental task of building moral excellence and cultivating people. Therefore, to run ideological and political courses well in the new era, colleges and universities should not only continuously strengthen and improve the theoretical teaching of ideological and political courses, but also pay attention to highlighting the practical characteristics of ideological and political courses and give play to the important role of practical teaching. This is not only conducive to helping college students gain indirect and direct experience in the organic combination of theory and practice, so as to form a positive value identification and firm Marxist belief, but also conducive to promoting college students to consciously transform theoretical knowledge into external actions, so as to truly grow up to be able to assume the great responsibility of national rejuvenation.

## **2. The Optimization Path of Ideological and Political Course Practice Teaching in Colleges and Universities in the New Era**

### **2.1 Strengthening the Concept of Practical Education and Attach Great Importance to Practical Teaching**

First of all, colleges and universities should update the concept of education, establish and strengthen the concept of practical education, increase the publicity and financial support for the practical teaching of ideological and political courses, do a good job in the early training, and take the promotion of the practical teaching of ideological and political courses as a breakthrough to improve the quality of ideological and political courses and promote the growth of college students. Secondly, ideological and political teachers should face up to the important value of practical teaching, fully realize that practical teaching is not only an important part of ideological and political courses, but also plays an important role in shaping the correct values of college students and the cultivation of the healthy personality, and train students to be both virtuous and talented and all-round developing talents with the scientific concept of practical education. Finally, college students should establish a correct view of practice, correct attitude towards ideological and political teaching, and improve their communication and cooperation ability and the ability to combine theory with practice in practice.

### **2.2 Overall Arrangement and Reasonable Planning, so that Ideological and Political Courses Practice Teaching System to Follow**

First of all, relevant national departments should improve relevant policies, strengthen the top-level design and overall planning of the practical teaching, and focus on providing more scientific guidance for the basic principles, basic requirements, organization and implementation of practical teaching of ideological and political courses in colleges and universities. Secondly, relevant local departments should support relevant policies to provide venues, funds, personnel and other aspects for the practical teaching of ideological and political courses in colleges and universities in the region. Finally, colleges and universities should improve the supervision and management mechanism, the evaluation mechanism and achievement transformation mechanism of the practical teaching of ideological and political courses, and carry out supervision, management and scientific evaluation on the theme, process and result of the practical teaching of ideological and political courses, the situation and quality of college students' participation in social practice, and the situation of teachers' guidance to students. And facilitate the effective transformation of practice reports, practice experiences, practice summaries, videos, pictures and press releases.

## 2.3 Expanding Teaching Resources and Constantly Enrich Practical Teaching Forms of Ideological and Political Courses

First of all, the practical teaching of ideological and political courses in colleges and universities should fully explore the practical teaching resources on campus, and carry out practical teaching activities such as classic study, current affairs discussion, knowledge competition and the art show, so as to promote students to deeply understand, master and identify with theoretical knowledge. Secondly, the practical teaching of ideological and political courses in colleges and universities should attach importance to the teaching resources of social practice, constantly expand various types of social practice bases and establish cooperative relations, carry out practical teaching activities such as special research, interviews, visits, policy preaching and so on, and guide students to educate, improve and improve themselves in the social environment. Finally, the practical teaching of ideological and political courses in colleges and universities should expand the network practical teaching resources, make full use of the Internet, mobile terminals, artificial intelligence, big data and other information equipment and network technology, promote the traditional advantages of ideological and political work and information technology to highly integrate, make virtual practice, network practice becomes the new form of ideological and political course practical teaching in the new era. To enhance the novelty, times and interest of ideological and political course practice teaching.

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