

The value, challenge and promotion Strategy of Ideological and political Integration Construction of Physical Education Course in Lianyungang School

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Abstract: With the promotion of education reform in full swing, although the reform of physical education has achieved certain results, there are still some deficiencies that need to be improved. And “curriculum thinking and politics” as a new curriculum view, not only effectively improve the shortcomings of physical education curriculum, improve the teaching quality of physical education curriculum, but also carry out the basic task of virtue and people, and then cultivate the era of new talents needed by society. In this regard, this paper first expounds the value of the ideological and political integration construction of the physical education course in Lianyungang school, then analyzes the challenges faced in the integration construction, and finally puts forward the promotion strategy of the ideological and political integration construction of the physical education course in Lianyungang school.

Key words: Physical education curriculum ideological and political; Integration construction; Value; Challenge; Advancing strategy

Under the current educational situation, the school of Lianyungang carries out the ideological and political integration construction of physical education course, which is not only an important content of the education model and physical education teaching reform of Lianyungang, but also an effective measure to implement the fundamental task of cultivating morality and improving the education effect of Lianyungang. However, Lianyungang school physical education curriculum ideological and political integration construction research is not deep enough, failed to curriculum ideological and political education and different stages of physical education teaching effective connection, resulting in a major reduction in the effect of education. Therefore, Lianyungang should carry out in-depth research on the ideological and political integration construction of physical education curriculum, and take effective countermeasures to promote the effective connection between curriculum ideological and political integration and physical education at various stages, and then promote students to achieve all-round development of morality, intelligence and physique.

1. The value of ideological and political integration construction of physical education curriculum in Lianyungang School

(1) It is conducive to the implementation of the fundamental task of moral and human education

Lianyungang School as the main position of talent training, the first question to think about is who to train, how to train people, for whom to train people, etc. The physical education curriculum ideological and political integration construction is an effective measure to solve the above problems. Through the construction of sports curriculum ideological and political integration education model is the main starting point to implement moral education, not only can put education in the first place in physical education teaching, but also curriculum ideology and politics can run through the whole process of physical education curriculum teaching, closely around the fundamental task of “moral education”, and promote the organic combination of “moral” and “education”. Moreover, in the construction of the ideological and political integration of the physical education course, it can promote the ideological and political education of the course and the physical education course to achieve the same direction, and take “moral education” as the starting point, effectively innovate the education model of Lianyungang school, ensure that the moral education can be implemented imperceptibly, and then cultivate the high-quality talents needed by the industry.

(2) It is conducive to enhancing the combination of physical education curriculum and ideological and political education

Under the influence of traditional education concepts, some PE teachers mistakenly believe that curriculum ideological and political teachers are responsible for the task, and they only need to teach PE courses well. Under the influence of this wrong concept, it is not only impossible to integrate curriculum ideology and politics with PE teaching, but also not conducive to exerting the educational effectiveness of PE curriculum, and thus difficult to improve students' comprehensive quality. In this case, Lianyungang School promotes the ideological and political integration construction of physical education curriculum, which can not only reform the educational concept of physical education teachers, but also an important means to break the obstacles such as the uneven pace, the joint connection and the inability to cooperate in each study section. At the same time, it will generate a strong educational force, effectively improve the effect of the ideological and political integration construction of physical education curriculum, and promote the sustainable development of students.

(3) It is conducive to the integration of sports ideological and political education teaching resources

By constructing the ideological and political integration of physical education curriculum, Lianyungang School can ensure the reasonable integration of physical education ideological and political education resources, avoid adverse effects of bad thoughts on students, and effectively improve their sense of identity of physical education, ideological and political education courses. In addition, due to the relatively strong systematic teaching of physical education, it is difficult to achieve the ideal effect by simply relying on theoretical teaching. Relying on curriculum ideology and politics to build an integrated model, on the basis of the implementation of moral education, expand the coverage of physical education, improve the effect of curriculum ideology and politics on students' ideological dynamics, and maximize the negative impact of adverse trends of thought. Secondly, through the construction of the integrated model, Lianyungang School can effectively implement the curriculum ideology and politics into the physical education, so as to subtly influence the students' thoughts and

behaviors and lead them to establish correct values, so as to effectively improve the education effect of Lianyungang School.

2. Challenges faced by the ideological and political integration construction of physical education curriculum in Lianyungang School

In the face of the brand new educational concept of curriculum ideological and political integration, Lianyungang school still faces some challenges in the construction of sports + curriculum ideological and political integration, as follows:

(1) There are challenges in the absence of top-level ideas and grassroots foundations

At present, the ideological and political integration construction of physical education curriculum in Lianyungang school is fragmented and segmented, which not only fails to form a top-down logical system of the ideological and political integration construction of physical education curriculum, but also fails to obtain sufficient standards for the theoretical basis of the integration of physical education curriculum.

(2) The challenge of lack of cooperative education mechanism

In the integrated construction of ideological and political education in physical education curriculum, the lack of collaborative education mechanism leads to the failure of physical education teaching to realize effective docking with curriculum ideological and political education, and also leads to the failure of teachers to build a cooperative teaching mechanism, which affects the construction effect of curriculum ideological and political education. And because some teachers' ideological and political ability is not very ideal, the ideological and political ability of the curriculum cannot penetrate into the ideological and political curriculum effectively.

(3) Lack of corresponding support system challenges

Lianyungang sports curriculum ideological and political integration construction in the organization, resources, platforms and other aspects, there are divisions, resources scattered, mechanism failure and other difficulties. For example, in terms of resources, there is a lack of systematic and networked database for teachers to carry out the ideological and political integration construction of physical education curriculum. Or, in terms of platform, in the process of transforming the ideological and political integration construction of physical education curriculum in Lianyungang school into an interdisciplinary model, practical classes have not been built according to their specific needs, and it is difficult to escort the integrated practical teaching.

3. The promotion strategy of ideological and political integration construction of school physical education course in Lianyungang

(1) Do a good job of top-level design and build an integrated concept

At present, Lianyungang school physical education curriculum ideological and political integration construction specific periodicity, multi-subject, far-reaching and other characteristics, therefore, the school needs to do a good top-level design, build the integration concept, as follows: First, from a top-down perspective, Lianyungang School should give full play to the leading role of the teaching Steering committee and reasonably formulate medium and long-term planning goals for the ideological and political integration construction of physical education curriculum, which can encourage teachers to carry out in-depth research on the connotation and significance of the ideological and political integration construction of physical education curriculum, and provide a strong guarantee for the implementation of the integration construction at the theoretical level. Secondly, Lianyungang School should comprehensively use various technical means to carry out publicity and education on the theme of ideological and political integration construction of physical education curriculum, effectively improve teachers' attention to the ideological and political integration construction of physical education curriculum, accumulate integrated experience and wisdom, and build a practical and effective teaching model of ideological and political integration of physical education curriculum from multiple perspectives. Therefore, schools in Lianyungang should do a good top-level design and create a good atmosphere for the construction of ideological and political integration of physical education curriculum.

(2) Reform education and teaching methods to enhance the effect of integrated construction

In order to ensure the orderly development of the integration of ideological and political teaching in physical education, Lianyungang School should take the initiative to innovate the existing education and teaching methods according to students' learning characteristics and physical education foundation, and strive to maximize the effect of ideological and political construction in physical education curriculum. For example, the use of cooperative teaching method, mainly because the physical education classroom can be said to be the epitome of students' interpersonal relationship and social adaptation ability, but also an important field to cultivate and enhance their social adaptation ability, so teachers should take the initiative to carry out cooperative education. At the same time, when applying cooperative teaching method, teachers need to choose corresponding cooperative teaching method according to the learning characteristics of students, as follows: For lower grade students, teachers can use the cooperative teaching methods of group games and group competitions to fully stimulate students' lively nature and create a relaxed teaching atmosphere, so as to effectively enhance students' collective sense of honor. For middle grade students, teachers can set corresponding group learning goals according to the content of physical education. Under the guidance of the goals, students can complete their learning tasks in the form of mutual help, which can also significantly enhance students' interpersonal skills and lead them to develop a positive attitude toward life. For senior students, teachers can ask students to complete joint innovation and entrepreneurship projects or more difficult learning tasks in the form of group division of labor, which can not only effectively enhance students' sense of responsibility and innovation, but also further improve their sense of public participation and ability.

(3) Build an integrated education platform and reasonably integrate educational resources

First, build an integrated education platform. Through the construction of the integrated education platform can break the restrictions of various sports stages in Lianyungang schools, and also rely on the platform to learn from advanced education methods, and use these

advanced teaching experience to carry out the ideological and political integration construction of physical education curriculum. Of course, this kind of construction is not a simple copy of experience, according to the actual situation of the school, clear advantages and disadvantages, timely make up for their own shortcomings, and fully demonstrate the educational characteristics of Lianyungang school. In addition, in the process of building an integrated education platform, Lianyungang School should give full play to its role of coordination and organization, and at the same time, do a good job in the connection of physical education textbooks at various stages, so as to promote the gradual development of curriculum ideology and politics in physical education courses and avoid duplication. Secondly, in order to make the PE curriculum ideological and political education resources reasonably integrated, Lianyungang school should take an innovative attitude, strengthen the organization and grinding of integrated typical teaching cases, and explore teaching models that can be used for reference, so as to promote the co-construction and sharing of educational resources. The educational resources here are not only limited to the physical education resources of Lianyungang school, but also include ideological and political resources as well as social sports and social ideological and political resources. Through the establishment of educational resource database and resource platform, the co-construction and sharing of ideological and political education resources in physical education curriculum can be realized.

(4) Improve the teaching evaluation system and improve the pertinence of integration

At present, in the physical education curriculum ideological and political integration construction, the construction of a perfect physical education curriculum evaluation system is the top priority, in this regard, teachers should take the initiative to improve the teaching evaluation system, effectively improve the physical education curriculum ideological and political integration of the construction of pertinence, teaching evaluation is mainly around the knowledge, performance, ability, health indicators, Comprehensively evaluate the students' mastery of sports knowledge, the improvement of sports ability, the formation of healthy sports behavior and moral character in the whole course of study. Taking sports ability evaluation as an example, its deep meaning is to reflect teachers' educational concepts and teaching level by evaluating students' sports ability. Among them, the sports ability evaluation is composed of general sports ability and special sports ability evaluation. At the same time, it is necessary to set up corresponding evaluation indicators according to the sports ability level to promote the effective connection between physical education curriculum and curriculum ideology and politics, so as to accurately evaluate the effect of the ideological and political integration construction of physical education curriculum in Lianyungang School.

(5) Improve the construction of teaching staff and promote the integration construction in an orderly manner

First of all, enhance the professional quality and ideological and political cultivation of teachers. The construction of ideological and political integration in physical education curriculum requires teachers not to pull a hard set in the teaching process, but to achieve the effective integration between courses and courses, to inspire and motivate students in a simple way, and to ensure that the integration of ideological and political integration in physical education curriculum achieves the goal of "internalizing in the mind and externalizing in practice". To this end, teachers should set up the idea of lifelong learning, take the initiative to learn and explore the frontier sports knowledge, curriculum ideological and political knowledge, in order to break the restrictions of traditional teaching mode. Of course, when making use of these educational resources, they should not rush for success, but should mull over it slowly, and strive to make a hundred flowers bloom. Secondly, set up excellent teaching staff. In the process of ideological and political integration construction of physical education curriculum, excellent teachers are crucial. The ideological and political construction of physical education curriculum is not scattered, and can not fight alone, but every teacher should cooperate and twist into a rope. In this regard, Lianyungang School can break the closed state according to the advantages of teachers, integrate and expand diverse teachers, and reasonably build a high-quality teacher team.

In summary:

All in all, Lianyungang School promotes the ideological and political integration of physical education curriculum, which is not only the needs of contemporary education, but also the needs of the development of the country and the nation. Therefore, the teachers and students of Lianyungang school should make concerted efforts in the process of ideological and political integration construction of physical education course, and actively take effective measures to promote the construction of ideological and political integration of physical education course and promote the education effect of physical education course of Lianyungang School. This is not only conducive to the realization of the fundamental task of moral education, but also can reasonably integrate the physical education curriculum ideological and political education resources, but also can mobilize the enthusiasm of students to participate in, and then cultivate the society needs of high quality talents.

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