

# On the Philosophical Thinking Mode of Ideological and Political Education

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**Abstract:** The thinking mode of ideological and political education is a kind of educational activity to cultivate and guide students' correct thinking, and its foundation is practice. By paying attention to students' practical problems and confusion, introducing case analysis and discussion, taking problem orientation as the core. The thinking mode of ideological and political education includes both rational thinking and irrational thinking. The rational thinking mode focuses on the decomposition of problems from the whole and the in-depth analysis, while the irrational thinking mode emphasizes the perceptual thinking. Ideological and political education aims to cultivate students' correct way of thinking and values, and improve their analysis, judgment and decision-making ability, so as to meet the development needs of modern society.

**Keywords:** Ideological and political education; Philosophical thinking; Correct thinking

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## Foreword:

Ideological and political education is an important way to cultivate people's correct values and world outlook, while the philosophical way of thinking refers to the method of exploring human existence and social problems through rational thinking and critical thinking. These two complement each other and jointly build a healthy and positive thinking system. In today's complex and changeable social environment, we need to face challenges with an open mind and solve problems with deep thinking. Only through ideological and political education and the guidance of philosophical thinking mode, can we better understand ourselves, understand others, and contribute to social progress and personal growth.

## 1. Second, what is the ideological and political education of thinking mode

### 1.1 The basis of thinking mode in ideological and political education is practice

The foundation of the thinking mode of ideological and political education is practice. Ideological and political education is a kind of educational activity to cultivate people's correct world outlook, outlook on life and values, guide people to establish correct political stand, political views and political direction in practical activities, and cultivate good ideological and moral quality and social responsibility. The thinking mode of ideological and political education is embodied in the following aspects in practice. The thinking mode of ideological and political education pays attention to students' practical problems and puzzles, guides students to think actively through education, and actively explores the ways and methods to solve practical problems. In education and teaching, teachers should combine the actual situation of students, put forward problems around students' needs, stimulate students' thinking and critical thinking ability, and cultivate students' comprehensive ability to solve problems. The thinking mode of ideological and political education advocates students' personal participation and practical experience, and enhances students' sense of participation and experience through practical activities. Students can be organized to visit relevant institutions, participate in social practice, and carry out community activities, so that students can personally feel the social environment and social problems, so as to deepen their understanding and identification of the content of ideological and political education. The thinking mode of ideological and political

education can trigger students to think and discuss through the introduction and analysis of cases. Through the analysis of real cases, students can have a deep understanding of the background and related factors of the problem, cultivate students' problem awareness and discrimination ability, but also through the case practice, guide students to conduct practical exploration, cultivate students' practical ability and innovative spirit.

## **1.2 The internal structure of the thinking mode in ideological and political education**

The mode of thinking in ideological and political education refers to cultivating and guiding students' correct thinking mode and thinking methods in the process of ideological and political education, so as to achieve the goal of ideological and political education. It is a highly targeted, specific and practical thinking mode, with the following several internal structures. The core of the thinking mode of ideological and political education is the problem orientation, that is, paying attention to finding and solving problems. In the ideological and political education, students are faced with a variety of ideological and political problems. The thinking mode of ideological and political education guides students to actively think and explore, which can stimulate students' interest and enthusiasm for problems and cultivate students' ability to solve problems. This way not only helps students to understand the essence and key of the problem, but also cultivates students' critical thinking and innovative consciousness. The thinking mode of ideological and political education focuses on the thinking and analysis of multiple dimensions. It requires students to think about problems from multiple angles and use comprehensive thinking tools to analyze and judge. For example, students can think about a problem from the historical dimension, social dimension and humanistic dimension, and integrate the analysis of multiple dimensions to form a comprehensive and accurate judgment. The thinking mode of ideological and political education emphasizes the comprehensive use of various thinking methods and tools. It requires students to use thinking tools from logical thinking, dialectical thinking, critical thinking and other levels of thinking, to deal with problems flexibly. In this way, it can cultivate students' ability of comprehensive analysis and comprehensive judgment, help them better understand and evaluate different views and positions, and make accurate judgments and choices. The thinking mode of ideological and political education pays attention to the guidance and application of practice. It requires students to apply the thinking methods they learn to practical problem solving, and to have a deeper understanding of the content of ideological and political education through the participation and experience of practical activities.

## **2. Third, the main thinking method of individual thinking mode in ideological and political education**

### **2.1 Rational way of thinking**

Ideological and political education aims to cultivate students' correct way of thinking and values, so that they have scientific analysis, judgment and decision-making ability, so as to meet the development needs of modern society. Rational thinking mode is one of the important methods of thinking, and the main thinking methods will be introduced below. It requires individuals to learn to break down the various components from the whole, and to reveal the essence of the problem and the main points of the problem through a detailed analysis of these parts. Through analytical thinking, individuals can deeply understand the structure and internal relationship of problems, thus helping to form accurate understanding and solutions. It requires individuals to be able to generalize to specific problems or situations into general concepts or principles. Through abstract thinking, individuals can go beyond specific things and situations, grasp the essential characteristics of problems, discover their universal laws, and then form a broader understanding and thinking. It requires individuals to use the law of logic to make correct reasoning and judgment. Logical thinking consists of deductive reasoning and inductive reasoning. Through logical thinking, individuals can establish a logical thinking framework, accurately reveal the causal relationship between problems, so as to make scientific decisions and judgments. It requires individuals to be able to compare and control different things or ideas to find out their similarities and differences. Through comparative thinking, individuals can have a deep understanding of the characteristics and advantages of different things or views, and can make more objective and comprehensive evaluations, so as to form a more scientific understanding and judgment. It requires individuals to be able to use analysis, abstract, logical and comparative thinking methods to form a comprehensive and accurate judgment and conclusion. Through comprehensive thinking, individuals can organically combine various thinking methods to improve the effectiveness and accuracy of problem solving. The above five thinking methods do not exist in isolation, but are interrelated and mutually permeable. In practical application, individuals can flexibly use these thinking methods to analyze and solve problems according to the nature and requirements of the problems. By cultivating rational thinking mode, individuals can improve their thinking ability and innovative consciousness, promote their comprehensive and scientific understanding of the world, and better adapt to the needs of social development.

## 2.2 Irrational thinking mode

One of the goals of ideological and political education is to cultivate individual rational thinking mode to improve their analysis, judgment and decision-making ability. However, in reality, irrational ways of thinking also exist in the individual thinking process of the individual and may have effects in some cases. Below, I will introduce some of the main methods of irrational thinking, and emphasize the importance of cultivating rational thinking. Emotional thinking is a common method of irrational thinking mode. It focuses on individuals' understanding and judging things through subjective feelings, emotions and intuition, not based on logical reasoning and analysis. Sensual thinking emphasizes the intuitive experience and emotional resonance of things, and is easily influenced by emotional and subjective bias. In the ideological and political education, we should guide individuals to form a scientific and objective judgment through further rational thinking and analysis on the basis of perceptual thinking. Faith thinking is another important method of irrational thinking mode. It is based on the firm belief of an individual in a certain belief system, religion or ideology, taking it as an important criterion for understanding and judging things. Faith thinking emphasizes the individual's blindness to some authoritative view or value system, which can easily lead to a narrow and biased way of thinking. In ideological and political education, we should encourage individuals to compare and think independently about different beliefs, so as to cultivate open and inclusive rational thinking. Intuitive thinking is a common method of irrational thinking mode. It emphasizes that individuals think and judge by virtue of intuition and inner feelings, not through a clear reasoning process. Intuitive thinking can quickly form initial judgments and decisions, but it is also vulnerable to subjective bias and misdirection. In ideological and political education, we should guide individuals to combine logical reasoning and empirical analysis, so as to improve the accuracy and objectivity of thinking. Prejudice thinking is a negative method of irrational thinking mode. It means that an individual is influenced by subjective bias and preconceived views when thinking and judging problems, lacking of an objective and comprehensive perspective. Prejudice thinking tends to lead to one-sided and arbitrary understanding and judgment, which limits the individual's correct understanding of things.

### Epilogue:

Ideological and political education and philosophical way of thinking play an important role in shaping personal quality and social development. Through ideological and political education, we can establish correct values and world outlook, cultivate civic awareness and social responsibility. The philosophical way of thinking gives us the ability to think deeply and to think critically, enabling us to better understand complex problems and challenges. This way of thinking not only has a positive impact on individual growth and development, but also makes a contribution to the progress and harmony of the society. Therefore, ideological and political education and philosophical way of thinking should be paid more attention to and promoted.

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