

# On the Important Role of Family Education in Preschool Education

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**Abstract:** The family is the first school for every child to receive education, and parents are the first and only teachers in this school, so the role of parents in the process of child development is irreplaceable. As a country with a long history, China has always attached great importance to the fine tradition of family education, the fundamental reason is that family education will cause indelible impact on individual childhood and even the future life path. When the epidemic is rampant, the family has become the home of preschool education. Therefore, in the post-epidemic era, it is urgent to explore the important role of family education, enhance the importance of family education, solve the problems in family education, and explore new ways of family education.

**Keywords:** Family Education; Pre-School Children; Child Development

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## 1. The importance of family education

Preschool education, as the beginning of life education, is the starting point and beginning of education in a person's life, and its lasting and far-reaching influence needs to be paid attention to. The family is one of the most important places for the implementation of preschool education. Preschool children are in the enlightenment period of life, at this time the children in all aspects of physical and psychological have not received systematic training and learning, the importance of family education at this time is extremely highlighted. If nurturers can realize this and grasp this critical period of children's development in all aspects, they can lay a preliminary foundation for children's future learning and development.

## 2. The problems in family education

According to Bronfenbrenner's eco-environmental system theory, we can know that family is the micro-environmental system of children's life, and it is the most direct environment for children's activities and communication<sup>[1]</sup>. In real life, under the influence of economy, policies, family conditions and other aspects, many children are not raised by their parents themselves, but by grandparents and other elders. Therefore, the nurturer is an important factor affecting the role of family education, but also the main cause of problems.

### 2.1 The parenting mode of the parent is unreasonable

Baumrind of the University of California in the United States has researched and proposed two dimensions that affect the parenting style, namely demanding and reactive, according to which the parenting style can be classified into four types, namely authoritative, authoritarian, submissive and neglectful<sup>[2]</sup>. Of the four types of parenting, authoritative parenting is better for a child's development, with responsibility, creativity, independence, etc., all aspects of responsibility are better developed under democratic parenting.

However, as a matter of fact, influenced by traditional Chinese thoughts, many parents adopt authoritarian parenting methods in the process of family education, requiring children to follow their own command and arrangement in all aspects, completely ignoring children's real needs and ideas, and forming one after another "puppet". Secondly, in Chinese families, there are many phenomena of "intergenerational parents". When grandparents and other intergenerational elders educate children as nurturers, they will meet all the needs of children and express their love for children in this way, which is what we call "subservient parenting". In addition, neglectable parenting style is also a common phenomenon in modern family education. This kind of parenting style takes almost no educational measures in the process of family education, and they take an indifferent attitude to the growth and needs of children. They will neither make any requirements for children, nor give them care and tolerance.

### 2.2 The consciousness and concept of the nurturer is not scientific

Parents do not need to pass any qualification examination and certification, which leads to the lack of awareness of active learning in the process of educating children. They seldom take the initiative to find scientific channels to learn educational methods, but accept the guidance from the older generation of parents, or transfer the education they received when they were young to their children under the influence of influence. The educational methods adopted in this state are also lack of The Times and cannot meet the actual needs of

children in this era under the current social background.

They do not treat children as independent individuals, but as their own appendages, and want to control everything about children, which is related to the authoritarian type in the above parenting style. We can say that the consciousness and concept of the nurturers will further affect their parenting style. Therefore, it is very important to reform the family education, change the concept of the nurturers and establish a scientific view of children.

In addition, based on the important position of preschool education as the beginning of education, many parents lack a scientific understanding of kindergarten at this stage of learning, too eager to succeed, expect to let their children can win at the starting line so as to ignore the law of physical and mental development of children. Resulting in children in the early childhood stage on the burden of learning does not belong to their age stage, which may lead to children at an early age to lose interest in learning, have a psychological resistance to school life, but not conducive to young children.

### **2.3 Inadequate homeland cooperation**

Inadequate cooperation at home is also an important cause of problems in family education. When there is no good connection and full cooperation between the education of families and kindergartens, children will be affected by the lack of consistency, which will cause children to have trouble when receiving external knowledge and influence, thus making education unable to achieve the effect.

Therefore, in the process of education, kindergartens should timely communicate with nurturers to help nurturers and children establish a close relationship, so as to clarify the common development direction and maximize the effect of home cooperation. In the face of the phenomenon of "kindergarten elementary school", kindergartens should also timely popularize the scientific concept of "kindergarten connection" to parents, and encourage parents to view the kindergarten learning from a comprehensive and continuous perspective.

## **3. The countermeasures to solve the problems in family education**

### **3.1 Establish a correct view of children**

The life of a child is his own life, and should not be a tool for parents to make up for their lack of childhood, or to satisfy their parents' psychology of comparison. Children are the purport of education, children's learning and development, happiness and growth, is the pursuit of education, but also the realization of the value of education.

In family education, parents should take children's needs as the starting point, attach importance to children's psychological changes, respect children's personality and rights, give children full autonomy and choice, so that children can have their own thoughts and preferences, cultivate children's creativity and independence, and encourage children to pursue and achieve their goals in life and study. Give full play to the promotional value of preschool education, promote the continuous development of children in his latest development area, help children to constantly surpass themselves, tap children's development potential.

### **3.2 Scientific parenting, diligent reflection**

In family education, nurturers should adopt scientific parenting methods, change the traditional unreasonable parenting concepts, such as "stick education", "criticism education", "attack education", consciously learn the latest scientific parenting knowledge through various channels, arm their own education with knowledge, and constantly update their educational ideas. To adapt their education to the needs of children and society. Nurturers can also learn about the current situation of children's development through kindergartens, and adjust specific educational strategies and methods to adapt to the developmental characteristics of children in the actual process of family education with the development of children. On the basis of reflecting the love and care for children, children should be educated in a scientific and democratic way as far as possible, so as to maximize the effect of family education.

At the same time, the parents need to think deeply about their own educational behavior and reflect on their shortcomings in the process of educating children. Always pay attention to the physical and psychological needs of children, according to the needs of children, give timely feedback on education. Strengthen the emotional communication and contact with children, establish a good parent-child relationship, become a good nurturer, but also become a good teacher, good friend of children. Respect children, tolerate children, encourage children, but do not condone children.

### **3.3 Create a good family atmosphere**

Su Chunjing et al. analyzed the causes and countermeasures of bullying in primary and secondary schools from the perspective of family education and found that the bullies' families are characterized by a lack of emotional warmth, a lack of consistent education methods when children show aggression, or parents' parenting methods are mainly rough punishment, and the communication between

parents is also full of hostility and violence<sup>[3]</sup>.

Family atmosphere has a subtle influence on all aspects of children's development. Warm and harmonious family atmosphere can help children experience family happiness, so that they can transfer this emotion to social interaction with others and people. Therefore, in the process of educating children, parents should always be full of love and care, always pay attention to the emotional needs of children, increase the communication between family members, and build a bridge of love.

In the process of family education, children's development should be viewed from a systematic point of view. Family is a complex system, any subsystem problems, will affect the function of the whole family. Therefore, we cannot separate the development of children from the marital relationship of parents, and the problems in the marital system will spill over to the parent-child system<sup>[4]</sup>. Therefore, in single-parent families and reorganized families, even if the parents are separated due to some factors, they should not bring their bad emotions into the education process, complain blindly, tease each other or even have fierce disputes in front of the children. The resentment of the parents should not become an obstacle for the children to get love. Children are very good at imitation. If parents often show their poor emotional processing in front of children, children will imitate them and migrate to their own social interactions.

#### **4. Summary**

Preschool children stage is the child's physiology, psychology, thought, personality and other aspects of the rapid development of the period, in this period we should pay close attention to all aspects of the child's development process, improve the sensitivity of education, timely feedback on the needs of children.

Family education is also a topic we always need to pay attention to, it will affect the healthy growth of children from all aspects and the harmonious development of body and mind. As the first teacher of children, parents should be deeply aware of their own important influence in the growth of children, attach importance to the role of family education, and actively explore scientific education methods, in order to achieve the maximum effect of education.

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