

On the role of fairy tales in children's psychological development

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Abstract: Fairy tales are of great significance to children's psychological development. Reading fairy tales can enrich children's knowledge and deepen their cognition of things, which is an important tool and means to promote children's psychological development. Therefore, in-depth analysis of the role of fairy tales in children's psychological development can explore the educational function of fairy tales and play an important role in promoting children's psychological development. Based on this, this paper will focus on the role of fairy tales in children's psychological development.

Keywords: fairy tales; child; psychological development

Introduction

As a kind of special literary works, fairy tales can fit in with children's psychological development stage, conform to children's psychological development level, and can also serve as children's values, thinking ability enlightenment. In the process of reading fairy tales, children's psychological development will be affected. Educators need to analyze children's psychological development and inner thoughts, and provide correct guidance.

1. The Connotation of Fairy Tales and the Significance of Psychological Education

1.1 An Analysis of the Connotation of Fairy Tales

Intuitively, the connotation of fairy tales is the story books that children read. Most people will define fairy tales from the perspective of readers and audiences. They believe that fairy tales are literary forms aimed at children, different from other literature, and regard fairy tales as special books for children. In the process of continuous evolution of fairy tales, we can realize that fairy tales are not specifically written for children to read or suitable for children to read. Some literary works are generally more suitable for children to read, so they are classified as fairy tales. If we change the perspective and analyze from the content of fairy tales, then fairy tales are literary works constructed based on fantasy. The content of fairy tales is composed of personification, exaggeration and other rhetorical devices. The author uses imaginative construction methods to describe the plot, characters, scenes, etc. in the story. The feature of fantasy is reflected in all kinds of fairy tales. Whether it is a folk fairy tale or a fairy tale like fantasy novel in literature, it has the feature of fantasy. This fantasy can match with children's imagination and conform to children's psychological development characteristics. However, from the perspective of the fantasy of the content, fairy tales and fairy tales are both fantasy, which is why some scholars believe that myths and fairy tales have the same origin, or even that fairy tales originate from myths. With the development of research, fairy tales gradually pay attention to the role of children's psychology. Fairy tales gradually become children's literature that shapes artistic images through exaggeration and fantasy, promotes the growth of children's thinking and character, expresses vividly and simply, and describes natural things with anthropomorphic techniques, so that children can easily accept. When fairy tales emphasize the role of children's psychology, they also provide new ideas and directions for the study of their role in children's psychological development.

1.2 The significance of psychological education in fairy tales

Fairy tales are rich and varied in form, vivid and exaggerated in content, full of the author's imagination, and build a fantasy world. When viewing fairy tales from the perspective of psychoanalysis, we need to deeply understand the significance of fairy tales in psychological education. First of all, different kinds of fairy tales have different application meanings. Fairy tales can be roughly divided into literary fairy tales and intellectual fairy tales, fairy tales, fairy plays and other types. Among them, literary fairy tales, fairy plays and other types that can be applied to children's psychological education are mainly literary fairy tales and fairy plays, which are storytelling and can tell stories with symbolic meanings. Other types, such as intellectual fairy tales, teach knowledge in the form of fairy tales. It is a tool. Therefore, in the study of the significance of fairy tales for children's psychological development, not all fairy tales will be the research object.

2. The Value and Forms of Fairy Tales on Children's Psychological Development

2.1 The Value of Fairy Tales on Children's Psychological Development

First of all, fairy tales can guide children's cognition of society. Children's cognitive ability of society and environment is limited, and their reading ability is not fully developed. They cannot read more in-depth novels, poems and other literary works, and they cannot obtain preliminary social cognition through their own ability. However, fairy tales are easy to understand. They describe scenes and society with sentences and rhetoric that children can understand. They reflect the real social epitome in fantasy, improve their initial understanding of interpersonal relationships and social composition, enhance their initial understanding of values, form their initial ability to distinguish between true and false, beauty and ugliness, and enhance children's understanding of society. Secondly, through the description of the outlook on life, values, family values, etc., fairy tales can enable children to recognize the existence of life, feel the values expressed in stories, improve their own understanding of various things, and form a preliminary understanding of various values in the fantasy world

constructed by literary stories. Furthermore, children can reduce their own pressure by reading fairy tales, play their own imagination and change their own mood by swimming in the fantasy world from the perspective of animals and heroes, so as to obtain fun and growth.

2.2 The Manifestation Form of the Effect of Fairy Tales on Children's Psychological Development

Fairy tales can enhance children's imagination. Through reading fairy tales, children will be attracted by the colorful fairy tale world, enter the fairy tale fantasy world constructed by the fairy tale author, and explore the fairy tale world from the perspective of following the protagonist. In fairy tales, the protagonist of the story can be a person or a small animal. This anthropomorphic approach can also stimulate students' imagination, making their thinking development more open and free. Children sometimes put themselves into the role of fairy tales, synchronize their emotional experience with the protagonist of the story, and obtain inner satisfaction with the help of imagination to achieve their spiritual enrichment. This satisfaction is based on children's own imagination, which can give play to the advantages of relieving children's psychological pressure, so that children can vent their bad emotions through the exertion of imagination and emotional experience, and obtain psychological satisfaction and growth.

3. On the role of fairy tales in children's psychological development

3.1 Cultivate children's values and guide their positive development

Fairy tales can enrich children's feelings, cultivate children's experience and sentiment, and then gradually form children's values. The value judgment of young children is closely related to the development level of their thinking ability, and is closely related to their moral cognition. After they have accumulated certain values and moral concepts, young children can put values into practice and make correct value judgments. Therefore, the cultivation of children's values requires a long process, in which children can accumulate, and the role of fairy tales is gradually reflected. First of all, the moral education contained in fairy tales is different from ordinary moral education. It can present specific characters and plots, show moral situations, and provide moral examples by using the characters' behaviors, so that children can imitate them, and then form good moral concepts and behavior habits. Many social behaviors of children are learned through imitation. Children will imitate their parents or teachers, and change their own behaviors under the influence of others. At the same time, the objects of imitation are often people they trust. If the characters in fairy tales have good images and are loved by children, children will also imitate their behaviors, thus forming good moral habits. Secondly, the values in fairy tales can also guide the positive development of children's psychology. Although the author portrays vivid images and fantasies in fairy tales, he will convey his own thoughts or principles. Such positive thoughts can affect children's value cognition and make them educated and inspired. For example, stories such as King of the Golden River and Little Ball Adventures contain positive thoughts about helping others. Children can also be inspired by these thoughts, establish good values and gain positive influence. Moreover, the educational role of fairy tales is more obvious than that of other educations. Some classic fairy tales are derived from folk tales and have greater educational significance. For example, Cinderella, Little Red Riding Hood, Wolf and Seven Little Sheeps, and Thumbelina all contain the spirit of praising the hero's integrity and fighting against evil. Through a series of brave struggles, they can change their own destiny with their own strong and brave qualities, Get a good ending. Fairy tale writers integrate the feelings of clear love and hatred, praise of kindness and integrity into the story design of fairy tales, and present them with vivid story plots, so that children can bring their feelings into the plot of the story in reading, get emotional experience, be educated imperceptibly, and promote the positive development of their values.

3.2 Promote the development of children's thinking and interest

Fairy tales have fantasy. Fantasy is the basic feature of fairy tales and the core of fairy tales. This fantasy feature is the key to stimulate children's imagination. Children will be attracted by the world, scenes, characters and plots constructed in fairy tales. They will be interested in exaggerated story construction and personified character images, and then develop their own imagination and thinking ability. The relatively simple expression and vivid description in fairy tales conform to children's cognitive level, so that children can adapt to their development ideas, attract children's attention through their expression methods, and make children's thinking develop synchronously with the development of the story plot. First of all, when children read fairy tales, the most important psychological activity is imagination. To some extent, fairy tales are a reflection of real life, but they are different from real life. For example, the stories and experiences of Snow White, the prince, Sleeping Beauty and other characters are incomprehensible to children. Therefore, when children follow the perspective of the protagonist in reading, they will use their imagination to understand with the feelings of the protagonist, Imagination and simulation of children's thinking from the perspective of different roles will develop their thinking ability to a certain extent and form the embryonic form of multi angle thinking mode. Secondly, children will immerse themselves in the world of fairy tales on the basis of the world constructed by fairy tales, substitute themselves into the background of the world of fairy tales, imagine themselves as heroes, a certain role, imagine their activities in the world of fairy tales, and obtain psychological satisfaction. As the fantasy in the fairy tale is limited by the logic and thinking views of the real world, children's fantasy and imagination are also restricted by the logic of life. Children will subconsciously compare the images and things in the fairy tale with the real prototype. As children grow older, their abstract ability and cognitive ability of things will also improve. During this period, children's thinking level will gradually develop from abstract thinking to concrete thinking, By virtue of specific images, children's thinking ability can be further trained. Therefore, children's cognition of things is to have greater curiosity and interest in the things around them and desire to know more things through the exercise of thinking and language. However, educators can simulate social activities through games to help children's interests and thirst for knowledge to be satisfied. Therefore, children's imagination based on fairy tales also has the characteristics of play in a certain sense. Children play in their hearts, and children can realize their own exploration in imaginary situations.

3.3 Help children form cognition and guide them to understand society

Fairy tales are in line with the law of children's psychological development and can lay a good foundation for the development of children's wisdom and knowledge. The reading of fairy tales can develop children's cognitive ability. Because children are emotional and imaginative in the process of cognition, children will more easily remember and recognize the things they are interested in and like. At the same time, this kind of cognition is spontaneous, undisturbed and guided, and children's natural cognition. The content of fairy tales is rich, vivid and interesting. Children will actively read fairy tales. In the process of reading fairy tales, children's cognitive ability can also be improved. First of all, fairy tales can enrich children's knowledge. The stories in fairy tales are based on the real world, and they also contain natural science, social common sense and other knowledge in the fairy world. Children can understand the characteristics, laws and knowledge of things in fairy tales in the process of reading, and obtain preliminary cognition of natural laws and scientific knowledge; through the understanding of the relationship between the characters in the fairy tales, children can also understand some social knowledge and codes of conduct, and gradually recognize the relevant social knowledge. In addition to specially designed intellectual fairy tales, ordinary fairy tales can also provide children with both scientific and artistic story content, which can be imperceptibly accepted by children on the way of reading. For example, in *Big Tiger without Teeth*, children can realize the importance of teeth, consciously protect the health of teeth, and make them realize some common sense content. Secondly, fairy tales can promote the development of children's perception and memory, as well as cognitive ability. The knowledge in fairy tales does not simply tell children the names and characteristics of things, but guides children's thinking and observation through stories, and develops their intelligence and thinking mode. In fairy tales, various characters and images are different, from astronomy and geography to the nature of flowers and birds, and from living to lifeless images. Children can feel the emotion of the role and knowledge about the role from the images created by the author. Under the guidance of the content of the fairy tale, children will consciously understand relevant knowledge, for example, the story mentions the law of the four seasons of nature, children will also observe the differences brought about by seasonal changes in their lives, such as the falling leaves and ripening fruits from summer to autumn. Children can match the description in the story with the real life, thus improving their natural science knowledge to a certain extent. Moreover, children's understanding of society can also be improved by reading fairy tales. Fairy tales can reflect social phenomena and situations that will occur in society to a certain extent. Society can be reflected in the construction of fairy tales, which can be countries, worlds, villages, etc. in the fairy tale world. Children will experience events in the process of entering the hero's perspective, and then get feedback related to the story plot, so that children can learn about social common sense. Social knowledge forms a preliminary cognition, which can also be applied and tried in daily life, so that children can grow up to a certain extent.

3.4 Promote reading interest and improve children's expression ability

Fairy tales can stimulate children's interests by virtue of their story plots, character design and world outlook construction. In the process of reading fairy tales, children's attention will be attracted by various things, characters, plots and scenes in fairy tales, and their interest in various things will be enhanced. This interest will be brought to reality and reflected in children's daily life. Fairy tales can promote the development of children's language expression ability. Children will not only be interested in parents and teachers telling fairy tales, but also tell their favorite fairy tales with their peers and parents. In the process of telling fairy tales, children will organize their own language to retell the story, describe characters and scenes. This retelling will promote their communication ability and expression ability. At the same time, children's interest in fairy tale reading will also be stimulated, which shows that they hope to read all kinds of books and more fairy tales. The improvement of children's reading ability can also stimulate their expression ability. For example, the application of language and vocabulary can be enriched, their understanding of fairy tale events can be deepened, their confidence in language expression ability can be improved, and then their learning ability, confidence can be improved, and their intelligence can be developed, It is beneficial to the growth of children.

Conclusion: The application of fairy tales in children's psychological development education is of great significance to children's psychological development and growth. Through reading fairy tales, children's values, emotional experience, imagination and expression ability can be developed, which has a positive impact on children's psychological development; The content of fairy tales can stimulate the development of children's thinking and interest, improve their cognitive ability to things, form a preliminary understanding of society, and make children's thinking clearer, which is conducive to their ability development. The research on children's psychological development also needs to explore and think, and then use more efficient strategies to guide the positive development of children's psychological level and ensure their healthy growth.

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