Reform of College English Teaching and Curriculum Ideology and Politics under the Background of New Liberal Arts

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Abstract: Against the backdrop of the construction of the "New Liberal Arts" by the Ministry of Education, the reform of college English teaching and the construction of ideological and political education in the curriculum are particularly important. This article explores the importance of English teaching reform and the integration of ideological and political education in the curriculum. The integration of ideological and political education into the curriculum can cultivate students' moral literacy and sense of social responsibility. The key elements include the cultivation of comprehensive language abilities, the application of task-based teaching and student-centered methods, the introduction of cross-cultural communication and global perspectives, and the emphasis on practical and applied abilities. The key role of teachers is that curriculum design and textbook selection should meet the needs of students and the trends of the times. The evaluation and feedback mechanism is used to assess the effectiveness and sustainable development of teaching reform. The reform of English teaching should aim to meet the needs of students, cultivate comprehensive abilities, and lead the development of thinking, promoting continuous innovation and improvement in education.

Keywords: Teaching reform; College English; Course Ideology and Politics

Introduction

In the current context of globalization, English, as an important tool for international and cross-cultural communication, has put forward higher requirements for the language ability and comprehensive literacy of college students. However, the traditional English teaching model has certain limitations in meeting students' needs and addressing social challenges. Therefore, English teaching reform has become an urgent task aimed at providing teaching methods and content that are more in line with the needs of the times, more practical, and innovative.

In the English teaching practice at Kede College of Capital Normal University, similar challenges are faced. Research has found that the traditional English teaching model places too much emphasis on imparting grammar knowledge and neglects the cultivation of practical application abilities. Therefore, teachers should actively explore ways to reform English teaching, with the goal of cultivating students' comprehensive English abilities and cross-cultural communication skills.

Curriculum ideology plays an important role in the reform of English teaching. As a professional course, English curriculum also needs to integrate elements of ideological and political education, cultivate students' ideological and moral literacy and social responsibility. Teachers play a crucial role in the implementation of English teaching reform. Teachers need to have flexible teaching strategies and interdisciplinary knowledge, and be able to design suitable teaching plans based on students' needs and characteristics. In addition, curriculum design and textbook selection also play an important role. Teachers need to choose textbooks and resources that keep up with the times, and provide more innovative and practical teaching content based on students' actual needs and the trend of the times.

In summary, English teaching reform and curriculum ideological and political education are of great significance in meeting students' needs, cultivating comprehensive abilities, and leading ideological development.

1. Challenges and Needs of English Teaching Reform

With the rapid development of society and the process of globalization, English teaching is facing a series of challenges and demands. These challenges and demands are important driving forces for English education reform, requiring us to constantly seek innovative teaching methods and strategies.

1.1 Diversity of Student Needs

Among the current group of college students, their English learning needs have become more diverse. Some students may consider English as their major and need to develop comprehensively in listening, speaking, reading, writing, and other aspects to meet their future career needs. Other students may use English as a universal tool for interdisciplinary research or international communication. Therefore, teachers need to design flexible teaching plans and provide personalized learning support based on the needs of different students.

1.2 Updating and Application of Teaching Resources

With the rapid development of technology, teaching resources are constantly updating and evolving. Teachers need to timely understand and apply new teaching methods and platforms to improve teaching effectiveness and attract students' attention. Online teaching platforms and intelligent learning systems have brought new possibilities to English teaching. However, teachers also need to fully evaluate and select these resources to ensure they match teaching objectives and student needs.

1.3 Cultivation of Cross Cultural Communication Skills

In the context of globalization, cross-cultural communication competence has become one of the important goals of English teaching.

Students need to have the ability to understand and respond to communication challenges in different cultural backgrounds. Therefore, teachers need to introduce cases and examples of cross-cultural communication to help students cultivate cross-cultural awareness and sensitivity. At the same time, teachers should also focus on cultivating students' cross-cultural adaptability and problem-solving skills, so that they can communicate more confidently and successfully in different cultural environments.

1.4 The demand for integrating ideological and political education

With the deepening of higher education reform, ideological and political education in the curriculum has become an important part of educational reform. English teaching also needs to incorporate elements of ideological and political education, cultivating students' ideological and moral literacy and sense of social responsibility. Teachers should guide students to establish correct values, enhance cultural confidence, cultivate international perspectives and global awareness through classroom teaching and textbook selection. By fully understanding and comprehending these challenges and needs, effective guidance and support can be provided for English teaching reform.

2. The integration of ideological and political education in courses and English teaching reform

2.1 Concept and Objectives of Course Ideology and Politics

Curriculum ideological and political education refers to the integration of the content and requirements of ideological and political education into all aspects of the curriculum during the teaching process. It aims to cultivate students' correct worldview, outlook on life, and values, and enhance their ideological and moral literacy and sense of social responsibility. Through educational guidance, ideological and political courses help students establish correct life goals, shape good behavior habits, and cultivate comprehensive development abilities.

2.2 The significance and value of integrating ideological and political education into English teaching reform in 2.2 curriculum

Integrating ideological and political education into English teaching reform is of great significance and value. Firstly, as an internationally recognized language, English teaching should focus on cultivating students' international perspective and global awareness. Course ideological and political education can help students understand the differences and similarities between different cultures, and cultivate their cross-cultural communication and understanding abilities.

Course ideological and political education can guide students to establish correct values and improve their moral level. In English teaching, by selecting appropriate textbooks and cases, teachers can guide students to think and discuss some moral and ethical issues, helping them form correct codes of conduct and moral judgment.

Course ideological and political education can cultivate students' innovative thinking and critical thinking abilities. In English teaching, teachers can design innovative teaching activities and tasks, encourage students to think and ask questions, and cultivate their innovative consciousness and problem-solving ability.

3. Key Elements of English Teaching Reform

The success of English teaching reform cannot be achieved without the support and implementation of some key elements. These elements include the transformation of the teacher's role, the promotion of student participation, the enrichment of teaching resources, and the effectiveness of teaching evaluation.

3.1 Transformation of Teacher Role

In the reform of English teaching, the role of teachers needs to shift from traditional knowledge transmitters to guides and mentors for students' learning. Teachers should actively adopt inquiry based teaching methods to stimulate students' interest and initiative in learning. Teachers should become students' learning partners, actively interact with them, guide them to think and solve problems. Teachers should also pay attention to individual differences among students and provide personalized learning support and guidance.

3.2 Promotion of Student Participation

The active participation of students is an important factor in the reform of English teaching. Teachers should encourage students to actively participate in classroom discussions, group cooperation, and practical activities. By designing engaging teaching tasks and projects, we aim to stimulate students' interest and motivation in learning. In addition, students should be given more rights to self-directed learning, encouraged to engage in self-directed and inquiry based learning, and cultivate their ability to learn independently and solve problems.

3.3 Abundant teaching resources

Abundant teaching resources are the guarantee for English teaching reform. Teachers need to make full use of various teaching resources, such as digital textbooks, multimedia teaching aids, online resources, etc. These resources can enrich teaching content, provide diverse learning materials and activities, and stimulate students' interest and creativity in learning.

3.4 Effectiveness of Teaching Evaluation

Effective teaching evaluation is an important part of English teaching reform. Teachers should design reasonable evaluation methods that can assess students' language abilities as well as their comprehensive literacy. Assessment should focus on students' learning process and the cultivation of subject abilities, rather than just pursuing scores and results. Teachers should also provide timely feedback and guidance to students, helping them discover their strengths and weaknesses, and promoting their continuous progress and growth.

4. The Importance of Course Design

Curriculum design is an indispensable part of English teaching reform. When designing a course, teachers should consider the

following aspects:

- 4.1 Subject knowledge and ability objectives: Curriculum design should clearly define the goals of subject knowledge and abilities, helping students acquire necessary language skills and communication abilities. Teachers can determine core learning objectives and content based on subject standards and student needs.
- 4.2 Student needs and interests: Curriculum design should introduce relevant topics and materials based on students' needs and interests. Teachers can understand students' interests and learning needs through surveys, interviews, and other methods, in order to design teaching activities and tasks related to students.
- 4.3 Learning activities and resources: Curriculum design should include diverse learning activities and resources to stimulate students' interest and participation in learning. Teachers can design activities such as group discussions, role-playing, and field trips, providing appropriate learning resources and materials to promote students' active learning and practical abilities.
- 4.4 Assessment and feedback: Course design should consider the methods of assessment and feedback, as well as how to help students improve their learning outcomes and strategies. Teachers can design various forms of assessment tasks and evaluation criteria, provide timely feedback and suggestions to students, and help them improve their learning outcomes.

5. Implementation and Strategies of Teaching Reform

The implementation of teaching reform requires the formulation of clear strategies and steps to ensure the smooth progress and effective implementation of the reform. Here are some key implementation strategies and steps:

- 5.1 Set clear reform goals: Firstly, determine the objectives and expected outcomes of teaching reform. These goals should be consistent with the school's educational mission and teaching development plan, and clearly guide the direction and focus of reform.
- 5.2 Determine the reform plan and timetable: Develop a detailed reform plan, including the specific content, implementation steps, and timetable of the reform. Ensure that the plan includes necessary resources and support measures to facilitate the smooth progress of teaching reform.
- 5.3 Teacher training and support: Provide necessary training and support to teachers to equip them with the ability and knowledge to adapt to teaching reforms. Training can include updating teaching methods and strategies, applying digital teaching tools, improving course design and evaluation methods, etc.
- 5.4 Student participation and feedback: Encourage students to actively participate in the teaching reform process and provide their feedback and suggestions. Student participation can be conducted through group discussions, questionnaire surveys, student representative meetings, and other forms to ensure that the goals of the reform align with the actual needs and expectations of students.

6. Conclusion

Under the background of the construction of the "New Liberal Arts" by the Ministry of Education, with the changes in the educational environment and the diversification of student needs, teaching reform has become a key path to improve the quality of education and students' comprehensive abilities.

In teaching reform, teachers should put students at the center, actively advocate the student-centered teaching philosophy, and stimulate students' learning enthusiasm and motivation. They need to become guides and collaborators in student learning, providing personalized learning support and guidance for students. At the same time, teachers also need to continuously improve their teaching abilities, keep up with the times, proficiently use various teaching methods and technical tools, and provide students with rich and diverse learning experiences.

The reform of English teaching is an urgent need to adapt to the development of the times and the needs of students. By transforming the role of teachers and optimizing curriculum design, we can create a positive and interactive learning environment, stimulate students' learning potential, and cultivate their comprehensive abilities and innovative thinking. In addition, the implementation of educational reform requires continuous efforts and evaluation to ensure the sustainable development of education. I hope that the key elements and implementation strategies proposed in this article can provide some guidance and inspiration for English teaching reform.

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