

# Art Appreciation and Art in Life

Yifan Hu

Wuhan Donghu University, Wuhan 430212, China

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**Abstract:** Art is indispensable in our life, it is like the fuel, rice, oil, salt, sauce and vinegar tea in our life, although it seems ordinary, but indispensable, it can adjust our taste and meet our various needs. Art is the same, is the spice of life, when we are tired of study, work pressure, life encountered setbacks, through art we can get a good adjustment. And art alone is not enough, art appreciation in our life is also very necessary, it can improve the interest of life, add many rich colors to our life. We have a variety of understanding of art, through art appreciation can deepen our understanding of art, and can get some knowledge about art in life.

**Keywords:** Art appreciation; Life; Aesthetic ability

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## 1. The meaning of art appreciation

What is art? We often begin to understand art by looking at one thing. The music we hear in our life, the wall paintings we see on the street, a building we see, an art exhibition, a dance drama, etc., can make us feel the beauty in it. We often say that we must have a pair of eyes to find beauty, but the author believes that this is far from enough, we also have the ability to appreciate beauty. Light has found the beauty in life, but can not have a good appreciation of beauty, art appreciation ability, we can not harvest what we need from beauty and art.

When we understand appreciation, it seems that it is easier for us to capture the art in our lives, have a deeper and more thorough understanding of art, and know how to better appreciate a work of art, and how to understand the thoughts and emotions that artists want to convey through these works of art. Art appreciation and art complement each other, learn art appreciation, we can better understand art, feel the beauty of art; With the existence of art, we can have the ability to appreciate it. It can not only improve our own aesthetic cultivation, promote our quality education, but also teach us to distinguish between beauty and ugliness in life.

## 2. Cases of art appreciation

We know that music Saint Beethoven, a great man, made indelible achievements in the field of music. His “Heroic Symphony” sounds grand and uplifting, and the first movement of the symphony depicts the hero growing up in the midst of war; The second movement is the funeral march; The third movement is scherzo; The fourth movement is the final piece of the triumphal progression. This piece of music began to be created by Beethoven in May 1803, the motive and origin of the creation of different opinions, but one of the theories is that Beethoven was created for Napoleon, or a symphony dedicated to Napoleon, because his title page wrote “dedicated to Bonaparte”, but Beethoven heard that Napoleon was very angry after declaring himself emperor. I was very disappointed that Napoleon, in order to satisfy his own ambitions, put himself above all others and became a dictator, and ravaged the rights of the people at the bottom. He tore up the cover of the score and renamed it “A Symphony written in memory of a great man.” It can be seen that this “Heroic Symphony” is written for the real hero in Beethoven’s heart, even if there are many different theories to speculate his creative motive, but it is undeniable that this represents Beethoven’s tribute to the real hero in his heart, he must be full of enthusiasm to express his admiration for the hero when he created this work. This piece is dedicated to a true hero! When we

appreciate such a work, we should not only appreciate the pleasant melody, tight rhythm and great enjoyment for people's hearing, but also understand the creation background of the work and the thoughts and emotions that the artist wants to express. We should try our best to put ourselves in the era and mood of the author at that time, and then enjoy the work. Will there be different feelings and different harvest?

Another example is Picasso's famous work *Guernica* (FIG. 1). When the author saw the tragic scene of a peaceful and peaceful town disturbed by war and large-scale devastation, he increasingly hoped for the arrival of peace, and expressed his yearning for peace through artistic means and complained against fascism. Van Gogh's work *Sunflower* (see FIG. 2) has very strong colors and bold and powerful brushstrokes. It also uses artistic means to express that although he has suffered a great blow, he still longs for a better life, and his painful but warm complex emotions can only be expressed through his artistic works. It is not difficult to find that a good work of art must have its own connotation, and this connotation must be given by the artist. The former Picasso expressed his feelings for the society, and he expected to have a peaceful and tranquil era. The latter van Gogh focuses on himself and expresses a desire for a better life. These two works are very great and brilliant in the art world, except that the solid foundation of the artists themselves is the premise of shaping this successful art, and the thoughts and emotions they place on them are the soul of these works of art.



Figure 1 *Guernica* by Picasso



Picture 2 *Three Sunflowers in a Vase* by Van Gogh

### 3. Summaries

As an aesthetic activity of people, art appreciation has become an important part of people's spiritual life with the improvement of material life and people's increasing demand for spiritual life. The improvement of aesthetic ability can make us have a more comprehensive and broad understanding of things, can make us have a more objective and reasonable understanding of the world, and form a correct outlook on life, world outlook and values. We often resonate with some vivid works of art, evoking certain memories and thinking about life, which can make us feel emotionally satisfied. Through the understanding of the artist's life story, including the feelings and thoughts he wants to express through this work, it is naturally easier to accept the artist's expression and attitude towards life.

Art is a unique culture, it exists in our life, has its unique charm, and plays a very important role in the society and our life. For example, when we work all day tired and listless, this time to listen to a concert or a symphony, it brings more spiritual enjoyment, eliminate the fatigue of the day; We can see a bright red circle in a painting to recognize the sun, apple, etc. We can even think of anything similar to this and stimulate our imagination; Even a few lines and strokes can express people's gestures and actions; When we use a tall building, we can also feel its grandeur. Art can also shorten the distance between people. In ancient times, there were friends with poetry, friends with piano, friends with chess, etc. Some of our emotions that are difficult to express in ordinary language can be reflected by means of art to express our love for friends, gratitude for family members, admiration for lovers, admiration for teachers and friends, etc. In fact, each of us is an artist, and each of our lives is a unique work of art. Art is priceless and irreplaceable. It exists in our life and is higher than our life. Besides enjoying art and discovering beauty, we should cultivate our ability to appreciate art and have our own research and opinions on some classic art works, so that we can get close to art and feel art as much as possible. At the same time, enjoy the spiritual satisfaction brought by art.

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### About the author:

Yifan Hu 1997.7, Gender: Female Nationality: Han Highest education (degree) : Master (postgraduate) Title: Assistant Research direction: Art