

Research on the influencing factors and promotion path of middle school students' learning engagement

Lixia Zhang, Hongying Jiang

Krirk University, Bangkok 10220, Thailand

Abstract: middle school students' learning engagement will have a great impact on the quality of learning. The influencing factors of middle school students' learning engagement will be affected by family relations, social factors, national policies and other aspects. Therefore, if we want to improve the degree of middle school students' learning engagement, we should not only pay attention to the analysis of students' factors, but also consider from the aspects of society, family, school and so on, so as to enhance the overall and systematic nature of education work, and make students more active. Actively participate in knowledge learning and exploration to improve the effect of education. In view of this, this paper will analyze the influencing factors of middle school students' learning engagement, and put forward some strategies for your reference.

Key words: middle school students' learning engagement; Influencing factors; Promotion path

1 Analysis of influencing factors of middle school students' learning engagement

1.1 External environment

1. family relations

The quality of family relations will have a great impact on the learning state and mental health level of middle school students. If a middle school student's family environment is more harmonious and parents' attitude towards their children is more positive, then middle school students will be more involved in the learning process. If a family is full of contradictions and parents' attitude towards their children's learning is relatively negative, the efficiency of middle school students' learning activities will be greatly reduced. You should know that everyone has inertia, especially middle school students. With the deepening of their learning knowledge, the difficulty of learning subjects is also increasing. If the family guidance for middle school students is not timely and correct enough, middle school students are likely to be lazy in learning. On the contrary, if parents pay more attention to middle school students' learning and give them more encouragement, their children's learning engagement will be higher. However, many families usually only pay attention to their children's health and living standards. They believe that children, as middle school students, can manage their own learning. It is under the influence of this idea that some middle school students will indulge in bad habits such as games, which affects the improvement of their learning engagement.

2. social factors

With the continuous improvement of China's social information technology level, many middle school students will be affected by the external social environment when they carry out knowledge learning, especially some bad network information and trends of thought, which will greatly hinder the ideological and moral quality and personal learning initiative of middle school students. For example, some concepts of "reading is useless" often appear on the current network. Under the influence of these bad ideas, many middle school students will gradually lose interest in learning due to their lack of corresponding judgment ability, which has a great impact on their learning engagement. In addition, some middle school students' cognitive ability and social experience are limited, and they are easily tempted by bad people in the society, resulting in skipping classes, fighting and other situations, which will greatly hinder their formation of good learning initiative.

3. trend of national policy

With the changes of China's enrollment policy, many schools have encountered severe challenges in teaching. In some poverty-stricken areas, the grade line of students from junior high school to junior high school and from junior high school to junior high school will drop appropriately, which will lead to great differences in the admission score line of students in the same class in different regions. In the same class, some middle school students have a good foundation. They do not need to invest too much energy to get better grades. However, some middle school students' foundation is relatively weak. They have invested a lot of time, but their academic performance is still not ideal. The difference between such investment and return will cause some middle school students to give up, which will further widen the gap between students. At the same time, when many students' input is low, it will have a negative impact on other students, which will lead to the reduction of students' input in the class as a whole.

1.2 Internal environment

1. campus culture

Generally speaking, campus culture includes many contents such as campus environment, culture, spirit, cultural system and behavior

culture, which are mainly reflected in the environmental facilities, school spirit, study style, after-school life, public opinion environment and various rules and regulations of the school. Some experts pointed out that the level of interpersonal communication on campus and the overall environment will have a great impact on the learning engagement of middle school students. High quality campus cultural environment can help middle school students more actively participate in learning activities, enable them to better carry out cooperation and exchange, and deepen the exploration and practice of knowledge.

2. course assessment and evaluation

Curriculum learning is an important basis for middle school students to improve their comprehensive ability. Without the necessary curriculum assessment and evaluation mechanism, it is difficult for students to achieve the corresponding expectations. From here we can see that the learning engagement of middle school students is closely related to the effectiveness of curriculum assessment. High quality curriculum assessment and evaluation can help middle school students better participate in knowledge learning and exploration. Generally speaking, the more difficult the assessment of the course, the greater the challenge students will feel in the learning process, which will also promote their greater learning engagement.

3. teachers' ability

If we want to improve middle school students' learning engagement, we should pay attention to the research on Teachers' ability. If middle school students can worship teachers, they will be more active in learning activities. Therefore, teachers must have solid knowledge and strong personality charm, so as to provide more in-depth teaching activities for middle school students, so as to deeply attract middle school students, let them put more time and energy into the learning process, and avoid their perfunctory and low investment in learning.

4. classmate relationship

Research shows that the more harmonious the relationship between middle school students is, the higher their involvement in learning will be. If the relationship between students is very tense, students often have conflicts with others, which will lead to their emotional instability and easily appear anxious and bored psychological state, which will affect their learning activities, It has a great negative impact on their learning engagement. From here we can see that classmate relationship is also one of the important factors affecting students' learning engagement.

5. autonomous learning motivation

The so-called autonomous learning motivation usually refers to the tendency and behavior of middle school students to participate in learning activities with their own interests and beliefs. Generally speaking, learning activities are usually generated in the context of the original knowledge. When students actively participate in the construction of their own knowledge system, they will have a deeper understanding of the knowledge they have learned, so as to broaden the scope of their application of knowledge, and their learning motivation will become stronger. If middle school students lack the will to learn and the corresponding knowledge base, it will be difficult for them to experience happiness in learning, and they are not willing to devote more time and energy to the learning process. Therefore, middle school students should constantly improve their spiritual quality and set up lofty ideals, so as to cultivate better learning habits and participate in learning activities more actively.

6. academic mood

The so-called academic emotions usually refer to all kinds of emotions related to academic activities generated by middle school students in learning activities. Positive emotions can further stimulate the learning initiative of middle school students and enable them to participate in knowledge inquiry activities more actively. Academic emotions are closely related to the relationship between teachers and students and students' autonomous motivation. A good environment can make middle school students have more positive academic emotions, and vice versa. Under the guidance of bad academic emotions, it is difficult for middle school students to improve their learning engagement and affect their learning effect.

2 Path analysis of improving middle school students' learning engagement

2.1 External environment

1. create a harmonious family environment

If we want to improve the effect of education, we must pay attention to the introduction of social, government, family and other forces. Although middle school students have certain judgment ability, their values and world outlook have not been fully formed, and there is great uncertainty. Therefore, building a high-quality family relationship plays a very important role in promoting the learning engagement of middle school students. Good family relationships can help middle school students better adapt to the social environment, effectively relieve their anxiety, and make them more actively participate in knowledge learning. In addition, effective communication with parents can effectively alleviate the anxiety of middle school students in the learning process, keep them in a good mental state, and help them form a positive learning attitude.

2. create a high-quality social environment

If we want to improve the learning engagement of middle school students, we should pay attention to the creation of a high-quality

social environment, so that middle school students can carry out knowledge learning in a more relaxed, free and safe atmosphere, so as to make them more involved in knowledge learning and exploration, and improve their learning effect. For example, in order to prevent middle school students from encountering bad information when using the network to learn knowledge, we can further optimize the network security firewall, so as to avoid middle school students from encountering bloody and violent network content, and create a good environment for their healthy development.

3. increase policy guidance

The development of school education is inseparable from the guidance of the government's quality policy. Therefore, if we want to improve the level of students' learning investment, the government should optimize the policy level in combination with the current situation of students' education and market development, carry out a reasonable assessment of students' professional ability, and further improve the corresponding education policy in combination with the differences of students' sources and the quality of students in different regions. In order to further improve the guiding ability of the policy in school education activities, and promote students to more actively participate in knowledge learning and ability training activities.

2.2 Internal environment

1. enrich campus culture

The reconstruction of campus culture can further nourish the minds of middle school students and help them form a more correct outlook on life and values. In practice, we should take the first classroom as the focus of education, and let the second classroom become the supplement of educational activities, so as to effectively form the joint force of education. On the basis of ensuring the professional teaching work, we should take the initiative to develop the personality of middle school students and help them develop their own specialties. By carrying out campus cultural activities with rich content and various forms, we can greatly expand the vision of middle school students, help them cultivate their own sentiment, promote them to form more high-quality interests, and make middle school students have a strong sense of competition, so as to promote its more comprehensive development.

2. optimize the course assessment and evaluation system

In the educational activities, the curriculum assessment and evaluation system can be regarded as the baton of education. By continuously improving the perfection of the curriculum assessment standards, it can promote middle school students to participate in learning activities more actively and enhance their learning engagement. Therefore, schools should combine the actual quality of current middle school students with the examination syllabus and teaching syllabus to give teachers greater assessment authority, so that they can more actively teach students according to their aptitude. While developing middle school students' knowledge and skills, combined with information technology and other means, we should explore the comprehensive evaluation of non intelligent factors, so as to realize the externalization and display of middle school students' knowledge, enhance the professionalism and scientificity of educational evaluation activities, and fully reflect the guiding role of curriculum assessment.

3. improve teachers' teaching ability

With the continuous development of information technology in China, school education activities have been further optimized, and many teachers have begun to introduce information technology into daily professional teaching activities. This has greatly promoted the improvement of students' initiative in participating in learning activities. Therefore, school teachers should constantly explore new educational methods, actively study the frontier knowledge of disciplines, and constantly improve their teaching quality, so as to gradually create a better teaching environment and help middle school students better participate in knowledge inquiry activities.

4. harmonious student relationship

The school should give full play to the role of the first classroom and the second classroom, so that students can deepen their understanding of each other in mutual cooperation and competition, so as to help them learn from each other and make up for their shortcomings, so that they can better feel the fun of win-win cooperation. When there are contradictions among middle school students, we should take the initiative to help them mediate and avoid the escalation of contradictions. For those students who violate school rules and disciplines, we should deal with them fairly and impartially on the basis of finding out the reasons.

5. stimulate autonomous motivation

The study found that middle school students can produce a deeper understanding when they combine their own experience and communicate with the outside world. This is a continuous process, which requires middle school students to construct concepts according to their previous knowledge system, so as to realize the reconstruction of knowledge. When students are eager for success, they can better understand the value of learning, so as to take the initiative to choose more challenging tasks. When middle school students have a higher level of interest in learning, they will have more full learning motivation. Therefore, when students' motivation is not strong or their purpose is not clear enough, it is difficult to improve their learning ability. For these students with weak learning purpose, we should start from the ideological level to arouse their enthusiasm for learning. On the other hand, we should constantly optimize the management system and give them some learning pressure, so as to reasonably guide the learning activities of middle school students, Enhance their learning initiative.

6. cultivate positive emotions

Positive emotions mainly come from middle school students' respect for others and understanding of society. These emotions can help middle school students better deal with interpersonal relationships, so that they can more actively participate in learning activities. Therefore, we should pay attention to the cultivation of positive emotions of middle school students, help them form a more optimistic attitude towards life, enable students to think from the perspective of each other, and avoid students' depression, irritability, anxiety and other negative emotions. In addition, we should be good at guiding students to discover the strengths of others, encourage them to talk about their feelings with their parents and classmates, so that they can eliminate negative emotions and improve their learning engagement with the help of others.

summary

To sum up, if we want to improve the learning engagement level of middle school students, we can start with the creation of a harmonious family environment, increasing policy guidance, enriching campus culture, optimizing the curriculum assessment and evaluation system, improving teachers' teaching ability, harmonizing student relations, stimulating autonomous motivation, and cultivating positive emotions, In order to promote the quality of students' learning input to a new level.

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