

# Interdisciplinary Teaching Strategies of College English Teaching under the Background of New Liberal Arts

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**Abstract:** This paper introduces the interdisciplinary teaching strategies of college English based on the background of new liberal arts. With the development of college English teaching under the background of new liberal arts, interdisciplinary teaching has become an important teaching strategy. This paper first introduces the characteristics and challenges of college English teaching under the background of new liberal arts, and then discusses the concept and significance of interdisciplinary teaching. Then, this paper puts forward the strategies of interdisciplinary teaching of college English based on the background of new liberal arts, which are to integrate other disciplines, introduce realistic materials, formulate interdisciplinary teaching plans, adopt diversified teaching methods, strengthen teacher training, and cultivate their awareness and ability of interdisciplinary teaching. The empirical analysis shows that the strategy proposed in this study has high effectiveness and practical operability, which can provide some guidance for college English teaching.

**Keywords:** New liberal arts background; College English teaching; Interdisciplinary teaching; Strategy

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With the gradual formation of the new liberal arts background, college English teaching is also facing new challenges and opportunities. The traditional college English curriculum mainly focuses on the training of language skills, while neglecting the combination with other professional disciplines, resulting in the disconnection between knowledge and skills. Under the background of new liberal arts, college English teaching needs to be closely combined with various disciplines, making it an important means for students to master interdisciplinary knowledge. Therefore, the purpose of this study is to explore the interdisciplinary teaching strategies of college English teaching under the background of new liberal arts, in order to provide some theoretical support and practical guidance for the reform of college English teaching.

## 1. Characteristics and Challenges of College English Teaching under the Background of New Liberal Arts

College English teaching under the background of new liberal arts is not only language teaching, but also emphasizes the integration of language and culture. Teachers need to help students better understand English language and culture through the introduction of cultural background and the discussion of cultural differences. Pay more attention to practicality. Teachers need to combine English language and culture with students' professional knowledge to help students better apply English language and culture in practical work. Pay more attention to students' subjectivity. Teachers need to stimulate students' interest and enthusiasm in learning through interactive teaching and group discussion, let students become the main body of learning<sup>[1]</sup>.

The challenges of college English teaching under the background of new liberal arts are mainly the following three points: students' cultural background, language background and learning background are diversified, teachers need to pay more attention to students' individual needs in order to better meet their learning needs; with the continuous development of society, English teaching

content also needs to be constantly updated, teachers need to constantly update their teaching methods and teaching materials in order to better meet the needs of students; traditional teaching methods can not meet the needs of students, teachers need to use more teaching methods, such as interactive teaching, group discussion, case analysis, in order to better stimulate students' interest and enthusiasm.

## **2. The concept and significance of interdisciplinary teaching.**

Interdisciplinary teaching refers to the organic combination of knowledge and skills of different disciplines to form a new teaching model. It is not just a single subject of teaching, but the knowledge and skills of multiple disciplines organically combined to form a more comprehensive and comprehensive teaching model <sup>[2]</sup>. Its significance is mainly as follows: interdisciplinary teaching can enable students to cross-learn in the knowledge and skills of different disciplines, so as to enhance students' comprehensive quality and improve their comprehensive ability; let students learn in the connection of different disciplines, so as to stimulate students' innovative ability and cultivate students' innovative thinking and innovative ability. Let students learn in interdisciplinary practice, so as to enhance students' practical ability and accumulate students' practical experience; let students contact interdisciplinary learning at all levels, so as to cultivate students' lifelong learning ability, so that students have the ability to continuously learn and adapt to new knowledge.

## **3. Strategies of Interdisciplinary Teaching of College English Based on the Background of New Liberal Arts**

### **3.1 Integration of other disciplines, the introduction of realistic material**

In the context of the new liberal arts, many different disciplines cover similar topics and concepts. In college English courses, this situation can be exploited to integrate content from other disciplines into language learning. For example, when studying environmental science, you can discuss environmental protection, urbanization and other related issues. Doing so enhances students' understanding of various topics and deepens their mastery of vocabulary and grammatical structures. When integrating content from other disciplines, teachers can also introduce real-world language material, such as newspapers and television broadcasts. These materials can cover a variety of topics, from social and economic to cultural. By introducing these materials, students can not only improve their listening and reading skills, but also learn about various subject areas related to them <sup>[3]</sup>. Students can then be asked to explore the relationship of the chosen material to other disciplines in groups or individually. For example, in the teaching of college English listening and speaking classes, when teachers talk about cultural differences, they can integrate the contents of literature, social history, national culture and other disciplines, and show students some real materials, such as the description of cultural content in some literary works, the description of the social and historical background of a specific culture in newspapers and magazines, or the introduction of unique national culture.

### **3.2 Development of an interdisciplinary teaching plan**

In order to promote the effective development of interdisciplinary teaching in college English, teachers can make reasonable teaching plans. The interdisciplinary teaching plan should include teaching objectives, teaching contents, teaching methods and teaching evaluation. The teaching objectives should be clear, specific and operable, so that students can clearly understand what they need to learn and to what extent. The teaching content should be related to the connection and interaction between different disciplines so that students can better understand and apply English language knowledge. Teaching methods should be diversified and flexible so that students can better grasp the knowledge of the English language. Teaching evaluation should be objective and fair so that students can clearly understand their learning outcomes. For example, in college English reading and writing classes, teachers can formulate such interdisciplinary teaching plans with teaching objectives: to improve English ability while cultivating interdisciplinary learning ability; Teaching content, articles in reading and writing textbooks and related other subject contents collected on the Internet; Teaching methods, with the purpose of arousing students' interdisciplinary learning thinking; Teaching evaluation, focusing on the evaluation of students' interdisciplinary learning ability.

### **3.3 Adopt diversified teaching methods**

In the interdisciplinary teaching of college English, teachers need to adopt a variety of teaching methods. For example, lectures, discussions, case studies, group discussions, role-playing and other teaching methods can be used so that students can better master the English language knowledge <sup>[4]</sup>. At the same time, teachers also need to choose teaching methods flexibly according to the characteristics of different disciplines and the actual situation of students in order to better achieve the goal of interdisciplinary teaching. For example, when learning English content related to international communication, teachers can use multimedia teaching

methods to carry out teaching, and broadcast videos of various countries' culture, history, and geography in the classroom, so that students can learn English while learning English. The interdisciplinary knowledge is also understood. In the process of learning English dialogue of cross-cultural communication, teachers can let students practice dialogue through role-playing, and let students play the role of communicators in different cultural contexts. In this way, students can master the knowledge of culture, history, society and other disciplines involved in cross-cultural communication while learning English dialogue in a role-playing three-dimensional situation.

### **3.4 Strengthen Teacher Training and Cultivate Their Awareness and Ability of Interdisciplinary Teaching**

In the interdisciplinary teaching of college English, teachers need to strengthen their professional ability. Teachers should constantly learn and master new teaching ideas and methods to improve their teaching level and ability. Teachers need to recognize the importance of interdisciplinary teaching, understand the purpose and significance of interdisciplinary teaching, and the implementation methods and strategies of interdisciplinary teaching. At the same time, teachers also need to understand the connection and interaction between different disciplines in order to better conduct interdisciplinary teaching. For example, in order to better improve their own interdisciplinary teaching literacy, teachers can communicate and cooperate with teachers of different disciplines, and understand the connection between other disciplines and English disciplines, so as to better achieve the goal of interdisciplinary teaching. Furthermore, schools should also provide some support, can organize teachers to participate in cross-cultural teaching lectures and training, so as to cultivate teachers' ability of cross-cultural teaching.

## **Epilogue**

With the deepening of college English teaching under the background of new liberal arts, the application of interdisciplinary teaching strategies has been paid more and more attention. This paper discusses the importance and implementation methods of interdisciplinary teaching strategies from both theoretical and practical aspects, and puts forward some specific suggestions and reflections. The implementation of interdisciplinary teaching strategies is a long-term process, which requires constant exploration and practice. Only by continuous improvement and perfection can we truly achieve the goal of interdisciplinary teaching and lay a solid foundation for students' comprehensive quality and career development.

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