

Study on the Path of Integrating Excellent Traditional Culture into Ideological and Moral Education in Primary and Secondary Schools

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Abstract: Excellent traditional culture has become a major concern in today's society. We should take the essence and discard the dregs of traditional culture. Our contemporary youth should continue to inherit the excellent traditional culture. The first step is to integrate the excellent traditional culture into the ideological and moral education of primary and secondary schools. Only by increasing their contact with excellent traditional culture in a earlier time, can they have a better understanding and mastering of it, which is of great significance to the inheritance of excellent traditional culture. They shoulder the mission of inheriting and innovating the excellent traditional culture. This paper studies the path of integrating excellent traditional culture into ideological and moral education in primary and secondary schools.

Key words: Excellent traditional culture; Ideological and moral education in primary and secondary schools; Paths of integration

1. Overview of excellent traditional culture and ideological and moral education in primary and secondary schools

Excellent traditional culture is the sediment of history. It is a cultural achievement which is formed through a series of activities such as the inheritance of the times and innovation during the long history of culture. Excellent traditional culture has a high degree of continuity and strong vitality, which is also the powerful source and special bond of our national spirit to push the further development of our nation.^[1] Excellent traditional culture is also very important to the value of the current era, which can enhance our national self-confidence. Zhang Xianghao and Shi Kaibin believed that "Chinese excellent traditional culture is an indispensable and important content of adolescent moral education, because it has the function of shaping and cultivating people."^[2]

Integrating excellent traditional culture into the ideological and moral education of primary and middle schools can enhance the national cultural confidence of primary and middle school students and is help to establish their correct values towards the life and world, which is also of great significance to the prosperity of the country. It is the pace of the times to integrate excellent traditional culture into primary and secondary education.^[3] Ideological and moral education in primary and secondary schools is an important part of ideological and political education in our country. Because it can improve the ideological and moral qualities of students, so as to achieve the ultimate value pursuit of cultivating the sound personality of primary and secondary school students. We should scientifically integrate excellent traditional culture into the ideological and moral education of primary and middle school students.^[4]

2.The current situation of integrating excellent traditional culture into ideological and moral education in primary and secondary schools

There are many current problems in the integration of excellent traditional culture into the ideological and moral education of primary and secondary schools. This problem is reflected in the following points:

1.Weak consciousness in integrating traditional culture in teaching process

Although the country pays more attention to traditional culture nowadays, the connotation of traditional culture is not well understood in our mind. Family education for primary and middle school students is also a very important part of education, but for parents, they don't understand the significance in learning excellent traditional culture, so they have no idea about how to integrate excellent traditional culture into education. The education of excellent traditional culture in school education is not very strong, and none of the courses are devoted to traditional culture. The teachers simply explained the traditional culture in the class and no further lecturing on the importance and essence of the excellent traditional culture. At present, there is a shortage of teachers who are really proficient in traditional culture education. They lack the ability to expatiate on the modern value of the essence of traditional culture. They simply treat traditional culture as history in class. Many people hold the opinion that teenagers should focus all their energy on general knowledge classes and needn't to pay special attention to traditional culture. These problems lead to a weak consciousness of integrating traditional culture into the ideological and moral education in primary and secondary schools.

2.Lack of the targeted integration method

There are problems with the integration of traditional culture. Classroom teaching is the most direct way to integrate traditional culture. But in the current teaching mode, the teacher only talks about the knowledge of traditional culture very superficially, which can't make the students more understand what the traditional culture is. This one-way indoctrination method can't arouse the enthusiasm of the students to understand the traditional culture, which makes the students lack interest in learning, and even more serious, it will make them conflict. More students and their parents believe that most of the students' learning in class is just to cope with exams. They don't think they need to understand what the real connotation of traditional culture is.

There is also not enough innovation in the integration method. The most practical activities of learning traditional culture are poetry recitation, speech and so on. These activities are only carried out on campus, which are not attractive to students. Students are numb to these activities, which can not mobilize their enthusiasm to learn traditional culture. Some practical activities are just a passing show, which can not really let students integrate into the atmosphere of learning traditional culture.

3 Lack of inclusive content

In the ideological and moral education in primary and secondary schools, textbooks and classes are more about modern history education, rarely mentioning traditional culture, and there is no systematical teaching in traditional culture. In primary school students' textbooks, ancient poetry in Chinese textbooks is a way to learn traditional culture, but ancient poetry is only a part of traditional culture. Traditional culture is mentioned in history textbooks. So we should "extract the essence and remove the dross".^[5] Only a small part of traditional culture knowledge mentioned in book can not arouse the interest of primary and middle school students in traditional culture.

The lack of exploration on the integrated content contains rich content related to ideological and moral education and excellent traditional culture. Only in-deep exploration can we accurately grasp the content of traditional culture integration, but to a large extent, the content of integration only remains on the surface. In ideological and moral education textbooks, the excellent traditional culture is rarely involved, and the knowledge points of traditional culture are scattered in some chapters, without integrating the excellent traditional culture into each part comprehensively and

systematically.^[6]

3.The path of integrating excellent traditional culture into ideological and moral education in primary and secondary schools

Excellent traditional culture needs to be integrated into the ideological and moral education of primary and secondary schools. Faced with the existing problems, the following targeted measures are put forward.

(1) Establish a correct concept of integration

Traditional culture plays a unique and important role in our national culture. And excellent traditional culture plays a particularly important role in national spirit, which is helpful to promote the social development and peaceful development of social relations.^[7]It is necessary to correctly understand the universal law of the excellent traditional culture for young people. We should explore in theory, but also try it in practice. Practice is the only way to test the truth.

(2) Get involved in the classroom

It is a key link to integrate excellent culture into course teaching. In the ideological and moral education in primary and secondary schools, we should pay attention to the education of traditional culture. Primary and secondary school students are in the golden moment of learning. It is also the best time to learn excellent traditional culture. The integration education of excellent traditional culture and socialist core values can help students establish correct values and cultivate their enthusiasm to learn and understand the essence of the excellent traditional. In primary and secondary school stage, we need to enhance students' understanding of traditional culture, especially their recognition of excellent traditional culture to increase their self-confidence in excellent traditional culture. We should strengthen the proportion of excellent traditional culture in the curriculum, and infiltrate excellent traditional culture into the curriculum teaching.

(3) Get involved in extracurricular activities

The importance of integrating excellent traditional culture into ideological and moral education in primary and secondary schools is indisputable. However, it is very difficult for students to only study boring courses. Therefore, it is necessary to integrate traditional culture into extracurricular activities.^[8] For primary and middle school students, the education of excellent traditional culture is not only limited to textbooks, classes and oral teaching, but also to integrate excellent traditional culture into the extracurricular life of primary and middle school students, so that they can better accept the influence of traditional culture.^[9]Schools can organize students to travel to cultural historic sites or visit museums, during which they can have a more conscious and proactive understanding of traditional culture, so that they can learn in an imperceptible way.

(4) Enhance the guarantee of integration mechanism

It is a great project to integrate excellent traditional culture into the ideological and moral education of primary and secondary schools, which needs the guarantee of mechanism. First of all, it is necessary to cultivate the ability of teachers,such as training teachers to use more vivid explanation method or taking effective methods to make students understand the knowledge of traditional culture. Only by improving the ability of teachers can they better explain the connotation and essence of excellent traditional culture to students. Secondly, it is necessary to provide a good institutional guarantee, which will be the action power to promote the excellent traditional culture into the ideological and moral education of primary and secondary schools. It shall increase the proportion of excellent traditional culture in the examination, so that students may pay more attention to the study of excellent traditional culture.

(5) Strengthen public opinion guidance at the social level

People can have an impact on the environment, and the environment can also have a relative effect on people. Social environment also has an imperceptible influence on our thinking and behavior. Excellent traditional culture is the cultural resources of a nation and the spiritual wealth of our country to strive for self-improvement and forging ahead. However, in current situation, with the rapid development of the Internet, the social environment will also be affected by some ideas and values, some people have a biased view of excellent traditional culture.^[10]Therefore, we should face up

to the society's attitude towards excellent traditional culture, so that the society has a correct value orientation towards excellent traditional culture. At the same time, we should attack the bad forces who maliciously slander excellent traditional culture, so as to form a good social atmosphere for the virtuous development of excellent traditional culture.

4 Conclusion

Only by remembering the past can we create the future. Excellent traditional culture is accumulated through 5000 years of history, and is the source of spiritual strength for us to realize national rejuvenation and national prosperity. Students are the future of our motherland, so we should shoulder the responsibility of inheriting excellent traditional culture and be the inheritors of excellent traditional culture. Therefore, it is necessary for our young students to have a deep understanding and mastering of traditional culture in order to better inherit the excellent traditional culture.

Only by integrating excellent traditional culture into the ideological and moral education of primary and secondary schools can students better understand the essence and connotation of the excellent traditional culture in their golden moment of learning.

This paper analyzes the path of integrating excellent traditional culture into the ideological and moral education of primary and secondary schools and points out the problems existing in the process. Only when the excellent traditional culture is better integrated into the ideological and moral education of primary and middle school students can the students have a better understanding and mastering of the excellent transmission culture.

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