

Analysis of Student Temperament Differences and Their Impact on School Education

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Abstract: In daily life, people will come into contact with various people. When communicating with different people, they will find that there are differences between individuals, and the feelings that each person exudes around them are different from each other. “I think you have temperament,” we often hear in our lives. This is clearly a commendatory statement, but the word “temperament” here is not a true understanding of temperament in a strict sense. Accurately speaking, temperament actually refers to a relatively stable psychological characteristic possessed by different individuals. The important manifestation of differences between individuals is the difference in temperament types. Therefore, understanding the different types of temperament, recognizing their differences, and applying them to education and teaching, so as to provide targeted education to students, explore the positive factors in different students’ temperament, and improve their overall comprehensive quality.

Keywords: Student Temperament; Different Differences; School Impact

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1. Introduction

The types and characteristics of temperament are compulsory subjects in educational psychology, and their significance is self-evident. Today’s society is an environment with a high degree of informatization, and the rapid development of education must adapt to the progress of the times. Therefore, teachers must correct inappropriate aspects of traditional education concepts to make them more suitable for contemporary students. We should transform the teaching that always regarded teachers as the main body into students being the main body of learning. Teachers should become the guide and facilitator of students’ learning, fully understand students, and grasp the temperament characteristics of each student and the differences between individuals. Mastering the teaching methods that should be used for each temperament type and classifying students’ temperament is beneficial for teachers to carry out targeted educational and teaching activities.

2. What is temperament

The description of different individuals and the different attitudes they exhibit towards the same thing, which is known as their temper and disposition, actually belong to temperament. Psychologists have made a professional and specific definition of temperament when studying individual differences. Individuals are born with a psychological activity characteristic activity that is greatly influenced by society, unlike personality. Temperament has a strong stability and exhibits early performance. The most important point is that personality can be divided into good and bad, but temperament is not divided into good and bad.

3. Specific types and characteristics of temperament classification

The classification and characteristics of temperament research have been defined differently by many scholars, which has laid a good foundation for future generations to study this content and provided a rich reference. In the formation of the theory of temperament, future generations have the highest degree of acceptance and development, and the most far-reaching impact so far was proposed by a doctor named Hippocrates in ancient Greece. He pointed out from the physiological level that there are four different liquids in the human body, namely blood, mucus, yellow bile, and black bile. On this basis, through the development of later generations, the characteristics of the physiological level and the psychological level were gradually combined, and the four liquids were classified accordingly. For many educators, they have learned the knowledge of psychology, and temperament, as an important component of psychology, is a must for educators to learn. There are four main types of temperament that are recognized: hyperemia, mucus, bilirubin, and depression. These types of temperament can clearly classify people. For educators, mastering these knowledge can help them grasp the temperament types of students, launch teaching activities for different types, and grasp the overall characteristics of students, in order to promote the effective implementation of teaching, and improve teaching effectiveness.

Multi blooded temperament is the first type of temperament, and students with this type of temperament generally exhibit lively, active, enthusiastic, and generous characteristics. In daily learning, there are often some people who are particularly good at handling interpersonal relationships. If they change their living environment, they can adapt very quickly, and they can quickly grasp the key points and respond to questions raised by teachers. This type of student will be loved by everyone in their collective learning and life, but their emotions and emotions can also show a lack of stability, and they cannot effectively regulate themselves. They are often attracted by other things and divert their attention. They also lack patience and long-term perseverance when facing some difficult problems and difficulties.

People with a mucinous temperament type tend to be calm and quiet, with strong self-control in controlling their emotions. Students of this type can feel that the emotions of the other person are generally relatively stable during contact, and are not prone to severe fluctuations, with internal hardness and external softness. Therefore, when encountering difficulties and problems in learning, they are able to sink their minds and think carefully, considering their group aspects. They tend to be gentle in temperament and have strong inner willpower, and are good at patience. However, this type of contemplative student lacks the vitality that students should have, has a single choice of ways to solve problems, and lacks flexibility in thinking.

A typical image of a bilious type of person is Zhang Fei from the Three Kingdoms. During the process of understanding students, it can be found that there are not a few students with this temperament. Generally, the characteristics presented are very energetic, often brave and decisive when facing problems, and able to respond quickly to questions raised, being sincere and simple. On the other hand, people with this temperament often exhibit a short temper, have a quick reaction to problems but are rash, are particularly susceptible to emotions, and lack thoughtful consideration.

From the name, it can be observed that the type of depressive temperament is mainly represented by the image of Lin Daiyu. Students with this temperament have no gender differences, and often exhibit a very deep sense of emotional experience, and are particularly sensitive to thinking. In the process of getting along with others, their every move will be observed by them. Therefore, they are often prone to thinking excessively and influenced by others' behavior, so they can detect places that others cannot feel when facing problems. This type of student is more sentimental, not good at communicating with others, indecisive about anything, and slow in action.

4. Inspiration of different temperatures of students for school education

4.1 Educators should correctly view students of different temperament types and establish correct concepts

The above describes different types of temperament and their characteristics. Educators conduct personality analysis and conduct teaching based on the different temperament of students. However, it must be clear that temperament is not good or bad, temperament is not equal to personality, there are good or bad personality, and temperament is innate and has strong stability. Therefore, each temperament has its advantages and disadvantages. When facing students with different temperaments, teachers often have a bias against individual temperament types of students, which requires educators to establish a correct outlook on temperament, not to have preferences or dislikes for different types of students based on their own temperament to achieve fairness and justice. In addition, temperament has no impact on students' intelligence, except that students with different temperament use different ways and thinking methods in the learning process.

4.2 Implementing individualized teaching and implement different teaching methods for students with different temperament types

The teaching strategy of teaching students in accordance with their aptitude is a teaching method derived from educational research that is suitable for different students, and it is also a concept and theory that every educator should understand. Confucius, the great sage, was the first person in China to propose the teaching method of teaching students according to their aptitude. Confucius has a very large number of students, and these students also come from different industries, with significant differences between individuals. Teachers should clarify the differences between students of different temperament types, guide them according to the characteristics of different temperament, and give play to the positive factors in their temperament to help students cultivate good learning habits and methods.

4.3 Helping students correctly understand their strengths and weaknesses and actively promote their strengths

The main teaching method adopted by the school education system is the class teaching system, which is also the current mainstream learning mode. However, this one-to-many teaching activity makes it difficult for teachers to take care of each student, and teachers' personal energy is limited. Therefore, students should be brought together in work and teaching to improve their sense of subjective responsibility, which can effectively reduce the unnecessary workload of teachers. For the classification of students' temperament, it is not only necessary for teachers to have the ability to distinguish, but also for teachers to popularize this aspect to students in teaching activities, so as to help students accurately grasp their own temperament types, control and transform the negative factors therein, and develop a positive side. According to the different temperament characteristics of students, some tasks suitable for their development can also be arranged to cultivate their advantages and good behavior habits.

5. Conclusion

In short, temperament is innate and has strong stability. However, after accurately grasping the characteristics of temperament, teachers can guide students to develop their positive factors and adjust and control their negative factors, which has very important implications for education. Classifying students with different temperaments can help teachers enhance their understanding of students, better conduct teaching, and solve students' problems in a targeted manner, thereby improving teachers' work efficiency. In addition, accurately grasping the characteristics of students' temperament can guide education in accordance with the situation, achieve teaching in accordance with their aptitude, and promote the comprehensive development of students.

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