

On the Importance and Practice Path of Improving College Students' Labor Education

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Abstract: Labor education plays an important role in the growth process of college students. Improving college students' labor education, teaching students to advocate labor, love labor, temper labor quality, and develop labor habits is an important way to promote the all-round development of college students. The only way to increase intelligence is also an educational activity to shape the moral cultivation of college students. To improve the labor education of college students, colleges and universities should set up labor education courses and build a labor education curriculum system; pay attention to labor education practice and improve the effectiveness of labor education practice; optimize the labor education environment and create a labor education campus culture, so as to help college students grow and become talents.

Key words: college students; labor education; practice path

Labor is the foundation of the development and progress of human society. With the development and progress of human social productivity, society has put forward higher requirements for people's labor literacy and labor ability. College students are the main group of social development, and improving the labor education of college students has an important impact on the quality of talents cultivated in colleges and universities. Improving the labor education of college students enables college students to develop good labor habits, enhance the labor spirit of college students, promote the healthy growth of college students, and become useful talents in the society.

1. The connotation of labor education

Labor education includes both labor and education. Labor itself is an important means of creating a better life and a very important daily practice. In the process of labor, it embodies the indiscriminate beauty of human beings and the moral brilliance of human nature. Labor can promote the simultaneous use of human body and brain, so that human physiology and psychology can explore each other in the process of labor, so that the two can promote each other's development. Labor also provides power to support people's lives, and through labor can also improve people's emotional ability, which is more conducive to stimulating people's creative ability in labor. In the process of labor education, it is actually a process of educating people. In this process, the combination of labor and education is also a process of participating in social practice, which can create a better life. Labor education includes labor concepts, labor attitudes, labor habits, labor emotions, labor skills, labor thinking, etc, and labor education is a highly inclusive educational activity, which is important for promoting people's all-round development, improving people's physical quality, shaping People's moral cultivation plays an important role, and labor education can improve people's comprehensive quality and ability. Therefore, labor education is an educational practice activity that promotes the all-round development of students by improving their labor literacy. Labor education combines labor and multidisciplinary knowledge, and plays an important role in the development of students' healthy personality. Strengthening labor education in colleges and universities provides students with a more lively and lively way of learning. In the process of labor education for students, students' cognition of labor education will gradually deepen, and labor literacy will also be improved. In the process of labor, character building and self-improvement are carried out, so as to realize the all-round development of people.

2. The importance of improving the labor education of college students

(1) Labor education is an important way to promote the all-round development of college students

Labor plays an important role in promoting the progress and development of human society. Productive labor connects man with nature, and in Marx's view, the combination of education and productive labor is "the only way to create a well-rounded human being". Labor education plays an important role in the all-round development of individuals, and has its unique educational value and significance. The status of labor education in the education of college students is increasingly prominent, and it plays an important role in the growth of college students. In the process of labor education, college students can personally experience the difficulty of labor and cherish the fruits of labor more. In this process, college students can gradually understand the meaning of life. In the process of labor education, college students can exercise and cultivate their positive and enterprising attitude, and they can also exercise their self-cultivation and truth-seeking spirit, which can promote the labor practice of college students, and master labor skills in practice, so as to help them better carry out labor in practice. Improve their comprehensive quality in labor and create the fruits of labor. In the process of development, the school must also pay attention to the labor education of students, and promote the participation of college students in labor activities. Only in the process of labor will students truly form a view of labor practice, so that students have a dedicated labor spirit, and let college students understand that only through labor can Create a better life. By improving the labor education of college students, let college students respect every ordinary worker from the bottom of their hearts, and develop a good working attitude and quality. Labor education can also enable college students

to develop their bodies and minds freely, unify their body and mind, and promote their physical and psychological liberation. It can promote college students to overcome the negative elements of selfishness in human nature, stimulate college students to form a positive attitude towards life, and can also make college students form a healthy and sunny attitude and promote their all-round development.

(2) Labor education is the only way to promote college students to strengthen their bodies and enhance their intelligence

In the process of labor, the human body will also be exercised, which can achieve the purpose of “strengthening the body through labor”. “Physical” refers to the physical quality and function of a person. In the process of labor and exercise, a person can stimulate the potential of the human body, mobilize the physical function of the human being, and enhance the physical fitness of the human body to achieve the effect of strengthening the body. Improving the labor education of college students and allowing college students to participate in labor can promote the metabolism of the body and make people’s bodies stronger. At the same time, college students can forge perseverance through labor, improve their psychological quality, and promote the healthy development of college students’ mind and body. Colleges and universities should actively carry out labor education, improve college students’ understanding of labor education, and allow students to participate in more labor and sports, so as to enhance students’ physique, which is conducive to the improvement of college students’ physical quality, and lays the foundation for their long-term development. Improving the labor education of college students is not only conducive to enhancing the physical quality of college students, but also can increase the wisdom of college students. “To increase wisdom through labor” means that people will increase their wisdom in the process of labor. Improving the labor education of college students will enable students to learn to use labor tools correctly and enhance their intelligence and creativity. It can also enhance the teamwork ability of college students. Labor education for college students can strengthen their bodies and enhance their intelligence, and can also enhance and broaden their horizons, shape and sharpen their good morals, let college students develop good labor habits, and enable them to experience life in depth. Experience and recognize the beauty of labor, feel the beauty of labor, so as to stimulate the creative potential of college students, so that college students can feel the happiness brought by labor in labor, so that they can develop better.

(3) Labor education is an educational activity that shapes the moral cultivation of college students

Noble moral cultivation is not innate, it is gradually formed in the accumulated life practice. Noble moral cultivation is very important to a person. Whether the moral cultivation of college students is noble or not determines their overall quality and future development. The formation of a good personal character is closely related to labor practice activities. Noble moral accomplishment must be reflected through moral behavior, which needs to be formed in labor practice. The labor education for college students is of great significance to the growth of college students, and it has a far-reaching impact on shaping the good moral cultivation of college students. Improving college students’ labor education and shaping their good moral cultivation is an effective way to improve college education and broaden the way of college education. Improving the labor education of college students can shape their moral cultivation, make them have noble moral quality, form a good labor quality, establish a correct labor view, and thus have a dedicated labor attitude in actual work, and have good personal moral cultivation and occupation. Morality, and pay attention to rules and integrity in their work, so as to work honestly and be dedicated to their jobs. Labor education can also guide college students to form a correct view of career selection and employment, stimulate interest and love for work, and be more conducive to achieving achievements in their careers, improve their sense of happiness through their own labor, and create a happy and beautiful life. College students love life more, so that the moral cultivation of college students can be subtly shaped, and it is more conducive to college students to release their youthful dreams on the road of life. At the same time, labor itself contains multiple relationships. In the process of labor, college students can establish labor relationships with others, and experience emotional exchanges with others in the process of communicating with others, which is conducive to promoting the harmonious development of interpersonal relationships. Therefore, improving the labor education of college students will help college students to form a harmonious and stable labor relationship in actual work, thereby promoting college students to form a friendly moral identity, so as to better shape the good moral cultivation of college students.

3. The practical path to improve the labor education of college students

(1) Set up labor education courses and build a labor education curriculum system

The establishment of labor education courses in colleges and universities is an important way to improve the labor education of college students. Therefore, in colleges and universities, it is necessary to optimize the existing courses of the school, carry out more reasonable curriculum settings, and constantly enrich and improve labor education courses in practice, and build a labor education curriculum system. Teachers with different disciplinary backgrounds in colleges and universities are encouraged to participate in the construction of labor education courses, and compulsory and elective courses for general labor education are offered. In the development and construction of labor education courses, teachers can make appropriate measures according to the school’s characteristics, and also need to combine the professional characteristics of the school and the actual situation of the students, so as to achieve targeted research and discussion, and reasonably explore the labor force. Education resources, form a distinctive labor education curriculum, and its curriculum should have the characteristics of comprehensiveness, practicality and pertinence, and build a labor education curriculum system. The class form of labor education courses can be a combination of online and offline, giving students relatively flexible class time. The course also needs to combine theory and practice, and it is stipulated that students must complete the corresponding hours and credits during the semester. The improvement of students’ theoretical knowledge of labor education requires teachers to systematically teach and explain in the course teaching, so as to guide students to enrich labor knowledge, understand labor connotation, improve

labor literacy, and stimulate labor potential. To enable students to advocate labor and love labor in their daily life and practice, so as to serve the society and make contributions to the society. At the same time, when setting up labor education courses, schools should also consider the situation of students, and should not bring additional burdens to students. Teachers of different disciplines should also organically integrate labor education content in the course of teaching courses according to the actual situation of professional courses. In the course teaching, realize the integration of labor education and professional education.

(2) Attach importance to labor education practice and improve the effectiveness of labor education practice

The theoretical knowledge of labor education and the practical ability of labor education are very important to college students, and colleges and universities should pay great attention to them. The theory of labor education is the foundation, and the ability of labor practice is the purpose. Labor education for college students requires the guidance of labor education theory, and it is also necessary to transform the theoretical knowledge of labor education learned by college students into practical ability, so that students can better understand the connotation of labor in labor practice, experience the meaning of labor, and feel the beauty of labor. On the basis of attaching importance to labor education theoretical courses and opening theoretical courses, colleges and universities should also incorporate labor education practice courses into teachers' teaching work, and teachers should formulate labor education practice guide manuals according to the needs of labor practice courses, and have clear teaching methods. The goal is to scientifically design the class links of labor practice courses to achieve good teaching effects. In each semester, colleges and universities can set up a labor week to allow students to participate in labor, so that students can improve their labor practice ability in labor. The construction of labor education practice bases has a role in promoting college students' ability to improve labor education practice. Colleges and universities should integrate school-enterprise field resources, cooperate with enterprises to establish college labor education practice training bases, provide a platform for college students' labor education practice, and actively promote college students' labor education practice. Go to off-campus companies to participate in practice. In addition, colleges and universities should actively organize college students to participate in activities such as social welfare labor and rural teaching support, which can promote college students to combine the theoretical knowledge of labor education learned in the classroom with practice, so that college students can achieve the unity of knowledge and action. Improving the practical ability of labor education of college students runs through all aspects of their daily lives. Colleges and universities can take the responsibility of making students responsible for the health management of the university campus environment, and implement zoning of the school's classrooms, playgrounds, campus roads and other areas, so that students can be managed by grades. The sanitation of these areas not only maintains a good campus environment, but also exercises students' labor ability and improves the effectiveness of college students' labor education.

(3) Optimizing the labor education environment and creating a labor education campus culture

The campus culture of labor education in colleges and universities has a profound impact on the growth of college students. It is necessary for colleges and universities to focus on creating a campus culture of labor education with strong educating feelings, and to promote college students to grow and become talents in a good campus cultural environment. The campus culture of colleges and universities is closely related to the study and life of college students. Colleges and universities should give full play to the guiding role of campus culture on college students. Colleges and universities should encourage students to participate in labor education activities, such as student volunteers. In the process of volunteering, students not only serve others, but also have a deeper understanding and understanding of labor, and can improve their labor practice ability. Colleges and universities should integrate labor elements into the construction of campus culture, and build a unique campus labor culture landscape, so that students can feel the charm of campus labor culture in their study and life, and form the concept of love of labor and glory of labor. At the same time, colleges and universities should actively carry out diversified situational labor practice activities such as public welfare labor, subject practice, and program creation, and organically combine physical action and perception, "to achieve the coordination and unity of physical, psychological, cognitive, emotional, will and other elements. Highly integrated"[]Furthermore, colleges and universities should play the guiding role of model workers for college students. Invite labor model workers from all over the country to conduct labor education lectures for college students, interact with students, and let students intuitively feel the noble labor and educating feelings embodied in labor models; College students learn from model workers and form a correct view of labor in their learning. In addition, on the annual May 1st International Labor Day, the school can commend the annual school model workers, and give material and spiritual rewards, tell their labor stories well, vigorously spread the positive energy of labor education, and make model workers become college students. Model, create a strong cultural atmosphere of labor education campus, and help students grow and become talents.

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