

The Innovation and Practice of Sports and Education Integration in Vocational Education in the New

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Abstract: After President Xi Jinping attended the provincial CPPCC members joint meeting of the higher education representatives and listened to the soliciting opinions and suggestions, General Secretary Xi Jinping stressed to improve the reform and service level of higher education, and strive to cultivate more talents suitable for high-quality and all-round growth, high-level self-reliance and self-improvement. How to improve the overall level of school service development, according to the related to promote the healthy development of teenagers several opinions (hereinafter referred to as “several opinions”), as vocational education physical education scientific research practitioners, from the perspective of vocational education, hope to be able to the education service innovation, education fusion collaborative education play a positive role and influence. The introduction of the Opinions has brought three opportunities for vocational education, one is the opportunity for professional construction, the opportunity for the combination of existing majors and sports industry, and the opportunity for the vigorous development of school sports.

Keywords: Vocational education; Physical education and education integration; Innovation; Practice

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1. In order to enhance the matching degree between disciplines and economic and social development, the sports function gives the sports industry strong vitality, and the huge sports industry development boosts the professional construction of vocational education

At the Fifth Plenary Session of the 19th CPC Central Committee, when formulating the economic development strategy for the 14th Five-Year Plan period and formulating the development goals for 2035, it made a new layout, requirements and new tasks for the reform and development of vocational and technical education, whose core content is to improve the adaptability to the field of vocational and technical education. How to effectively implement the strengthened adaptability of new vocational technology teaching in the school practice is a major subject facing the school at present and in the future.

The sports industry needs cross-border composite talents, to enhance the matching degree between major and economic and social development, and to cultivate matching professional talents is an opportunity for the professional construction of vocational colleges.

According to the data analysis of “soft science”, it trains about 30,000 to 40,000 to, 000 sports schools every year, and about 80,000 students graduate from other sports colleges across the country, totaling about 120,000. Even if all these graduates enter the sports field, it will be difficult to fill the huge talent demand gap in the short term.^[1]

Centering on the development of disciplines and majors that meet the national economic and social development and sports industry, it have optimized and improved with a broader international and global vision, and improved the pertinency and adaptability of sports and education combined with innovative education. To deepen the construction of “double first-class”, improve quality, capacity and services, we must pay attention to long-term, and actively explore a new mechanism of professional education.

2. The industry guides majors, forms the mode of sports + majors cultivating cross-border talents, enhances professional functions and improves the quality and efficiency, and promotes the integration of sports and education in teaching practice.

Sports + cultivating cross-border talents currently needs three steps: 1. Clarify the relationship between professional teaching and sports talents training, advocate the training goal of sports talents in professional teaching, and cultivate cross-border talents. 2. Pay attention to the combination of majors. From the perspective of the needs of the sports industry, which existing majors can integrate with the sports industry, accurately position, refine the training objectives, and train the talents in short supply that meet the industry needs specifically. For example, e-commerce, information technology, artificial intelligence, the Internet of things and other professional how to play a professional role in the sports industry, found the great potential of fusion development, tailored for students do professional learning mode, 3, need to combine the sports education function and sports industry characteristics development conforms to the body education fusion focus on the development of the new curriculum, new teaching materials. Improve the quality and efficiency of training talents, the integration of physical education in teaching practice so that students can benefit for life through our education.^[2]

3. High-quality physical education resources invigorate the school physical education teaching, and construct the practice mode of physical education integration.

The integration of professional sports venues, event management system, high-level coaches, athletes and many other high-quality sports resources is bound to open up more professional and colorful education and teaching, internal and outside activities and sports competitions for the current situation of school sports work. In turn, the sports resources of the school can also be purchased by the society, and the enterprise name participates in the form of a club. In short, the flexible and diverse cooperation and shared management mode has created a good environment for the healthy growth of children, hone their will, perfect their character, and create the socialist builders and successors of moral, intellectual, physical, aesthetic and labor development, and formed a new physical education and training mode.

4. The integrated development path of vocational education in the new era

4.1 Take measures of “project into campus” to enhance the strength of school sports competition

At present, vocational schools and sports departments have also carried out some in-depth combination in the school football activities, and the construction of football sports into the school project is an important embodiment of the further integration of school education into the management work. To promote the integration of education and sports into management, we should make full use of the internal educational resources of teaching and the advantages of sports resources at all levels of the community, and truly use teachers, venues and other sports equipment to all children’s sports meetings, sports classes and sports activities. The measure of “construction project into the campus” is to introduce projects, introduce talents, improve the utilization rate of engineering equipment, improve the venues, train talents, take multiple measures to improve the quality of modern vocational education, and kill many birds with one stone. It focuses on giving full play to the advantages of learning and training resources and material selection resources, so as to build a diversified “bridge” for children, and thus it helps to carry out comprehensive education and promote the healthy growth of all the school.

4.2 With the university “leading traction” as the driving force, establish the “three-level training system”

As the national sports technology level promotion and the comprehensive development of professional sports, schools must change competition sports training way, actively implement the “physical education fusion” talent echelon construction project, the task of competition sports talent training on the site, personnel, teachers and other more abundant position, build “elementary-junior high school-colleges-universities” one-stop education service system.

5. Some Suggestions on Physical Education in vocational Schools under the New Situation:

5.1 Adhere to the physical health data analysis, to ensure scientific training

Classroom teaching is an important position for the healthy development of students’ physical fitness. Adhering to the data analysis of middle school students’ physical health test is conducive to scientific and effective classroom teaching, selecting the appropriate training content and training methods according to the data analysis, and detecting the physical health status of students at the same time.

5.2 Organize different forms of competitions to promote practice

Through the classroom, campus, inter-school school teams, the traditional sports projects and other sports competition activities, stimulate students' interest in participating in sports exercise and cultivate positive and enterprising sports spirit.

To sum up, the Opinions formulated by China in the new stage provides a new policy direction for the combination of physical education, and the difficulties and pain points of the combination of sports and vocational education will inevitably appear. Breaking the comfort zone and the bottleneck period, vocational education will strengthen their confidence and innovate on the development road of integrating sports and education.

The integration of sports education is the soil, and vocational colleges are the best position to cultivate sports talents. Under the guarantee of policies, the integration of sports education can promote the organic combination of sports majors and industry, creating an ecological environment for the creation of sports majors. Only by fully understanding the spirit of the Opinions, can we grasp the good opportunity for the integrated development of physical education in the new era, and it is the source of vocational education people with responsibility, responsibility and strong implementation motivation.

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