Research on the two-way integration mode between teachers and counselors of ideological and political courses in colleges and universities based on students' sense of gain

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Abstract: The purpose of this study is to explore the two-way integration model of college ideological and political course teachers and counselors based on students' sense of gain. Through the research on the teaching effect of ideological and political course teachers and counselors in colleges and universities, it is found that there are some deficiencies in the current ideological and political education students' sense of gain. In order to improve students' sense of gain in ideological and political education, this study puts forward a two-way integration mode of countermeasures and suggestions, so as to enhance students' learning interest in ideological and political courses and daily participation in ideological and political education, and improve their learning effect and comprehensive quality. This study has certain reference significance for the teaching practice of ideological and political courses and the work of ideological and political education.

Key words: students' sense of gain; Ideological and political teachers; Counselor; Two-way integration; Mode

Introduction: Entering the new era, ideological and political work in colleges and universities has ushered in a new situation and new opportunities. According to the requirements of "eight unification" and the principle of unification of theory and practice, the integration and cooperation of two important ideological and political work teams in colleges and universities, that is, the team of ideological and political teachers and the team of counselors, is the need to promote the reform and innovation of ideological and political theory courses; It is the need to realize the creative transformation from "ideological and political course" to "curriculum ideological and political course". However, the traditional ideological and political education has some problems, such as students' low interest in learning and poor learning effect. Therefore, how to improve the effect of ideological and political education based on students' sense of gain has become an urgent problem for the teachers and counselors of ideological and political education in colleges and universities.

1. The characteristics and current situation of ideological and political education in colleges and universities based on students' sense of gain

As the Party Central Committee attaches great importance to the reform and innovation of colleges and universities and the optimization of teaching mode, the ideological and political education has achieved remarkable results. At present, the characteristics of diversified teaching content, innovative teaching methods, tutorial system guidance, emphasis on practical teaching and comprehensive evaluation mechanism are generally presented, which are mainly reflected in the following aspects:

- 1. Diversification of teaching content: Ideological and political education in colleges and universities pays attention to the design of diversified teaching content according to the actual needs and interests of students. The teaching content includes social hot spots, practical cases, personal growth experiences, etc., which can arouse students' interest and resonance, and improve students' learning enthusiasm and participation.
- 2. Innovative teaching methods: Ideological and political education in colleges and universities adopts innovative teaching methods, such as case analysis, group discussion, role play, etc., focusing on students' subjectivity and interaction, stimulating students' thinking and creativity. The teaching methods are flexible and diverse, which can meet the different learning needs and styles of students.
- 3. Tutorial system tutoring: Ideological and political education in colleges and universities provides personalized guidance and care for students through tutorial system tutoring. The tutor establishes a good teacher-student relationship with the students, pays attention to the growth and development of the students, helps the students solve the ideological and academic confusion, and improves the students' sense of participation and learning effect.
- 4. Attach importance to practical teaching: Ideological and political education in colleges and universities pays attention to combining theoretical knowledge with practice. Through organizing practical activities, social practice and other forms, let students personally participate in social practice, deepen the understanding and knowledge of ideological and political courses, and improve students' practical operation ability and comprehensive literacy.
- 5. Comprehensive evaluation mechanism: The ideological and political education work in colleges and universities should establish a scientific and perfect evaluation mechanism, focusing on the comprehensive evaluation of students' ideological and moral quality and comprehensive accomplishment. The evaluation not only pays attention to the superficial achievements of students, but also pays more attention to the development of students' ideological quality, moral behavior, social responsibility and other aspects, so as to encourage students to develop and grow in an all-round way.

However, ideological and political education work in colleges and universities is not only curriculum teaching, but also an important way to train socialist builders and successors with all-round development of morality, intelligence, physical fitness, the United States and labor. Under the new historical conditions, to carry out the basic task of fostering morality and cultivating people, there are still some problems and challenges in the ideological and political education work in colleges and universities:

(1) Students' sense of gain is not high: students' sense of gain refers to the positive experience of college students in the process of



receiving ideological and political education, in the aspects of personality, ideology, knowledge, ability and so on, and ultimately promote their own comprehensive and lifelong development. However, ideological and political education lacks interaction and communication with students, and some students' participation in ideological and political education activities is not high, lacking of initiative and enthusiasm. Students' opinions and suggestions are often not fully listened to and fed back. Students may feel that their voices are ignored and it is difficult for them to develop a sense of identity and acquisition of ideological and political education.

(2) Lack of coordination between ideological and political teachers and counselors: Ideological and political teachers and counselors are influenced by "specialization of skills" in their ideological understanding, and ideological and political teachers feel that they do not know enough about student management and service and their ability is limited; While the counselors are busy with student affairs all day and have accumulated a lot of work experience, but their academic ability and theoretical level are slightly lacking, and their ability to convert practice into scientific research is relatively weak. The lack of confidence of the two teams affected the enthusiasm of collaborative education, resulting in the ideological and political theory teaching and daily ideological and political education can not form a good situation of the same frequency resonance.

2. The significance of the two-way integration of teachers and counselors of ideological and political courses in colleges and universities based on students' sense of gain

The integrated development of the two teams of ideological and political teachers and counselors in colleges and universities can realize the advantages of sharing teaching resources, diversifying teaching methods, more comprehensive care for students and improving teaching effects. This will help the ideological and political education in colleges and universities to better meet the needs of students, enhance students' sense of gain, and train socialist builders and successors with all-round development of morality, intelligence, physical fitness, the United States and labor.

- 1. Sharing of teaching resources: Ideological and political teachers and counselors have different professional backgrounds and teaching experience, and they can learn from each other, exchange and share teaching resources. Ideological and political teachers can obtain rich practical cases and students' psychological counseling experience from counselors, and counselors can obtain professional teaching methods and textbooks from ideological and political teachers. Such resource sharing can enrich the teaching content and improve the teaching effect.
- 2. Diversified teaching methods: Ideological and political teachers and counselors have different teaching methods and methods, and they can learn from and supplement each other. Ideological and political teachers pay attention to imparting and explaining theoretical knowledge, while counselors pay attention to and guide students' mental health. The integration of the two can make the teaching methods more diversified and better meet the learning needs and growth needs of students.
- 3. More comprehensive care for students: Ideological and political teachers and counselors pay attention to students' ideological and moral education and mental health education. Ideological and political teachers are responsible for implanting ideological and moral theory knowledge and guiding students to establish a correct world outlook, outlook on life and values; Counselors are responsible for paying attention to students' mental health and providing psychological counseling and guidance. The integration of the two can make students get more comprehensive care and guidance, which is conducive to the all-round development and growth of students.
- 4. Improve the teaching effect: The integrated development of ideological and political teachers and counselors can improve the teaching effect. Ideological and political teachers can help students master ideological and moral knowledge through professional teaching methods and textbooks; Counselors help students solve psychological problems through mental health education and counseling. The integration of the two can make students get comprehensive promotion in ideological morality and mental health, and improve students' comprehensive quality and competitiveness.

3. Based on students' sense of gain, college ideological and political course teachers and counselors two-way integration mode

The two-way integration of ideological and political teachers and counselors refers to the close cooperation between them to jointly provide support and guidance for students' ideological and moral education and all-round development. This two-way integration mode can be reflected in the following aspects:

- 1. Collaborative design of teaching content: Teachers and counselors of ideological and political courses can jointly design teaching content to ensure that the teaching objectives of ideological and political courses and the work objectives of counselors are connected. For example, the teacher can introduce some practical cases or problems into the class, and the counselor can guide and deepen the students' thinking and discussion in the after-class tutoring activities.
- 2. Collaborative application of teaching methods: Teachers and counselors can jointly explore and apply appropriate teaching methods to improve the teaching effect of ideological and political courses. For example, teachers can adopt interactive teaching methods, and counselors can use group discussion, role playing and other methods in tutoring activities to promote students' participation and thinking.
- 3. Collaborative solution of students' problems: Teachers and counselors can jointly pay attention to students' problems and perplexities and provide necessary help and guidance. Teachers can guide students to raise questions in class, and counselors can answer and solve students' problems in tutoring activities to promote students' learning and growth.
- 4. Collaborative guidance of student development: Teachers and counselors can jointly pay attention to the overall development of students and guide students to establish a correct outlook on life and values. The teacher can guide the students to think about the meaning of life and the pursuit of value in the classroom, and the counselor can guide and guide the development planning and confusion of the students

in the counseling activities.

Through the cooperative education between teachers and counselors, the teaching of ideological and political courses can be closer to the actual needs and interests of students, improve students' learning participation and sense of gain, and cultivate students' ideological and moral quality and comprehensive accomplishment. At the same time, it can also promote the mutual learning and communication between teachers and counselors, and improve the professional level and educational ability of teachers and counselors.

4. Based on students' sense of gain, college ideological and political course teachers and counselors two-way integration countermeasures and suggestions

1. Strengthening teacher training

Provide professional training for ideological and political teachers and counselors so that they can understand each other's professional knowledge and teaching methods. Ideological and political teachers can receive training related to psychology to understand the basic knowledge and methods of students' mental health; Counselors can receive training related to ideological and political courses to understand the teaching content and methods of ideological and political courses. In this way, communication and understanding between them can be enhanced.

2. Establish a cooperation mechanism

Schools may establish a cooperation mechanism between ideological and political teachers and counselors to promote cooperation and exchanges between the two sides. For example, regular activities such as symposiums and seminars between teachers and counselors can be organized to share experience in teaching and psychological counseling. At the same time, cross-departmental working groups can be established to jointly develop teaching plans and teaching methods, and jointly pay attention to students' ideological and moral education and mental health.

3. Promoting interdisciplinary cooperation

Ideological and political teachers and counselors can carry out interdisciplinary cooperation in teaching, and jointly pay attention to students' ideological and moral education and mental health. For example, the content of mental health education can be introduced into the ideological and political classes so that students can understand their mental health status and ways to solve psychological problems; At the same time, the content of ideological and political lessons should be integrated into the mental health education to guide students to establish a correct world outlook, outlook on life and values.

4. Strengthen the communication platform between teachers and counselors

Schools may establish communication platforms between teachers and counselors to promote communication and interaction between the two sides. For example, an online teaching platform can be established so that teachers and counselors can communicate and share teaching resources online; At the same time, an online psychological counseling platform can be established so that students can access psychological counseling and guidance anytime and anywhere.

Through the above strategies and suggestions, it can promote the two-way integration of ideological and political course teachers and counselors in colleges and universities, improve the quality and effect of ideological and political education in colleges and universities from the perspective of improving students' sense of gain, and finally realize the goal of sharing teaching resources, diversifying teaching methods and comprehensively caring for students.

5. The conclusion

To sum up, the two-way integration model between teachers and counselors of ideological and political courses based on students' sense of gain is an effective way to improve the teaching effect of ideological and political education. The implementation of this two-way integration mode can effectively improve students' interest in and participation in ideological and political courses. With the joint efforts of teachers and counselors, students can better understand and accept the content of ideological and political courses, and enhance their ideological and moral literacy and comprehensive quality. At the same time, teachers and counselors can also interact with students to understand their daily needs and perplexities, and jointly promote the all-round development of students' ideological and moral literacy and comprehensive quality.

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