

# Discussion on Music Teaching in Colleges and Universities Based on Orff Music Pedagogy

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**Abstract:** Based on the analysis of the characteristics of Orff music teaching method, this paper puts forward the strategy of applying Orff music teaching method in college music teaching, including strengthening the analysis of traditional music teaching content, comparing teaching different music types, and focusing on cultivating students' innovation ability. Through these strategies, we hope to provide useful references for music education in colleges and universities in China.

**Keywords:** Orff music pedagogy; College Music Education; Teaching strategies

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## Introduction:

With the development and progress of China's society, people's requirements for culture and art are getting higher and higher, and Orff music teaching method is the most representative one in Western modern music education. In this context, colleges and universities have also begun to reform the traditional education methods, gradually focusing on cultivating students' comprehensive quality, this paper will take Orff music teaching method as the starting point to conduct research on college music teaching.

## 1. Introduction and significance of Orff Music Pedagogy

Orff Music Pedagogy was founded by the famous German composer and educator Orff, which has a far-reaching influence in Western modern music education and has had an important impact on the reform of music education concepts. Under the influence of Orff music teaching method, the concept of modern music education in the West has been greatly improved, and teachers pay more attention to students' interests and hobbies, and pay attention to cultivating students' comprehensive quality. Different from traditional music education, Orff music pedagogy attaches great importance to the cultivation of students' creativity and imagination, in this way, it can not only stimulate students' interest in music learning, but also create more opportunities for students to express themselves.

In Orff music pedagogy, teachers conduct teaching activities by fusing the body and musical instruments together. This teaching method is very in line with the needs of modern social development, can create more learning opportunities for students, and can also improve students' physical fitness and artistic accomplishment. In addition, Orff music pedagogy also integrates music with other disciplines, so that students can improve their comprehensive quality and artistic accomplishment while learning knowledge <sup>[1]</sup>.

Second, the current situation of the application of Orff music teaching method in college music teaching

### 1.1 Insufficient understanding of this pedagogy.

In China, there is still a lack of understanding of Orff music pedagogy, and many teachers do not understand it deeply enough, thinking that Orff music pedagogy is improvisation, improvisational singing, etc., and think that these teaching methods are only suitable for primary and secondary school music education. These perceptions will affect teachers' use of Orff music pedagogy, and even the misconception of Orff music pedagogy as an auxiliary means will appear.

### 1.2 There are difficulties in practical application

Due to the deepening of the reform of China's education system and the continuous improvement of the quality requirements

of society for college teachers, China's colleges and universities pay more and more attention to the improvement of students' comprehensive quality in the actual teaching process. However, Orff music teaching method, as an important part of the Western modern music education system, has certain difficulties, so college teachers will encounter many difficulties in the actual teaching process, for example, some students are unwilling to learn the content of traditional music courses, and they are not interested in traditional music courses.

## **2. Discussion of Orff Music Pedagogy in College Music Teaching**

In the actual teaching process, Orff divides music into several links according to students' characteristics and learning habits, and carries out teaching activities by designing and arranging these links, these links are: rhythm, melody, rhythm, sight singing, music theory, appreciation, etc. In teaching, Orff attaches great importance to cultivating students' creative thinking and comprehensive ability. He said: "If people can feel music in different ways, they will have different perceptions and experiences. Therefore, we should fully perceive music, rather than relying only on the role of ears, eyes and other senses. Based on this, Orff music pedagogy has had a positive impact on music education in colleges and universities in China. This article will discuss the following aspects:

### **2.1 Improve the quality of vocal music teaching with the help of Orff music pedagogy**

The main purpose of Orff Music Pedagogy is to develop students' ability to innovate. In teaching, teachers need to take students' personality and creativity as the main cultivation goal, take students as the real subject, stimulate students' interest and enthusiasm by creating teaching atmosphere, setting games, organizing activities and other methods, so that students can actively participate in music teaching. For example, when learning vocal music, teachers can adopt a group cooperative teaching method, forming students from different voices into a group, so that they can learn and progress together for a period of time. At the same time, teachers can set up some vocal-related game activities, such as "Little Star" and other songs contain musical elements such as scales and rhythms, and teachers can guide students to sing through the organization of these game activities. In addition, teachers can also let students imitate the teacher to sing, which not only exercises students' cooperation and performance skills, but also enables students to participate more actively in music teaching<sup>[2]</sup>. In short, teachers should continue to innovate and make progress in the teaching process, so as to provide students with better learning resources and conditions.

### **2.2 Use posture rhythm to carry out sight-singing ear training teaching activities**

Sight singing ear training is an important part of music teaching in colleges and universities, and it is also an important means to improve students' music level. Ear training teaching is an important method to test students' musical level, and its main function is to enable students to master the correct roll call and pitch through ear training through sight singing, laying a foundation for learning other music courses. In the teaching of sight singing ear training, teachers can use the method of posture rhythm to enhance students' interest in learning, and carry out sight-singing ear training teaching activities through posture rhythm, which can not only enhance students' interest in learning, but also enhance their understanding and mastery of music rhythm knowledge. Conducting ear training through this method allows students to master and consolidate the basic knowledge and basic skills of music in a lively and interesting way. Throughout the process, teachers should pay attention to guiding and encouraging students to try and innovate boldly.

### **2.3 Innovate Orff teaching ideas and optimize the effect of music teaching**

Orff music pedagogy is based on cultivating students' comprehensive quality, focusing on cultivating students' musical and artistic ability, enabling them to gradually master musical knowledge and skills in practice, cultivating students' sense of musicality, rhythm and imagination, and improving their comprehensive quality. At the same time, the Orff pedagogy also emphasizes the stimulation of students' interest and enthusiasm in learning through music teaching, so that they can become interested in music learning, so that students can better learn music. In the traditional college music teaching in China, teachers often only pay attention to the teaching of theoretical knowledge, ignoring students' practical ability and innovation ability, which is not conducive to the improvement of students' comprehensive quality. Orff Music Pedagogy enables students to learn knowledge in a relaxed and pleasant atmosphere through the creation of situations and game teaching, so that they can master and apply knowledge in practice. This teaching method can effectively stimulate students' interest and enthusiasm for learning, therefore, college teachers should strengthen the innovation and application of Orff teaching method, constantly optimize the music teaching effect, and cultivate more comprehensive talents with innovative spirit and practical ability<sup>[3]</sup>.

### **2.4 Choose the right time to infiltrate national culture in music teaching**

Infiltrating national culture in music teaching is an important way to cultivate students' musical aesthetic ability. For example,

when appreciating "Jasmine", teachers can combine it with the folk music of ethnic minorities in our country and combine it with modern music, which can not only enrich students' knowledge structure, but also stimulate students' interest in national culture. In addition, teachers can also combine Chinese opera music, folk song and dance music with music, in this case, students can not only learn traditional cultural knowledge, but also improve their own artistic accomplishment. In addition, teachers can also guide students to learn national culture knowledge through performing national dances and other methods in actual teaching, so as to improve students' sense of identity with national culture. In short, it is very necessary to infiltrate national culture in music teaching, which can not only enable students to master more national knowledge and skills, but also cultivate students' sense of identity with national culture.

### **3. Conclusion**

Orff music teaching method is the most representative teaching method in Western modern music education, which combines music teaching and students' emotional experience, and achieves the purpose of developing students' intelligence, enhancing students' emotional experience, and cultivating students' comprehensive quality through some simple actions and activities. Through the analysis of the characteristics of Orff music pedagogy, we can find that it is not only conducive to improving students' interest in music learning, but also conducive to cultivating students' creative thinking. Therefore, the introduction of Orff music teaching method in college music teaching can effectively improve the quality and effect of college music teaching.

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