

The Enlightenment of life education theory on normal education in Colleges and Universities

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Abstract: Mr. Tao Xingzhi's life education theory is the earliest modern education theory with distinctive characteristics of the times in the history of Chinese modern education thought. The core of his educational thought is the theory of life education. The main points are "teaching, doing and integration", "life is education", "society is school". In recent years, normal education has increasingly become the focus of students' choice. However, normal education in Colleges and universities has not reached perfection, and there are still many problems. The theory of life education profoundly reflects the internal law of education, reveals Mr. Tao Xingzhi's educational philosophy, and has important enlightenment significance for the improvement of normal education.

Key words: Tao Xingzhi; Life education; Normal education

According to Dewey's educational thoughts of "learning by doing", "education is life" and "school is society", Tao Xingzhi, an American educator, combined with the actual situation of Chinese education, put forward the life education theory suitable for the actual situation of Chinese education. It plays a significant role in improving the quality of normal education in Colleges and universities.

1. The basic content of Tao Xingzhi's life education theory

When Mr. Tao Xingzhi gave a speech on "living education" in 1921, he put forward the concept of "life education" clearly for the first time. This is the earliest material of Tao Xingzhi's theory of "life education". Later, Tao Xingzhi innovated on Dewey's education theory and put forward more profound views on teaching, learning and doing, school and society, and life and education. Finally, he gave a more clear definition of "life education". From the definition, we can understand that life education emphasizes the intertwined relationship between life and education, We can get education through life, and on the other hand, education can guide our life.

1.1 Integration of teaching, learning and doing

"Integration of teaching, doing and learning" means that the teaching and learning activities of teachers and students should be unified in "doing", and "teaching, doing" should be regarded as a whole, "doing" is the core of this whole. In this regard, it is mainly aimed at the education situation that some colleges and universities in China only pay attention to theoretical knowledge and ignore practical education. After returning to China, Mr. Tao Xingzhi saw that in China's education, students only receive education, so he put forward the educational thought. In addition, Tao Xingzhi's "three generations" also very popularly expounds the theory that knowledge comes from practice: "action is Lao Tzu, knowledge is the son, and creation is the grandson." Emphasis is placed on obtaining true knowledge through "action". Therefore, our teaching should be unified in "doing" and put theory and learning into practice. In addition, he also stressed that this "do" means "work hard on labor", and did not approve of the disconnection between labor and labor.

1.2 Life is education

"Life is education" is the main body of life education theory and an interpretation of the essence of education. It emphasizes that education should be combined with life, which includes three meanings. First, life determines education, and second, education can transform life, that is, education should serve life, and constantly improve and improve life through educational practice. Finally, life and education are always together. Life cannot be separated from education. Education is included in life, which leads to the concept of lifelong education.

1.2 Society is school

It mainly contains three important meanings. First, education cannot be limited to schools. As a whole, education is included in the whole society and human activities. Therefore, it is necessary to break the "high wall" between schools and society and expand the scope of education. Second, the object of education should not be limited to young masters, young ladies and other classes. According to Mr. Tao Xingzhi, men, women, young and old, rich and poor, and regardless of class, all have the right to enjoy education, so the scope of education objects needs to be expanded. Third, it is necessary to understand the social needs and build a school that conforms to the actual social situation, responds to social needs and meets people's needs. Therefore, it is necessary to use social resources to run a school. The Xiaozhuang Normal School founded by Mr. Tao Xingzhi fully embodies the three points he advocates. Thousands of the world is his classroom, and men, women, old and young are his teachers or students, doing activities with the surrounding villages. Because of this, Xiaozhuang Normal School has been welcomed by farmers and has really become a part of farmers and society.

2. Problems in normal education in Colleges and Universities

2.1 Emphasizing theory over practice

College teaching needs to pay attention to the importance of practice. However, the normal education in most colleges and universities still focuses on the education of theoretical courses. For the explanation of the classroom content, most teachers use the form of teaching

method. What's more, they just repeat the contents of the book or the content on the whiteboard, and the examples are not considered from the students' major, which makes the whole class more boring and boring. Therefore, the students are not willing to listen carefully, and they also lack the interest in deep learning of this kind of knowledge. In addition, there is also the problem that the skills training for normal students such as Putonghua and SANBI is too formal. The school only opened a period of learning at a certain stage without systematic and long-term training. As a result, students' educational skills are only half understood, formalized, unable to cultivate a solid foundation, and normal students lack skilled educational skills. This is likely to have an impact on your work in the future. Therefore, our current normal education has not properly arranged teaching, learning and practice.

2.2 Lack of consideration of normal students' life

Education is to serve life. From the perspective of normal education, normal education should serve the life of normal students. However, many colleges and universities have some problems in curriculum design, such as the lack of consideration of students' interests in professional courses, and the lack of curriculum content design from the perspective of students' major. In terms of curriculum setting, colleges and universities mainly teach normal students' professional knowledge, theories and methods, but lack of in-depth consideration of students' interest in professional courses or do not start from the specialty itself, leading to the failure of professional education to produce a real educational effect. In addition, most of the professional courses are taught according to the teaching materials, and there is no innovation according to the psychological needs of students. Students can not listen to the lessons and can not use these professional knowledge, so it is difficult to integrate professional knowledge into the later education career, that is, they can not improve and transform their lives through the education they receive.

2.3 The practice effect is not high

Not only the school, but also the whole society is the place for students to receive education. For normal students, it is not limited to school education, one of which is to enter the internship school for field experience. However, there are obvious deficiencies in the internship arrangement in some colleges and universities, such as short internship time, too centralized arrangement and so on, which is not conducive to students' initial mastery of basic teaching skills. Secondly, class attendance and evaluation are important links for normal students. However, during class attendance and evaluation, the following situations also occur. Although the students have recorded, they still don't understand why the teacher uses this kind of class method and what is the role of this teaching method. There is no in-depth analysis of the teacher's whole class process and steps, Students only act as "recorder" in the process of attending classes.

3. Enlightenment to normal education in Colleges and Universities

3.1 Improving teaching methods

According to Mr. Tao Xingzhi's emphasis on practice, normal colleges and universities should pay attention to the practical application ability of professional courses, and professional assessment and evaluation should highlight the practical application ability of the major. In addition, more attention should be paid to the "teaching" methods, especially the personality development and individual differences of normal students, and the future development of normal students should be given priority. At the same time, the teaching method can also be different from the general teaching method and question and answer method, and can be improved in the direction of more individualized teaching form. Finally, in terms of the learning of teaching skills, the teaching duration can be increased, and the degree of difficulty can be gradually increased according to the learning time, so as to ensure that normal students can master the basic essentials even if they can't concentrate on learning.

3.2 Combination of professional and living needs

Professional courses in Colleges and universities can stimulate students' interest in teaching according to students' interests, so that the classroom atmosphere will not become boring. Students are also willing to share their interests and inner opinions, and can communicate with teachers. Only when we are interested in knowledge and really accept knowledge can we produce real "learning". Only by learning knowledge can we use and improve it in practice and improve our life. In addition, today's professional courses are serving our professional life in the future. Personally, I believe that teachers should not be guided by the contents of textbooks, but should add examples in real life to explain the contents of textbooks. In this process, some questions can be asked to students. For students, This is easier to accept than the content and analysis of difficult knowledge points in the question book, and it is also easier to stimulate students' thinking ability, deepen students' understanding of knowledge points, and help students encounter such problems in future work.

3.3 Strengthen the connection with society

Colleges and universities should let students understand the real purpose of learning and apply what they have learned, and combine it with social practice, which can not only produce efficiency, but also greatly promote students' learning enthusiasm. Some colleges and universities should appropriately increase the internship time of normal students, so that students have most of the time to enter the internship school for on-site training. Let normal students have a place to play what they have learned in the classroom, and at the same time, field study can let normal students have a personal understanding of the relevant requirements and responsibilities of the occupation. In the process of internship, normal students should not only deal with the internship tasks arranged by the school, but also really learn something. In addition, social teaching is more than that. For the future of normal students, most of the time is to contact with children. In addition to school, we should learn how to make friends with children in our daily life.

To sum up, Tao Xingzhi's life education theory discusses education and teaching from three aspects: teaching methods, society and life, and makes an in-depth analysis of the current situation of education in China in this process. It can be said that his educational thought has

a certain height in the educational circle. In addition, his thought also has a certain degree of foresight and persistence. From the time he put forward it to the present, we are still studying, learning and applying his thought, which shows that Mr. Tao Xingzhi's research on Education and teaching is thorough and thorough.

The practice of social life is the only way for human beings to understand and transform the world, and teachers are the leaders of this way. The core of life education theory is to let students learn knowledge and skills in real life, and its educational goal is to cultivate students to learn how to "live". As a great people's educator and an outstanding democratic fighter in China, Mr. Tao Xingzhi's educational thought has a strong reference significance for Contemporary Normal Education in China. Therefore, it is believed that if colleges and universities can further improve normal education under the premise of deeply excavating Tao Xingzhi's life education theory, normal education will have better development, and the ability of normal students cultivated in this way will be further improved, with a solid theoretical foundation and rich practical experience, which will pave the way for a better career in the future.

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