

Research on the teaching reform practice of “work study integration” in secondary vocational cooking major from the perspective of curriculum ideological and Political Education

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Abstract: with the deepening of the reform of vocational education, in the teaching practice of cooking major in secondary vocational schools, professional teachers gradually realize the importance of synchronous improvement of students’ theoretical knowledge and practical teaching level. In this context, secondary vocational professional teachers should adhere to the fundamental task of Building Morality and cultivating talents, and take ideological and political classroom teaching as the main channel to realize the whole process of education and all staff education, so as to cultivate comprehensive and compound talents required by the society.

Key words: curriculum ideological and political education; Secondary vocational school; Cooking; Work study integration; teaching

With the development of the times, the social demand for talents is gradually increasing. Enterprises and institutions are no longer satisfied with talents with only professional skills, but need compound talents with excellent ideological and moral character and professional skills. In this context, it is urgent to change the traditional teaching mode and implement the “integrated” teaching mode. Only in this way can we comprehensively improve the teaching quality of our country, create more opportunities for technical talents, and cultivate the comprehensive talents needed by the society.

1 The practical significance of “work study integration” teaching reform of secondary vocational cooking major from the perspective of curriculum ideological and Political Education

1. Improve the traditional classroom model

The teaching classroom of traditional cuisine major needs to absorb new changes and new elements, carry out teaching reform, and promote the school running characteristics of secondary vocational colleges to be reflected. According to the teaching situation of secondary vocational colleges, the teaching mode of work study integration from the perspective of curriculum ideological and political education can promote the improvement of classroom teaching mode in secondary vocational colleges, change the boring traditional teaching mode,

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take the integration of curriculum ideological and political education and work study as the main line of Education, realize the integration of students' skills and knowledge, and complete the teaching objectives, teaching contents. The optimization of curriculum structure will enable students to acquire more abilities and knowledge. The teaching reform under the guidance of the integration of Ideological and political education and work study can fully absorb the advantages of modern education reform, promote the comprehensive development of students, promote the improvement of their knowledge and technical literacy, and improve the employment competitiveness of students.

2. Promote the realization of teaching objectives

In the field of education and teaching in secondary vocational colleges, we should fully implement the fundamental task of Building Morality and cultivating talents, realize the all-round training of talents, and promote the work study integration and the construction of curriculum ideological and political work smoothly. Moral education emphasizes the importance of moral education and lays a foundation for students' moral quality and professionalism education. Under the concept of work study integration, students need to master the necessary practical skills and cooking skills, improve their practical ability, and ensure the smooth adaptation to the post and the efficient development of work in the process of carrying out work practice. Teachers can cultivate high-quality cooking talents with moral quality, ideals and beliefs, and professional practice ability by fully combining ideological and political education with practical skills in teaching practice.

2 Analysis of the current situation of “work study integration” teaching in secondary vocational cooking major from the perspective of curriculum ideological and Political Education

1. Connotation analysis of work study integration

Work study integration is a teaching method that combines theoretical knowledge with practical teaching through the integration of teaching content and teaching links, to ensure the improvement of students' theoretical knowledge and practical ability, and to integrate theoretical knowledge and comprehensive skills with skill training as the main line. Under the application of work integrated learning teaching, teachers can design teaching modules, integrate theoretical knowledge into skill training to carry out teaching, avoid students' repeated boring learning mode in the learning process, and improve learning efficiency and interest. In teaching, teachers will adopt the teaching method of integrating theory and practice, so that students' practical ability and theoretical knowledge can be improved synchronously, and the unity of teaching can be realized. As an important part of China's education system, vocational education has high requirements for students' practical ability and comprehensive ability. Only students with rich theoretical knowledge and strong practical ability can meet the needs of job development and achieve high-quality employment. In the vocational education system, in order to ensure students' adaptation to the needs of job development and improve the quality of teaching, secondary vocational cooking major needs to promote the development of integrated teaching, carry out talent training around employment, reform the teaching content and teaching methods, promote the connection between vocational education and the market, and then adjust the teaching content, methods, and teaching methods of cooking major. The content and practical training of vocational education focus on the improvement of students' professional ability. The work integrated learning teaching of cooking major in secondary vocational schools should pay attention to students' practical ability, build an integrated teaching mode, focus on students' employment and cooking major positioning, change the teaching mode of knowledge and skills, promote the progress of teaching mode that takes into account practice and theory, and improve students' practical level.

2. Analysis of Ideological and political connotation of secondary vocational cooking courses

Under the principle of market-oriented and employment promoting secondary vocational education, the teaching of cuisine major should aim at cultivating professional talents with social needs, comprehensive development, rich theoretical basis and professional practice ability, so as to promote the development of teaching. With the progress and development of society, the public's standards of diet and health are gradually improving. The professional ethics and ideological quality of cooking professionals are crucial to the sustainable development of catering related industries. Therefore, in the teaching of cooking major in secondary vocational schools, the significance of Ideological and political course construction is gradually highlighted. Professional teachers should make good use of classroom teaching, strengthen the integration of Ideological and political theory courses, ensure that ideological and political education has pertinence and affinity, and meet the learning needs of students. At present, it is of great significance to integrate ideological and political education into the curriculum of cuisine major. Teachers should find the breakthrough point of Ideological and political education theory in the cuisine major, organically combine the two, guide students to improve their professional quality and moral quality through the study of theoretical knowledge, and fully understand the need to treat work with a scientific attitude, practice discipline and law-abiding, abide by professional ethics. Firm values, at the same time, in the process of work, we should form good habits, establish a correct attitude, pursue scientific and rigorous work spirit, and firm the “craftsman spirit”.

3. Analysis of the current situation of "work study integration" teaching in secondary vocational cooking major from the perspective of curriculum ideological and Political Education

First of all, in terms of curriculum system construction, the current teaching curriculum system of cuisine specialty is not perfect enough. Cooking teaching can not meet the requirements of teaching integration in the construction of cooking curriculum system. There are still some problems in the setting of professional courses. The teaching content is not targeted enough. Teachers have adopted indoctrination teaching in theoretical teaching. At present, to thoroughly improve this mode, teachers need to carry out a series of learning and adjustment, integrate the ideological and political education into teaching, promote the teaching efficiency of the work study integration course, and build

a new curriculum system. Secondly, the practicality of cooking teaching in secondary vocational schools is not strong enough. Under the teaching concept of work study integration, the teachers of the new teaching mode are not skilled enough. Most teachers of cooking major have imperfect cognition of the new teaching mode, which leads to insufficient understanding of work study integration and curriculum ideological and political teaching, and lack of cognition and application awareness of modern teaching technology. Teachers should deeply study the concept of curriculum reform, adhere to the teaching goal of cultivating morality, follow the principle of the integration of practical teaching and theoretical teaching, and improve the quality of cooking teaching. Moreover, in secondary vocational cooking teaching, teachers should improve teaching methods and teaching ideas, change the current situation that students' practice space in cooking teaching is small in the past, actively use modern teaching ideas and technology combined with practice teaching, develop students' innovation ability, and promote students' development in the future. In practice teaching, teachers should also improve the teaching content and teaching methods, implement the teaching of work study integration, reduce the constraints of monotonous theoretical teaching knowledge on students, strengthen the cultivation of students' professional ethics and professional skills, so that students can improve their interest in learning, and then improve learning efficiency.

3 Practice strategy of “work study integration” teaching reform in secondary vocational cooking major from the perspective of curriculum ideological and Political Education

1. Adhere to ideological and political education and integrate it into teaching objectives

Teaching objectives have an important impact on teaching design and teaching activities. Teachers' teaching design and teaching activities need to be carried out around teaching objectives. In the current teaching of cuisine, most teachers focus on students' theoretical knowledge level as the main teaching content, and lack of guidance for the improvement of students' Ideological and political ability. Teachers are unable to set the goal of Ideological and political education, and lack of understanding of the importance of the integration of students' practical skills teaching and theoretical teaching. Therefore, in order to ensure the combination of practical teaching and theoretical teaching, and the integration of Ideological and political thought in the curriculum, teachers should pay more attention to the cultivation of students' professional quality and moral quality on the basis of professional skills teaching, help students establish the spirit of craftsman, team cooperation, professional ethics and patriotism, and realize the guidance of cooking students. Secondly, students' cooking skills training needs a long time of experience accumulation. Teachers should not only promote the synchronous improvement of students' professional skills and theoretical knowledge level under the guidance of the concept of work study integration, but also fully integrate the ideological and political elements into the practical teaching, so they need to fully excavate the teaching content in the practical teaching, and closely combine the ideological and Political Education with the teaching content. For example, in the teaching of nutritional value, teachers can introduce the nutritional value of all kinds of food materials, explain the importance of abiding by laws and regulations and adhering to professional ethics in the catering industry to students, and introduce cases of food safety and health to carry out teaching, so as to improve students' ideological and cognitive level.

2. Enrich teaching methods and stimulate students' interest

In the traditional cooking teaching in secondary vocational schools, the teaching methods adopted by teachers in the classroom are relatively single, which leads to the students' reduced interest in learning theoretical knowledge, less active learning, and the overall learning atmosphere is not warm. Therefore, teachers should start from the innovation of teaching methods, make students interested in the classroom through personalized teaching, integrate into the classroom teaching, and strengthen the interaction between teachers and students. In the process of teaching, professional teachers should not only focus on the teaching of cooking knowledge and problem solving, but also focus on the mode of education, grasp the foothold of Ideological and political education, and smoothly insert ideological and political knowledge at the right time. Secondly, teachers should carry out more diversified teaching in teaching, highlighting the role of students in integrated teaching. Teachers can use the cooperative teaching method to divide students into groups in classroom teaching. After demonstrating cooking skills for students, students can practice through group cooperation to ensure that each student can take turns to operate and cooperate, seek help in time when encountering problems in the process of practice, and complete the difficult parts through cooperation and mutual assistance. Students should learn to cooperate with others, be aware of their own shortcomings, actively participate in discussions in the learning process, cooperate and discuss with classmates, stimulate students' learning willingness, improve the activity of classroom teaching, grasp the technical difficulties of cooking teaching, and learn to cooperate with others in a team. At the same time, teamwork among students can also promote the formation of benign competition, promote ideological collision among students, improve students' communication ability, enable students to clarify the gap between their practical skills and theoretical knowledge, and promote their professional ability and literacy.

3. Improve the level of teachers and promote the integration of theory and Practice

In secondary vocational cooking teaching, teachers can guide students' professional skills and ideological and political level by continuously learning new teaching concepts, enriching their own teaching practice experience, and implementing practical teaching. The work study integration teaching reform from the perspective of Ideological and political education needs to further improve the professional level of teachers. Secondary vocational teachers should take “double qualified” teachers as the goal, and pay attention to the improvement of their theoretical teaching and practical guidance level. Specifically, on the one hand, teachers should fully investigate the current catering industry market, strengthen their practical knowledge, improve the level of specialization, carry out research among enterprises with school enterprise cooperation, summarize their own experience, promote the smooth development of students' internship and training, and

strengthen students' professional skills, work attitude and professional ethics, Improve students' employment competitiveness in general. On the other hand, teachers should also improve their own ideological and political theory level, actively learn the knowledge of Ideological and political theory, improve the ability of mining ideological and political elements in textbooks, and cultivate the synchronous development of students' Ideological and moral level and practical ability. Secondly, secondary vocational colleges should also improve the ability of teachers, organize skills training, so that teachers can be competent for the task of integrated teaching. Secondary vocational colleges should carry out in-depth cooperation with enterprises, send teachers to enterprises to carry out practical research, understand the requirements of the catering industry for talents under the new situation, professional ethics and work attitude, etc., and bring the latest information of the industry into the theory and practice integration classroom of secondary vocational cooking major, so as to ensure the improvement of students' practical ability and integrate theoretical knowledge and practical ability, Improve the overall level of practice.

In a word, there is not much experience for the integrated teaching of cooking major in secondary vocational colleges. To achieve the progress of work study integration teaching, we must first break the limitations of traditional teaching and use new teaching ideas. Secondly, we should have the courage to practice, gradually implement the teaching objectives of Ideological and political education and moral education, and cultivate high-quality excellent cooking talents.

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