

# A study on the Construction of “four-in-one” Mode in College English from the Perspective of Curriculum Thought and Politics

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**Abstract:** With the progress of The times, the social demand for talents is constantly changing. In this process, college English teaching is also facing new challenges and opportunities. In order to meet these challenges and opportunities and realize the effective connection between talent training and the needs of social development, it is necessary to aim at the four talents training goals of “knowledge transfer, cultural inheritance, value guidance and ability cultivation”, build a “four-in-one” mode of college English teaching and promote the all-round development of students. This paper begins with the connotation of ideological and political education and its application value in college English courses, and discusses the construction path of this model, aiming at providing references for peers.

**Key words:** curriculum thought and politics; College English; “Four-in-one” mode; Construction strategy

## I. Curriculum ideological and political connotation

Curriculum Thought and politics is an educational concept, which emphasizes the integration of ideological and political education into various courses in order to cultivate students' all-round development. Combining with relevant literature and teaching practice, this paper summarizes the connotation of curriculum ideology and politics into the following aspects. First, it is the shaping of values. Curriculum thinking emphasizes the integration of socialist core values into various courses to guide students to establish a correct world outlook, outlook on life and values. By promoting the ideological and political mode of the curriculum, students can have a deep understanding of the connotation of socialist core values and internalize them into their own code of conduct. Secondly, it is critical thinking. The course encourages students to use critical thinking to analyze problems and guide them to make correct judgments in the face of moral dilemmas. Mastering critical thinking helps to cultivate students' independent thinking and problem-solving ability. Third, the sense of social responsibility. The ideological and political curriculum focuses on cultivating students' sense of social responsibility, guiding them to pay attention to social problems, actively participate in social practice, and make contributions to social progress. By promoting the ideological and political mode of the course, students can be encouraged to apply what they have learned to real life and realize the unity of personal value and social value. Finally, cultural self-confidence. The curriculum strategy also focuses on cultivating students' cultural self-confidence, requiring teachers to guide them to inherit and carry forward the excellent traditional Chinese culture and enhance national pride. Such cultural confidence helps students better understand and respect diverse cultures, laying the foundation for international exchanges and cooperation.

## II. The value implication of integrating curriculum ideology and politics into college English teaching

With the deepening of globalization, English, as the universal language of international communication, plays an important role in higher education. In order to cultivate more competitive graduates, many colleges and universities are actively implementing English teaching and integrating ideological and political education into the curriculum. This reform of talent training mode is not only conducive to the growth of students, but also has far-reaching significance in improving the quality of courses and promoting the reform of English teaching. First of all, it is conducive to the overall growth of students. In learning English, students not only need to master the language knowledge, but also need to broaden their horizons and understand the values in different cultural backgrounds. Through the integration of ideology and politics in the course, students can better understand the differences between Chinese and foreign cultures and cultivate their cross-cultural communication skills. Secondly, curriculum ideology and politics can help shape students' values. In a diversified social background, correct values are crucial to a person's development. Through the course of thinking and politics in English teaching, students can be guided to establish positive values and improve their moral level. Finally, curriculum thinking and politics is conducive to achieving the goal of English teaching. English, as a humanities subject, not only needs to cultivate students' language skills, but also needs to pay attention to the development of students' emotions, attitudes and values. Through the integration of ideology and politics in the curriculum, English teaching can be closer to the reality. For example, in the intensive reading course of college English, there is a text about the struggle of Chinese people overseas. Through the integration of ideology and politics in the course, teachers can guide students to think about the excellent qualities of Chinese people such as diligence, tenacity and innovation, and expand the classroom discussion to the overseas struggles of other ethnic groups, so as to help students better understand the connotation of multiculturalism and cultivate their cross-cultural awareness.

### III. The construction path of college English “four-in-one” model from the perspective of curriculum thought and politics

#### 1. Optimize the curriculum

##### (1) Integrate course content and strengthen value guidance

College English courses are general courses for the whole school, aiming at cultivating students' humanistic quality and intercultural communication ability. However, traditional college English courses tend to pay more attention to the transfer of language knowledge and skills, but neglect the ideological and political education resources contained in the curriculum itself. In order to give full play to the role of college English curriculum in educating students, teachers need to re-examine the curriculum, promote the construction of “four-in-one” mode by integrating the curriculum content, and fully tap the ideological and political elements in it. First of all, we should change the concept of educating students, select representative articles, cases or topics, and deeply analyze the ideological and political elements contained in them, so as to realize the organic integration of English course content and ideological and political course content. For example, by learning the short story “Necklace”, students are guided to explore the values of honesty and trustworthiness; And cultivate students' awareness of environmental protection and social responsibility by analyzing the hot topic of global climate change. Secondly, by integrating the content of English courses with the content of ideological and political courses, we guide students to establish a correct world outlook, outlook on life and values, and cultivate students' cross-cultural communication ability, so as to improve their comprehensive quality and make them become outstanding talents with international vision. In order to achieve this goal, the following strategies need to be adopted. First, teachers teach by their words and deeds. As the guide of students, teachers should always pay attention to their words and deeds, be dedicated to love students and set a good example for teachers. Second, guide students to express their views. Activities such as discussion and group cooperation are organized in class to encourage students to express their views and opinions in English and guide them to think about problems from multiple angles. The third is to carry out ideological and political activities. By organizing ideological and political activities related to the curriculum, such as English speech contest, English repertoire performance, etc., students can receive ideological and political education in a relaxed and pleasant atmosphere and master English knowledge and skills.

##### (2) Pay attention to practical application and improve comprehensive quality

As an international language, English has become an important tool for international communication and cooperation. College English courses not only teach language skills, but also carry the mission of cultivating students' global vision and cross-cultural communication ability. In the process of talent training, it is necessary to attach importance to the curriculum and constantly promote the ideological and political development of the curriculum. For example, we should appropriately increase the proportion of practical teaching and use it as a carrier to integrate English knowledge teaching with ideological and political education. Practical teaching has far-reaching significance in English curriculum. First of all, it can cultivate students' practical ability, so that students can learn English and ideological and political knowledge in practice, master English communication skills, and better master this kind of cross-cultural communication. Secondly, practical teaching can improve students' listening, speaking, reading and writing ability, practice their language expression ability in the real context, and improve their cross-cultural communication ability. Finally, practical teaching can help students better integrate into the future workplace. Through practical learning and activities, students are able to understand the workplace environment, improve work ethics, and prepare for future careers. We need to take various measures to implement practical teaching and create practical opportunities for students. First, we can use case teaching or situation teaching to guide students to participate in discussions, so that students can practice their oral English expression ability in real contexts, understand the different meanings of the same expression in different contexts, and enhance students' awareness of cross-cultural communication. Secondly, we can arrange practical tasks according to the course content, such as organizing English corner on ideological and political topics, English speech contest and other activities, so that students can improve their English application ability and ideological awareness in the process of completing the tasks. Third, we can encourage students to participate in language exchange activities, such as English salon, English corner, volunteer service, etc., so that students can improve their English listening and speaking ability, and cultivate their global vision and social responsibility.

#### 2. Promoting diversity in teaching methods

##### (1) Cultivate cross-cultural communication ability through case teaching

Through case teaching, students can be guided to have a deep understanding of communication rules and behaviors under different cultural backgrounds, and enhance students' intercultural communication awareness and ability. In college English courses, we should choose representative cases to guide students to carry out in-depth analysis, so as to encourage them to understand the culture of different regions in the process of independent exploration and accurately grasp the relationship between regional culture and language communication. Based on practical teaching experience, I will summarize the measures to cultivate cross-cultural communication ability through case teaching as follows. First of all, choose the right case. Teachers need to select representative and real cases to provide themes and situations for students' independent inquiry activities. For example, we can choose an English film or an English article to let students understand the cultural background and values involved. Secondly, we can organize group discussions. The teacher organizes the students to have a group discussion and let the students analyze and evaluate the case from different angles. By analyzing the cross-cultural communication scenes in the cases, students can be helped to realize the differences and similarities between different cultures, thus improving their cross-cultural communication ability. Thirdly, it is presented in class. Teachers can ask students to present in class, share their own ideas and opinions, and encourage students to inspire each other. Finally, make a summary evaluation. Teachers need to summarize and evaluate the whole

teaching process in order to better improve and perfect the teaching method. Through the above measures to integrate case teaching into the ideological and political teaching of college English courses, remarkable effects on cross-cultural communication ability can be achieved. We should choose appropriate cases to integrate into the “four-in-one” mode of college English teaching, so as to effectively promote the integration of English teaching and ideological and political education.

(2) Simulate communication scenes to cultivate an international perspective

In college courses, simulated communication scenes are an inspiring teaching method. It simulates real intercultural communication scenes, allowing students to experience and solve practical communication problems, and deepening their understanding and respect for different cultural backgrounds and values. Integrating this teaching method into the “four-in-one” mode of college English construction will not only help improve students’ cross-cultural communication ability, but also help them establish a correct world view and values. For example, teachers can design some communicative scenes involving the cultural backgrounds of different countries, allowing students to play the roles of different countries and have simulated dialogues and interactions. Through such simulated scenes, students can better understand the cultural customs and communication ways of other countries, and improve their cross-cultural communication skills. For another example, teachers can simulate some business scenarios, guide students to analyze the differences and similarities between different countries in politics, economy, society and other aspects, and help them establish a correct understanding of different cultures. Through such teaching activities, students can maintain respect and understanding of different cultures and gradually form an inclusive and open international vision. Teaching practice shows that simulated communication scenes have significant advantages in cultivating college students’ international vision. First of all, it can stimulate students’ interest and enthusiasm in learning, so that they can learn and grow in a relaxed and pleasant atmosphere. Secondly, this teaching mode is conducive to cultivating students’ independent learning ability, innovative thinking and cultural confidence, helping them better adapt to future international exchanges and cooperation. In the process of promoting ideological and political development in the curriculum, we should be good at cultivating students’ international vision effectively through simulated communication scenes.

#### IV. Conclusion

In a word, the integration of curriculum ideology and politics into college English teaching has rich value implications. It can not only promote the all-round growth of students, help them to shape the right values, but also help to achieve the goal of English teaching. In the future English teaching, teachers should pay more attention to the integration of ideology and politics in the curriculum, and give full play to its role in cultivating students’ comprehensive quality. In terms of teaching practice, under the guidance of the ideological and political concepts of the curriculum, we can point to the four major talent training goals of “knowledge transfer, cultural inheritance, value guidance and ability cultivation”, and build a “four-in-one” mode of college English to provide a better field for students’ learning. Through the construction and application of this model, it not only improves the teaching methods and methods of ideological and political courses, but also makes college English courses better adapt to the needs of the development of the Times.

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