

Innovative research on University funded education under the concept of “helping people and helping themselves”

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Abstract: with the comprehensive opening up of modern higher education, the importance of University funded education has been increasing, which has become a key factor affecting the future development of students from poor families. At the present stage, colleges and universities lack innovation and change in the work of subsidizing and educating people, which makes the subsidized objects present adverse phenomena and causes certain negative effects. This paper is to carry out research under this background, through the analysis of the problems faced by the current university funding and education work, put forward the application value of the concept of “helping people and self-help” in the university funding and education work, and then summarize the application path of the concept of “helping people and self-help” in the university funding and education work.

Key words: “help others and help yourself”; Subsidizing education; innovate

“Helping others and self-help” is the concept of subsidizing education based on psychology. Its original meaning is to improve the Counselor’s independent consciousness and survival ability with the help and guidance of a psychologist, reduce their dependence on the external environment, and then solve the same or similar problems through their own strength and ability. Since 2000, the concept of “helping people and helping themselves” has become the main guiding theory in social work, which is of great significance for solving personal problems and alleviating social problems, so it also has good application effect in the work of subsidizing and educating people in Colleges and universities.

1. The problems faced by the work of subsidizing education in Colleges and universities at the present stage

1.1 Lack of innovation in work form and content

China’s society is in a period of rapid development, and with the development of higher education, the state has also put forward more requirements for university funding and education. It is necessary to strengthen the security funding and explore the development funding. However, at this stage, colleges and universities have not implemented innovation in the form and content of funding education, which is mainly reflected in three levels. First, there is a lack of innovation in the object selection criteria of University funded education. Selecting the appropriate funding object is the first step in the work of University funded education. However, with the enrollment expansion of colleges and universities, the types of students are increasingly complex, and the family background and economic situation are also different. However, most colleges and universities have not innovated and optimized the identification of poor students from the aspects of process, procedure, mechanism and standard, which makes some poor students unable to be accurately selected.

Second, funding for education is not professional enough, and it is also necessary to establish a professional management mechanism and process specification in some implementation activities. At present, there are many types of subsidizing education in Colleges and universities and the cycle is short, which makes a lot of materials generated in the application, review, selection, distribution and other links of poor students, scholarships, grants and so on. The staff put a lot of energy into the collation and statistics of documents and materials, but did not think and innovate on the improvement and optimization of subsidizing education.

Third, the service content of subsidizing education is lack of change. In addition to financial support, colleges and universities also provide students with work study jobs. However, in terms of self-help work services, colleges and universities mostly consider what students need to do from the perspective of the school itself, but do not consider the benefits of students’ participation in the work from the perspective of students, such as whether it is combined with professional direction, whether it can obtain employment experience Whether more knowledge and skill accumulation can be obtained.

1.2 Financial aid recipients have psychological barriers

In the past, some students gave up their studies because of the financial difficulties of their families. After 2007, the state issued the national scholarship and grant policy, and established the student loan system to help a large number of poor students successfully complete their studies. However, in the process of subsidizing education in Colleges and universities, it also has a certain impact on students’ psychology. First, most students from poor families lack self-confidence and are prone to self denial. On the one hand, these students are prone to yearn for wealth and money, and then form incorrect values. On the other hand, these students are more vulnerable to the influence of students with good surrounding economic conditions, such as affecting their initiative in communication, sense of collective participation, etc., and are easy to think that they are inferior.

Secondly, the interaction between students whose families are in financial difficulties and the external environment will also cause problems. Some poor students are unwilling to have more contacts, communication and exchanges with others because of their inferiority complex or unwilling to incur extra expenses, and even have a sense of self isolation, refuse to integrate into the collective life and like to be alone.

In addition, among the students who have received financial aid for a long time, they are also prone to have the psychology of dependence and inertia. In the “get for nothing” environment, students will have problems such as insufficient sense of social responsibility and weak sense of gratitude and integrity. Material assistance can indeed help students complete their studies, but it also needs to solve the negative psychological impact on students. Therefore, “helping others and self-help” has become a guiding concept that must be mastered in the reform of university funding and education.

2. The application value of the concept of “helping people and helping themselves” in the work of University funded education

2.1 Developing subsidy packages to improve students' self-help awareness

The concept of “helping others and helping themselves” refers to helping poor students improve their ability and quality, and then letting students rely on their ability to complete the rescue goal. Therefore, in the construction of university funding education system, this concept can effectively solve the academic problems of poor students, and the key is to improve students' own strength level, further solve the future poverty problems faced by students, so as to achieve the fundamental goal of poverty alleviation. At the same time, the implementation of the system can guide more people to participate in it and realize the scientificity and effectiveness of the concept of “helping others and helping themselves”. The government can establish a perfect “subsidy package” to provide students with independent choices, so that students can get returns through certain efforts and efforts, rather than simply reducing tuition fees or living subsidies. Through such a package mode, poor students' dependence psychology can be reduced, and they can truly realize the sense of achievement brought by their own efforts to strive for harvest, so as to realize the construction goal of students' self-help consciousness. In addition, colleges and universities can also provide students with more work study posts, or encourage students to carry out innovation and entrepreneurship activities, so that they can integrate into society earlier and find more development opportunities during their school years.

2.2 Implement psychological counseling and improve students' psychological quality

Adopting the concept of “helping others and helping themselves” in the work of University funded education can play a certain role in psychological counseling for students. First of all, from the perspective of psychological cognition, students can correctly view the reality of poverty in their families, and then guide students to establish their confidence in coping with and solving poverty problems, and yearn for a better life in the future. Secondly, some students from poor families have misunderstandings about the concept of poverty, so they will have a certain sense of inferiority and self isolation. The concept of “helping others and helping themselves” can make students correctly view the relationship between the rich and the poor, and then effectively dredge their psychological barriers. It plays a good role in helping students integrate into the collective and society faster, and even can improve students' emotional control ability and interpersonal relationship building ability.

2.3 Building self-help platform to promote students' self-help growth

The concept of “helping others and self-help” provides an important platform for colleges and universities to implement the work of student aid education. From a macro perspective, “helping others and helping themselves” can not only improve the current economic situation of students, ensure that they can complete their studies, but also strengthen their life experience and social vision, establish healthy and correct psychological quality, and then be able to calmly go out of campus and launch an impact on their life ideals, thus showing their own strength. From a micro perspective, “helping others and self-help” provides poor students with both physical and security needs, as well as higher-level spiritual needs, such as self satisfaction and self realization. This guidance can realize the transformation from “helping others” to “self-help”, so that students can save themselves and their families in self realization.

3. The application path of the concept of “helping people and self-help” in the funded education in Colleges and Universities

3.1 Upgrade the funding concept and build a self-help funding education model

In recent years, colleges and universities continue to expand enrollment. While the number of students increases, the number of students from poor families also increases at the same time. The number of applicants for scholarships and grants far exceeds the number of places. In this environment, loans have become an important channel to solve students' academic problems and living expenses. Therefore, under the concept of “helping others and self-help”, colleges and universities can establish a “package mode”, that is, students with family difficulties can choose a “package” according to their needs and abilities. When students think they can repay debts in the future, they can obtain subsidies through “package mode” loans, which can solve the current economic difficulties, Help students formally complete their studies. At the same time, loans can also bring students a certain amount of learning pressure, urge students to study seriously, and really solve their problems through their own hands. Based on this, it is necessary for the government or relevant units to provide policy services, provide students with low interest or interest free loans, and then build a self-help funded education model.

3.2 Change the management concept and promote the development oriented funding education system

People oriented is the basic principle of education and teaching in Colleges and universities, and also the basic principle of subsidizing education. Colleges and universities must insist on regarding students as the main body, respect and understand students' personality characteristics in the funding work, ensure that the funding subject and object form an adaptive relationship, grow up in mutual acceptance, respect and incentive, and form a positive funding culture. Under the concept of “helping others and helping themselves”, students from poor families must establish the thinking of managers, and consider the funding conditions and resources provided by schools from the

perspective of managers. For example, in the practice of work study posts, poor students can obtain benefits through their own efforts and labor, so as to solve or subsidize their own life problems. However, in this process, colleges and universities can not only provide students with labor sites and positions, but also provide them with a new platform for job training, skill practice and quality improvement according to their development needs, so as to help students transform from the perspective of being managed to the identity of a manager, continuously improve their comprehensive quality, and do not lay a solid foundation for subsequent development, employment and entrepreneurship. In addition, colleges and universities should not only pay attention to the economic problems of students, but also pay attention to their psychological problems in the process of funding work. They can even establish special psychological counseling services to reduce the psychological burden of students, so that poor students can establish a correct and friendly relationship with teachers and classmates, learn to be grateful and dedicated, and achieve the goal of building a development oriented funding and education system.

3.3 Innovating service concept and building a harmonious funding and education system

In the process of sustainable development, colleges and universities should not only meet the needs of society, but also comprehensively improve the level of hardware facilities and the effect of software services, so as to improve the attractiveness of students. General colleges and universities are short of funds, and there are some defects in the level of hardware facilities, but its software service level can be effectively improved, so as to win the favor of students. Colleges and universities can give full play to the guiding role of the concept of “helping people and helping themselves” to create a better environment for the development and growth of poor students. At this stage, the work of student financial assistance is mainly in the charge of counselors and head teachers. Students can accept the services provided by teachers in all aspects, and then accept all-round financial assistance. However, due to the students’ failure to participate in it, the phenomenon of “get for nothing” will make students have a dependence psychology, which will have a profound impact on their growth. Therefore, colleges and universities need to give full play to students’ behavior ability and knowledge literacy, so as to transform students from service object to service subject. For example, in the system of subsidizing education, we can establish a backbone team of students. Through systematic training and guidance, we can let poor students personally participate in the activities of serving other poor students, which can lead poor students to help each other, and it is easier to gain mutual trust through reaching out to others, so as to improve the efficiency of work. On the other hand, by establishing a student team, it can also improve the speed, accuracy and timeliness of information transmission within students. It can not only let students get a close understanding of the actual situation of other poor students, but also let the poor students with positive attitude drive other poor students to establish correct ideas, so as to create a harmonious funding and education system, So that poor students can complete their gratitude and return while receiving subsidies.

4. Conclusion

To sum up, at this stage, colleges and universities are facing many problems in funding education. Not only the work efficiency and quality are declining, but also it is easy to have a negative impact on students. Therefore, colleges and universities need to fully introduce the concept of “helping others and self-help”, and then create a self-help, development and harmonious funding education mode by upgrading the funding concept, changing the management concept, and innovating the service concept, so as to effectively improve the independence and autonomy of poor students, and inspire them to rely on their own will, decision-making Ability and quality to solve their own problems and be the master of their own destiny.

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