

# Research on the Educational Function of Military Training and Its Realization Path Under the Perspective of Great Ideological and Political Courses

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**Abstract:** The military training course is the key course to help students develop their world outlook, outlook on life and values. We must make full use of students' military training as an opportunity to educate people, guide students to enhance their national defense awareness, cultivate students' patriotism, and achieve the major goal of cultivating successors to socialism with Chinese characteristics in the new era. This paper focuses on the education function of military training course, and carries out a further exploration on its realization path.

**Keywords:** Ideological and political course; Military training;

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## 1. History and purpose of military training

Military training is short for military training for school students, which refers to the requirements of the "Military Service Law of the People's Republic of China", "National Defense Education Law of the People's Republic of China" and other laws and regulations, military training for school students, such as formation, shooting and other military training, so that students can feel the daily life of the army, training, rooted in students' national defense awareness, and cultivate students' patriotism.

### 1.1 Historical evolution of military training

According to historical records, "military training" can be traced back to the Western Zhou Dynasty, when the military training mainly practiced martial arts, instructors were mostly army personnel, the main content of archery and chariot-driving methods and so on. This is the earliest written record of students' military training in our history.<sup>[1]</sup>

Since the founding of New China, China has paid attention to military training and other national defense education in schools, which has a tortuous history of more than 70 years. On January 4, 1955, the People's Daily published an editorial on the topic of "Regular national defense education to the people", emphasizing the need to organize young students to carry out national defense sports activities, and the military training work at this time was mainly closely linked with the situation at home and abroad. In December 1984, according to the Notice on the Pilot Work of Student Military Training in colleges and universities and senior middle schools jointly issued by the State Education Commission and other eight ministries and commissions, pilot military training for students in some colleges and middle schools began in the following year. The pilot program ended in 2001, and then the "2003-2005 National Student Military Training Work Development Plan" was formulated, and the military training work of students was carried out in an all-round way, which marked that the national defense education work of Chinese universities and primary and secondary schools has entered a new historical stage.

### 1.2 Purpose of military training

The purpose of military training in schools is to exercise students' physical quality through military training. We should carry out patriotism and collectivism education, strengthen students' awareness of national defense, and improve their ideological and political quality. Then improve the comprehensive quality of students, and finally realize the purpose of education.

## **2. The function of military training under the vision of ideological and political course**

### **2.1 Help to cultivate students' awareness of national security**

Military training can enable students to deeply understand the national security responsibility shoulded by the army in the process of military training, make them clearly realize the national security situation, and implant the sense of "there is no country where there is home" in their hearts. Military training is a compulsory course, which can let students understand the national defense situation, recognize the changing environment of the world, and effectively enhance students' national security awareness.

### **2.2 Help to enhance students' patriotism**

Military training instructors are mostly composed of active-duty officers and soldiers or veterans of the army, some schools take the school student flag guard, student guard team and other personnel, such personnel or have the experience of defending the home and the country, or have the experience of guarding the national flag and guarding the campus, are patriotic and home-loving practitioners. Through the words and deeds of the military training instructors to the students, under the subtle influence of the instructors' patriotic and family-loving quality more deeply into the hearts of the students.

### **2.3 Help to improve students' physical quality and spiritual temperament**

In the process of military training, each exercise class of more than 45 minutes, continuous training during the day for 6 to 8 hours, continuous military training is also to sharpen the students' bodies, and improve the students' physical health quality; At the same time, students are constantly bathed in sunlight in the military training field, and medical studies have suggested that basking in the sun can help cultivate a broad mind. In addition, the military posture training in the process of military training requires students to do "small abdomen, natural chest, upper body integrity, two eyes forward level", which has played a good correction to the students' standing posture. It has played a great role in improving students' spiritual temperament.

### **2.4 Help to enhance students' ability to withstand pressure**

College and secondary school military training for 7 days to 14 days, in the process, students to learn to queue, military singing, training and other training subjects, and to achieve the same pace with the company students, students in such a short period of time to overcome the difficulties are very much. In this process, instructors continue to inculcate the training concept of "shedding blood and sweat without tears, shedding skin and flesh without falling behind", and the belief that "others are strong, and you should be stronger" is constantly implanted in the heart, so that students constantly overcome difficulties physically and psychologically, which greatly exercises the students' courage not to be afraid of hardship and struggle, and enhances the students' ability to resist pressure.

### **2.5 Help to cultivate students' sense of organization**

Military training requires all members to come together, and queue training, pulling and singing competitions require all team members to work together and keep pace. At the same time, in the process of military training, accompanied by activities such as team evaluation, evaluation is accompanied by the achievement of honor, in the process of collective unity, pioneering excellence, students more deeply realize the importance of unity, the importance of the collective, feel a great sense of collective honor, greatly help students develop a sense of organization.

### **2.6 It helps to establish students' firm ideals, beliefs and values**

Ideal and belief education is the core of ideological and political education. Under the background of ideological and political education, military training is an important part of ideal and belief education. In the process of military training, through words and deeds, instructors transmit their excellent quality and firm ideals and beliefs to students, enhance students' sense of responsibility and mission, and help them form correct ideals and beliefs.

## **3. The realization path of the function of military training under the vision of the ideological and political course**

### **3.1 Strengthen military and civilian cooperation, improve the management of self-training mode, and effectively strengthen the construction of instructor teams**

Military training is inseparable from military cooperation, all military training content should be based on the rules and regulations of the army, colleges and universities should effectively strengthen the contact and cooperation with the army, in the process of communicating with the army training matters, as far as possible to ask the army to send instructors with high cultural quality and high military quality "double high" instructors to carry out military training work in colleges and universities. In addition, the training content of the army is constantly updated and changed, but the military training of some colleges and universities only stays in the

basic content such as queue training, the content is simple and boring, and students are easy to feel bored. Therefore, the content of military training and military training content design arrangement should be targeted and fit with the characteristics of contemporary students. In terms of military training content, "high-burning" subjects such as emergency gathering, anti-terrorism drills, and battlefield medical aid can be appropriately added. These subjects not only meet the psychological characteristics of students seeking novelty, but also train students' emergency response ability to deal with emergencies.

### **3.2 Innovate the cooperation model of "Instructor + instructor (class teacher)"**

Whether in middle schools or colleges, there are teachers who are specially responsible for the work of students, in middle schools, most of the class teachers are responsible for their class students, and in colleges and universities, most of the teachers are counselors. Military training courses belong to the ideological and political courses, is a part of the education course, the instructor (class teacher) in the process of military training has an irreplaceable role.

### **3.3 Use news propaganda to mobilize students' enthusiasm for military training**

News propaganda plays a leading role in the construction of campus culture, which can not only promote the development of the school in the new era, but also strengthen the competitiveness and cohesion between teachers, students and the majority of staff.<sup>[2]</sup> Currently, the forms of Douyin, Weibo and wechat public accounts are developed, and students generally obtain information from short videos and quick reading. Schools should make good use of such new media publicity platforms to publicize military training activities to students, including propaganda before and during military training.<sup>[3]</sup>

### **3.4 Using the "Defense Online" client to improve the effect of military training**

The "Defense Online" client lowers the threshold for students to learn military skills, highlighting the trend of future teaching development - anytime, anywhere, authoritative and comprehensive teaching, perfect use of official teaching resources of the army, but also let more students understand the army, familiar with the army, yearning for the army.<sup>[4]</sup>

### **3.5 Increase supporting educational activities to enrich the content of military training**

Educational activities include patriotism education, knowledge education, life education and so on. At present, the main content of military training is the formation training and other military content, while taking into account air defense drills, fire drills, emergency rescue and other emergency training, but as one of the ideological and political courses, military training should not be limited to such content, in the process of military training can also carry out patriotic education activities and life education.

## **4. Summarize**

To carry out military training among students is to seek the great cause of national rejuvenation and promote the overall situation of rich country and strong army.<sup>[5]</sup> Military training is an important way and a special form to improve the quality of quality education. A good command of military training is conducive to sharpening students' will and cultivating students' core values. Middle schools and colleges throughout the country should attach importance to military training courses, constantly seek new models and explore new methods in military training courses, and implement military training and education work, so as to contribute to the training of qualified socialist builders and successors.<sup>[6]</sup>

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