

The Implementation Path and Analysis of Basketball Teaching in Colleges and Universities under the Concept of “Curriculum Thinking and Politics”

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Abstract: The development of moral education is an important idea in the teaching work of colleges and universities, and the development of basketball in colleges and universities often has a unique advantage in the education of people and thought politics. In the analysis of this paper, we mainly analyze some problems in the current physical education in colleges and universities, so as to propose the implementation path of basketball teaching in colleges and universities under the concept of “curriculum thinking politics”, and provide some teaching reference for relevant teaching workers.

Keywords: Physical education; Curriculum thinking and politics; Basketball education

Introduction

Along with the development of society, China's education has entered a new stage of development. In order to effectively improve the quality of teaching, it is necessary to actively enrich the form and content of teaching. In the work of physical education, the use of scientific and reasonable teaching guidance, to give full play to the guidance effect of the course thinking politics, can well improve the overall quality of teaching, in order to meet the actual teaching needs of people.

1. The value of basketball teaching course thinking politics

In recent years, the university's Civic and Political Science course has received more and more attention from the society, which is the main way to realize Civic and Political Science education for college students, and also guides college students to form a good cognitive concept of Marxism's position, viewpoint and ideology in greater depth. However, because of the strong theoretical nature, students are unable to feel the fun of learning in the process, and they are not motivated enough to study in depth. However, it is very important that the teaching of curriculum thinking can be carried out in such a way that students can improve their overall quality. For physical education, it is a kind of teaching function with entertainment and leisure, in individual shooting and participation in basketball games, has become a kind of sports that contemporary students attach great importance to. Daily through the scientific and reasonable guidance of students to participate in the Civics learning links, and scientific and reasonable guidance and training, you can subconsciously improve the quality of students' sports, to achieve the internalisation of sports thinking. The infectious power of sports is relatively strong, so it can become an effective way to carry out the course of thinking and teaching ^[1].

2. The current situation of basketball course thinking and politics teaching

2.1 Insufficient content mining

In the traditional basketball course teaching objectives are set, basically are biased physical fitness, skills and other aspects of teaching to carry out, teaching content is also the teacher demonstration way as the main way of teaching. However, such a teaching method obviously ignores some very important spiritual connotations of basketball, such as patriotism, community, writing and respect for rules. By highlighting these qualities in a scientific and rational way, the teaching and learning of sport can be further explored and students can be trained to have a good understanding of the sport. In the future the use of skills

development, health behaviour and various basketball teaching development are important elements in the overall formation of basketball education ^[2].

2.2 Single teaching methods

In the traditional teaching methods in the past, although many teachers in colleges and universities are in the teaching process, inserted a certain amount of Civics content. However, in the actual teaching method, it is always single and the teaching content is boring, which will affect the teaching effect. For most of the teachers in the setting of the Civic Science teaching content, the combination of learning content and Civic Science elements is not reasonable, which leads to students in the participation of physical education learning activities, can not form a strong learning enthusiasm, but also correspondingly on the students' basketball course learning brings a certain negative impact ^[3].

2.3 Incomplete assessment and evaluation

The assessment and evaluation of the course is the key to verifying the effectiveness and enhancing the impact of the teaching of Civics. However, in the current development of most university physical education courses, the basketball evaluation of students is based on the examination skills scores of students at the end of the semester to determine, which will lead to the formation of a more one-sided quantitative evaluation criteria, can not well reflect the comprehensive quality of students. In the actual teaching and learning development, it is necessary to start from the content of thinking and political quality, value perception and various subjective evaluations, and effectively use the effective development of the current curriculum to maximize the overall effect of teaching ^[4].

3. The implementation path of basketball teaching in colleges and universities under the concept of "curriculum thinking and politics"

3.1 Digging deeper into the content of the course, clear thinking political elements

In China's current requirements for universities to carry out the teaching of Civics, it is clearly pointed out that the use of a comprehensive professional design of the system, to further improve the teaching content. Secondly, it is also necessary to combine the characteristics and features of different courses to enhance the way of thinking and values in a scientific and reasonable manner, so that the thinking and political elements of the courses can be greatly enhanced. In the future, the teaching of ordinary colleges and universities should always be based on the technical structure of basketball, the type of tactics and the type of role, so that the integration of comprehensive thinking and political elements can help students to enhance their physical abilities and strengthen their understanding of China's policies and guidelines, and enhance their knowledge and understanding of socialism with Chinese characteristics. In addition, in the teaching work carried out, but also actively use a perfect teaching guidance way, the dialectical materialism into the basketball teaching links, good to enhance the overall level of teaching, so that you can well enhance the teaching of thinking and political effect. Secondly, in the development of teaching based on professionalism, it is also necessary to set a scientific and reasonable overall teaching objective, and to clarify out the teaching focus.

3.2 Enriching teaching objectives

In the development of basketball teaching in colleges and universities, through the effective integration of the Civic and Political Science curriculum, a perfect teaching objective can be well formulated, and then enrich and improve the teaching methods, so as to enhance the teaching guidance ability. In the future, the actual learning level of students and the analysis of learning content should be regularly increased, while improving the physical needs of students, on the basis of the guarantee of learning skills, actively using the direct, concrete, participatory and practical approach of the physical education course, through the scientific and reasonable demonstration of the way to strengthen political awareness and ideological guidance, so as to Maximise the teaching effect of the physical education course ^[5].

3.2.1 Reasonable teaching objectives

In the teaching process, teachers need to focus on the basic skills of basketball as the main teaching content, followed by the technical aspects of teaching guidance, so that in the student learning process, based on the way of group teaching, to strengthen the effect of communication and interaction between students within the class. The use of a competitive relationship is handled in conjunction with the annual intra-school teaching and communication approach, resulting in a mutually reinforcing teaching and learning approach. In addition, the teaching is carried out in a way that actively fosters a sense of collective honour, while the use of comprehensive assessment of students can be very effective in enhancing learning.

3.2.2 Logical goals

In the future, the teacher will be the main teaching method and the main objective will be to explain and inspire so that the students can improve their understanding when participating in sport. In the future, teachers will also need to be able to identify specific teaching content based on the actual learning of students. The actual learning sessions for students need to be based on the teacher's inspiring language to reinforce knowledge and understanding of sport. For example, the practice of low-handed lay-ups in the marching room is a teaching guide for the coordination of students' hands and feet, which can improve the overall quality of students' learning and form a good basis and effect for their learning.

3.2.3 Ideological and emotional objectives

In the teaching guidance, the effective guidance of the ideological situation of the students is also an important consideration in the current teaching development. In the actual teaching, the students should gradually develop a good knowledge of the sport of basketball from a perceptual point of view. In particular, the sporting spirit of basketball is taught in a targeted way. This is a good fit with the development of the teaching of the course Civics, which can strengthen the students' deep knowledge of sportsmanship in a well-organised teaching. In the future, it is necessary to adapt the teaching curriculum to the actual situation of physical education in China, and teachers should actively improve their teaching skills and understand the current teaching situation so that they can solve some of the contradictions in the teaching process and strengthen the relevance of teaching, providing a good environment for students to learn and maximise the effect of teaching basketball sports. This will help students to improve their physical and mental abilities.

4. To sum up

In the development of college teaching, through the integration of curriculum thinking and basketball teaching work, can well help students to provide a good learning atmosphere, as well as the use of a more targeted teaching methods, can well provide a good space and foundation for students to learn, is in line with the current stage of China's important form of teaching.

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